
Policy Handbook 2024.1



This Policy Document outlines the generic policies applicable throughout BF Adventure excluding activity specific policies and specific risk assessments

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Table of Contents

1. Part 1 -Health and Safety Policy Statement.....	9
2. PART 2 – General Policies.....	12
3. Updates	13
4. Allergens and Dietary Requirement Policy.....	14
5. Anti-Bullying Policy.....	16
Aim.....	16
Definition of bullying	16
Forms of bullying.....	16
Reporting incidents of bullying.....	17
6. Attendance of Charity Core.....	18
Aim.....	18
7. Complaints, Compliments and Suggestions Policy	19
Informal complaints	19
Formal complaints	19
Appeal / escalation	20
Monitoring	20
Compliments.....	20
Suggestions	20
8. COSHH Policy	22
Introduction	22
Scope of the Policy.....	22
What is a 'substance hazardous to health'?	22
Policy Aim The aim of the policy is to:	22
Responsibilities.....	22
The Centre manager is responsible for:	23
Coordinators are responsible for:	23
Contractors.....	23
Employees have a responsibility to:	23
Training for staff to manage substances	23
Training for employees working with substances hazardous to health.....	24
COSHH Risk Assessment.....	24
Control Measures.....	24
PPE.....	25
PURCHASING PROCEDURES	25
9. Data Protection & General Data Protection Regulation (GDPR) Policy.....	26
9.1 Purpose	26
9.2 Staff duties.....	26
9.3 The data protection principals	26
9.4 Best-practice guidelines for the life-cycle process	27
9.5 Data subjects' right of access.....	28

9.6	Review.....	28
9.7	Data protection contacts	28
9.8	Disciplinary consequences of this policy	29
10.	Dogs on site	30
11.	Duty Manager	33
12.	Environmental Policy	35
	BF Adventure is committed to minimising the impact of its activities on the environment... 35	
	Use of pesticides.....	35
13.	Equal Opportunities Policy and Discrimination	36
	Discrimination	36
	Equal Opportunities Policy Statement	36
	Monitoring	36
	The Protected Characteristics	37
	The Types of Discrimination	37
	Harassment procedure	39
14.	Equality and Diversity Policy (Service Users).....	41
	Equal Opportunity and Diversity Policy	41
	Our Commitment.....	41
	Equal Opportunities and Diversity Statement	41
15.	Freelance Instructors	43
16.	ICT Policy	44
	Introduction	44
	Organisation and Provision.....	44
	Equal Opportunities.....	44
	Management and Responsibilities	44
	Staff Training	45
	Health and Safety	45
	Data Protection and Safeguarding.....	45
	Cloud Services	45
	On-going Management	46
17.	Mileage and Expenses Payments	47
18.	Lone Worker Policy	49
	Introduction	49
	Information and Training	49
	Summary Policy Statements	49
	Health and Safety Out of Hours and Home Visit Procedure	49
	Introduction	49
	Procedure	49
	BF Adventure Staff Working on Weekends	50
19.	Legionnaires' Policy	52
	Policy statement.....	52
	Responsibilities.....	52

Competence.....	52
Potential sources of Risk.....	52
20. PPE Inspection Policy for Adventurous Activity equipment	56
Policy overview.....	56
Key responsibilities	56
PPE for activities at height	56
PPE for activities in water	56
Schedule for checking	56
Types of inspector	57
Purchasing of equipment	57
Quarantine equipment.....	57
Retired equipment	57
Use of personal PPE	58
21. Smoking Policy	59
Aims	59
General	59
Staff	59
Day visits	59
Core service users	59
Residential users	60
Public Campers.....	60
22. Staff Personal Use of Equipment and Site Facilities	62
Safety & Security:	62
Fair use and access to activities.....	62
Consumption of Alcohol	62
Illegal substances/drugs:.....	63
23. Substance Misuse Policy	64
Aim.....	64
Policy	64
24. Sustainable Development Policy	65
Introduction	65
Human Rights	65
Employment Rights	65
Governance	65
Environment	65
25. Third Parties users.....	67
Annex A	69
Service Level Agreement (SLA) for Third-Party Users	69
26. Training Policy	71
Aim.....	71
General training	71
Methods of training	71

