Skills for Life - Learn Differently

Trauma Informed Youth Work in the Outdoors

What do we do?

Our Learn Differently programme is dedicated to providing young people aged 5 upwards with an alternative education provision. We support children and young people on a **Journey of Change** through a range of bespoke adaptable programmes that are designed to meet identified needs. We use our outdoor environment, 60 acres of heathland, woodland and flooded quarries to enable them to identify their own social, emotional and physical barriers and to choose their own challenges which will support them to overcome these.

Our activities, facilitated by our highly skilled instructors, provide challenges and experiences that are key in building self-esteem, critical thinking and improving social and personal skills. Learning differently helps young people to develop their capacity to change and we have evidence that our approach demonstrates improved personal, social and educative outcomes. Our goal is to provide young people with support in developing resilience and effective coping strategies for dealing with the stress of life.

Our approach...

With many years of experience working with young people in crisis, we use a trauma informed approach to:

*__Boost confidence__ levels

*Explore the __difficulties__ the young person may be experiencing in school

*Improve peer __relationships__

*Navigate through periods of __difficult transitions__

*Support individuals to develop effective __coping strategies__

We provide a safe space to stabilise, challenge and build skills that impact on outcomes.

BF Adventure, Goodygrane Activity Centre, Halvasso, Longdowns, Penryn, TR10 9BX

Our activities...

We provide a host of activities both on-site and at locations all over Cornwall:

Quarrysteering*, **archery**, rock climbing, **abseiling**, canoeing, **kayaking**, raft building, **zip wire**, forest school & bushcraft, **team building and problem solving games and challenges**, orienteering, **coastal fishing**, walks & treks, **beach safaris**, body boarding*, **snorkeling***, cooking, **gardening**, ecological and environmental studies (pond dipping, bug hotels etc)

**Denotes seasonal activities*

Placement options...

We can provide **1:1** placement, **paired** placement or **group** placement.

Our **1:1 package** caters for young people with a complex level of need, providing them with a high level of support in the form of a bespoke co-produced programme.

Our **Paired placements** match young people to work alongside suitable peers allowing for a more social learning environment.

Our **Group** situation is forever changing and we group young people by age and compatability to provide a suitable and appropriate learning environment. Small groups of 3-6 young people work together to co-produce their programme and development.

All placements include the following where suitable:

+ Full access to **all activities** both on and off site

+ Termly **reports** detailing progress

+ **Interim reports** for TAC meetings or similar upon request

+ TAC meeting and **review attendance** as standard*

+Individualised safety planning

+ In house **accreditation** for all available activities

+ **Paddle Power** levels 1-5 Accredited by the British Canoe Union

+ **NICAS** Accreditation

**Meeting attendance subject to availability*

Recognising young people's achievements...

Reporting:

Sessional reports are created by instructors, identifying the young persons progress against specified objectives. These reports are shared with referrers at the end of each block (half term) as standard. These reports can include some or all of the following...

+Development of positive relationships
+Improved communication skills
+Increased confidence
+Increased personal well-being
+Sense of empowerment

We actively encourage referral agencies to invite us to participate in child & family meetings, EHC Planning and reviews.

Accreditation:

We are passionate about learning and as well as working through our in-house award scheme, parts of our programme can be accredited. We currently provide the following Accreditations...

+BCU 1 Star and Paddle Power Levels 1-5. (Accredited by the British Canoe Union)

+National Indoor Climbing Association Scheme (NICAS) Level 1-5 (Accredited by NICAS)

How do I refer?

All young people who access our provision through BF Adventure's Charity Core are supported to tell us as much about their background as they are comfortable with, through our referral process. We ask the referring professional to complete the **Service Request Form** with the young person present (if possible) to ensure that they are comfortable with the information shared. Once we receive the form, the young person will be added to our waitlist where a co-ordinator will be in touch as soon as a space is available.

