

# SKILLS FOR LIFE

## LEARN DIFFERENTLY

*Your Adventure, Our Passion. Your Journey of Change.*

### The Programme

Our Learn Differently programme is dedicated to providing young people aged 5-16 with alternative education provision. We create bespoke, co-produced programmes built around individual need whilst utilising our 60+ acre site. We use a host of activities which provide challenges and experiences that are key in building self-esteem, critical thinking and improving social and personal skills. Learning differently helps young people build capacity to change and improves their outcomes. We measure young people's progress against a set of agreed outcomes. Our goal is to provide young people with support in developing resilience and effective coping strategies for dealing with the stress of life.

### We can help!!!

If young people:

- + Need a boost in confidence
- + Are experiencing difficulty in school
- + Struggling with peer relationships
- + Going through a difficult transition
- + Need support in developing coping strategies



*"As well as gaining access to physical activities to challenge and inspire him, BFA can concentrate solely on his development. If things are going right they can encourage him further, if things are going wrong they can start again. His attendance at BF Adventure has had a significant effect on his ability to achieve."*



**ZIPWIRE**

**ACCESSIBLE ABSEIL**

We have many years of experience working with young people in crisis, providing a safe space to challenge and build skills which impact on outcomes. We provide detailed reports on our progress and work alongside other professionals to ensure that we provide the best possible service, placing the young person at the centre of everything we do.

- CANOEING** **KAYAKING** **CLIMBING** **ORIENTEERING**  
**PROBLEM SOLVING** **ARCHERY** **BUSHCRAFT**

[www.bfadventure.org](http://www.bfadventure.org)  
[skillsforlife@bfadventure.org](mailto:skillsforlife@bfadventure.org)  
 01326 340912