Trainers and Assessors	71
Competence	71
Teaching	72
Preparation	72
Delivery	72
Assessments	73
Administration	73
1. Appendix 1	74
2. Vehicle Policy	77
Background	77
The Law	77
Section 19 Permits	77
Who can drive?	77
Pre 1 st January 1997 Licence Holders "Acquired Rights"	77
Post 1 st January 1997 Licence Holders (DVLA leaflet INF 28, 7/12)	77
Trailers	78
Booster Seat	78
Insurance	79
BF Adventure Vehicles	79
Fixed Penalty Points and Convictions	79
Driver Training	79
Licence Review	79
Vehicle Maintenance	79
Reversing BF Adventure's Vehicles	79
Seating Positions	79
Animals in Vehicles	80
Luggage	80
Driving Time and Rest Periods	80
Hiring / Loan of Vehicles to Other Organisations	80
Parking Tickets / Fines	80
The Use of Personal Cars	81
Reference Points	84
3. Weapons Policy	85
Aim	85
Definition	85
Policy	85
4. Whistle-blowing Policy	87
Policy Overview	87
Aim	87
Policy	87
Communications and Openness	87
Raising Concerns Within the Workplace	87

Malicious Allegations	88
Conclusion	88
5. Work Experience Risk Assessment.....	89
Hazards.....	89
6. Behaviour Management.....	91
Aims	91
Objectives	91
Relationship Management.....	91
Behavior Management.....	92
The use of Consequences.....	92
Permissible Consequences	93
7. Restrictive Physical Intervention (RPI)	95
Policy Overview	95
Aim.....	95
Definition of RPI	95
Legal Framework	95
Safety during RPI	95
Reporting and Recording	96
Training.....	96
Support.....	96
ANNEX – Work Experience Acceptance Risk Form	97
Work Experience Acceptance Risk Form (AoR).....	98
About BF Adventure	98
General site	98
Facilities	99
Weather	99
Activities	99
Acceptance of risk statement	99
To be completed by the Parent / Guardian	99
8. PART 3 - Safeguarding Children Policy Handbook	101
1. The Purpose of this Policy.....	102
1.2 Legal Framework.....	102
1.3 Definition of Terms	103
Definition of child.....	103
1.4 Equality Statement.....	103
1.5 Commitment to Service Users.....	103
1.6 Role of the Designated Safeguarding Officer	104
1.7 Contact Details	104
1.8 Policy and Review	105
2. Confidentiality Policy.....	105
2.1 Policy aim	105
2.2 Confidentiality statement	105

2.3	Legal guidelines	106
2.4	Information sharing	106
3.	Dealing with Disclosure or Suspected Abuse	107
3.1	Policy overview	107
3.2	The procedure	107
3.3	Flow for staff with managing suspected abuse or allegations	109
3.4	Escalation Guidance.....	109
4.	Allegations or Suspicions Regarding a Member of Staff or Volunteer	111
4.1	Policy overview	111
4.2	Types of investigations	111
4.3	Concerns about poor practice	111
4.4	Concerns about suspected abuse or exploitation by professionals.....	111
4.5	Confidentiality and information sharing – suspected abuse exploitation by professionals	111
5.	One to One Work with Service Users.....	112
5.1	Overview.....	112
5.2	The risks	112
5.3	Incidents that must be reported / recorded	113
6.	Online Safety and Mobile Phone Use	114
6.1	Overview.....	114
6.2	Contact between staff and service users.....	114
6.3	Minimising the risk of harm	114
6.4	Where misuse is discovered or reported	115
7.	Use of Multi-Media Policy.....	115
7.1	Overview.....	115
7.2	The risks	115
7.3	Procedures	115
8.	British Values and the Prevent Agenda Policy	116
8.1	Overview.....	116
8.2	Definition of terms	116
9.	Safer Recruitment	117
9.1	Policy aim	117
9.2	The purpose of the policy	117
9.3	Pre-interview	118
9.4	Interview	119
9.5	Appointment process	119
9.6	Induction	120
9.7	Training (including existing staff)	120
9.8	DBS checks	121
9.8.1	Full Time Staff / Casual Part Time Staff / Volunteers.....	121
9.8.2	Volunteers specifically.....	122
9.8.3	Policies remaining in force	122