Before service begins, the young person and referrer/family will be invited to attend a **site tour**. This enables young people to get a flavour for BF Adventure and decide if we are the right provision for them. It also provides us with a good opportunity to assess their individual needs and look at how best we can support them to think about learning objectives and intended outcomes.

Following assessment, it will be clear which of our provisions would best meet the young person's needs and, if appropriate, whether we can pair the individual with a peer or which group sessions we could place them in.

1:1 Placement

Paired Placement

Group Placement

Before provision commences, we will also discuss the potential **length of provision**. We generally book in half term blocks, although you can confirm longer provision if you wish. Each half term, we will be in touch to see if you would like to continue provision for the next half term (unless you have already confirmed). We do require confirmation of continuation within 7 days
This can be discussed with the coordinator.

Referral Process

We are now running a 3 step referral process, if you have any questions, please do not hesitate to get in touch with a member of our team or email: skillsforlife@bfadventure

1 Call/email us to discuss any potential referral and express an interest in provision.

2 The following steps will all need to be completed before a young person can access provision / be added to our waitlist:

- ☐ **Service Request Form** completed and returned to : referrals@bfadventure.org
- ☐ **Funding source** confirmed.
- ☐ **Site Tour** booked in and attended.* **2**

*This may not be necessary if the young person has attended provision or a site tour previously.

3 A co-ordinator will be in touch to follow up. If the young person and referrer would like to proceed, the co-ordinator will liaise with the referrer to confirm:

- ☐ Type of provision/placement.
- ☐ Length of service required.
- ☐ Start date.

Pricing from September 2026

Service	Full Day (per person) 10:00 - 14:30	Half Day (per person) 10:00-12:00 / 12:30-14:30
Skills for Life Provision		
Site Tour (30-45min approx.)	*no charge*	
2:1 Provision	£440	£236
1:1 Provision	£310	£164
Paired Placement	£232	£102
Group Placement	£164	£100
Group Packages *(bespoke arrangements)*	*on request*	
Other		
Family Day* (Up to 5 participants)	£365	£229
Extras		
1 hour 1:1 support	£82	
Additional Youth Support Worker	£215	£125

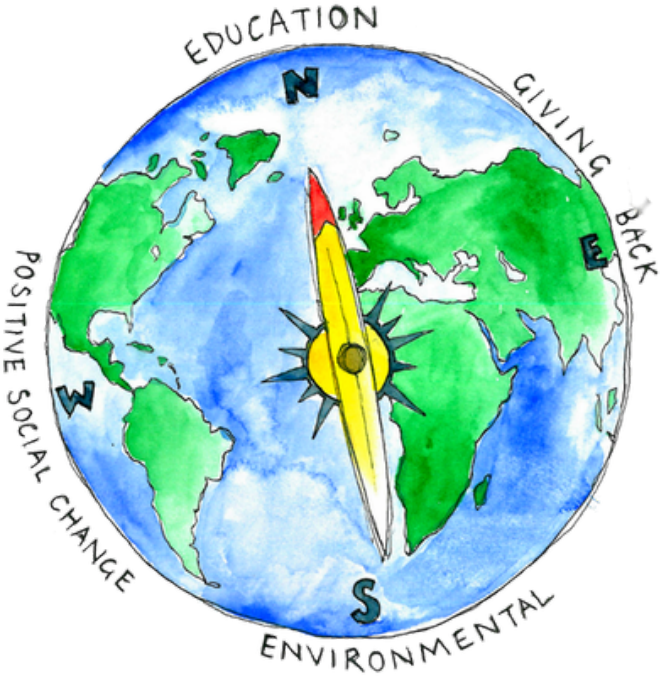
***Family Days**

Activity sessions for young people and their families to work towards identified outcomes. We can work with up to 5 family members with 1 instructor (additional staff can be arranged as required). Family days can be arranged as a one-off or as a bespoke programme of activity days, where supporting the whole family may improve outcomes. Please contact us for more information.

Contact Information

Telephone:
01326 340912

Email:
enquiries@bfadventure.org

Referral submission:
referrals@bfadventure.org

Address:
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