Sample 2-night Menu

Day 1:

Dinner - Pasta

Option 1: Pasta Bake with mixed salad and garlic bread.

Option 2: Roasted vegetarian pasta with mixed salad and garlic bread.

Day 2:

Breakfast

Cereal / Toast / Fruit / Breakfast Bap

Packed Lunch

Sandwiches Ham / Cheese / Jam with Fruit, Crisps, chocolate bar and Squash

Dinner - BBQ

Option 1: Beef burgers, pork sausages and salad.

Option 2: Vegetarian burger, sausages and salad.

Day 3:

Breakfast

Cereal / Toast / Fruit / Breakfast Bap

Packed Lunch

Sandwiches Ham / Cheese / Jam with Fruit, Crisps, chocolate bar and Squash