

# SKILLS FOR LIFE

## WORK WITH FAMILIES

*Your Adventure, Our Passion. Your Journey of Change.*

### The Programme

Through our work with young people and their families we identify the needs of the family through a whole family assessment and then work with them to agree a delivery plan to meet these needs. Through outdoor education sessions, workshops and facilitated discussions we support the young people and their family to work towards improving a range of outcomes. We work with families to identify other areas of need and support with onward referrals to specialist services if appropriate. We enable families to recognise their achievements and to develop plans to keep the momentum going.

### We can help!!!

We help families who have experienced a crisis to:

- Recognise their strengths
- Improve relationships
- Communicate positively
- Enjoy shared time together
- Overcome adversity



*"The confidence in my eldest had been so much improved since attending BF. For my other 2, being able to have the freedom to move around has been essential in helping them feel safe and able to talk about their emotions."*



**ZIPWIRE**

**ACCESSIBLE ABSEIL**

We seek funding to work with families through a variety of sources to enable us to develop bespoke provision.

We are part of the Safer Stronger Consortium Victim Care Services delivery partnership to support families who have been victims of crime.

We also receive support through the Together for Families Programme. Contact us for more information.

**CANOEING**

**KAYAKING**

**CLIMBING**

**ORIENTEERING**

**PROBLEM SOLVING**

**ARCHERY**

**BUSHCRAFT**

[www.bfadventure.org](http://www.bfadventure.org)  
[skillsforlife@bfadventure.org](mailto:skillsforlife@bfadventure.org)  
01326 340912