10.	Use of Volunteer Transport & Taxi Company	122
10.1	Measures to reduce risk	122
10.2	Suspected Abuse or Allegation	123
	Appendix 1	124
	Recognition / abuse indicators	124
11.	Recognised types of abuse	124
11.1	Physical abuse	124
11.2	Sexual abuse	124
11.3	Child sexual exploitation.....	125
11.4	Emotional abuse.....	125
11.5	Neglect	126
11.6	Domestic abuse.....	126
11.7	Impact on children and young people.....	127
	Appendix 2	128
	Digital youth work guidelines and consent form	128
	Appendix 3	129
	Photographic, transport and media consent.....	129
12.	Safeguarding Adults Policy.....	129
1.2	Legal Framework.....	130
1.3	Definition of adult at risk.....	131
1.4	Equality Statement.....	132
1.5	Commitment to Service Users.....	132
1.6	Implementation	133
1.6	Role of the Designated Safeguarding Officer	0
1.7	Contact Details	0
1.8	Policy and Review	1
1.	Supporting Information	2
1.1.	Types of abuse	2
1.2.	Person Centred Safeguarding.....	4
1.3.	Mental Capacity and Decision Making.....	5
1.4.	Recording and Information Sharing	7
1.5.	Multi-Agency Working	8

1. Part 1 -Health and Safety Policy Statement

"Through the way we work and behave, all our people and stakeholders will be protected from risks of occupational injury or ill health."

Our Health and Safety Policy: It is our intent to demonstrate an ongoing and determined commitment to improving health and safety at work throughout our organisation.

We will ensure the health and safety at work of all our people and any other people who may be affected by our work activities.

We will comply with the requirements of health and safety legislation.

We will lead industry by promoting best practice and exceeding the guidance of the Health and Safety Executive and other regulatory bodies.

This policy reflects our commitment to ensuring that health and safety at work is paramount to the business, and that effective health and safety actively contributes to our success.

1. AWARENESS: "All our people and stakeholders have an awareness and understanding of health and safety hazards and risks that affect our business."

1.1 Health and Safety Policy statement

Adequate resources will be provided to ensure all our people, the sub-contractors and stakeholders are aware of this policy and committed to its effective implementation.

1.2 Communication and consultation

There will be active open communication and consultation between all our people, the sub-contractors and stakeholders. Health and safety will be integrated into our communications, wherever appropriate.

1.3 Management roles and responsibilities

Roles and responsibilities for health and safety will be defined, as necessary, within job descriptions or profiles. Senior management will ensure that:

- adequate resources are provided for health and safety;
- health and safety is adequately assessed, controlled and monitored; and
- our people are actively involved on matters that affect health and safety.

1.4 Hazard identification

We will identify our workplace health and safety hazards.

We will inform our people, the sub-contractors and stakeholders, as appropriate, of these workplace hazards.

We will require our sub-contractors and stakeholders to identify health and safety hazards that may impact on our work activities.

2. COMPETENCE: "All our people and stakeholders have the competence to undertake their work with minimum risks to health and safety."

2.1 Health and safety training All our people will be adequately instructed and trained on the health and safety issues that affect them, and the safe working practices that should be followed.

We will ensure the health and safety competence of our sub-contractors and stakeholders.

2.2 Behaviour and culture

Senior management will demonstrate leadership in health and safety.

Senior management will undertake tours to ensure that health and safety issues are identified, assessed and managed.

Systems will be in place and people will be empowered to raise health and safety concerns with management.

2.3 Risk assessment and management

We will assess the risks associated with health and safety hazards in the workplace. All our people will be informed of the health and safety hazards and risks that affect their work. We will take action to prevent, reduce or control risks to an acceptable level and reduce the potential for incidents and accidents. We will require our subcontractors and stakeholders to identify health and safety risks that may impact on our work activities.

3. COMPLIANCE: "Our work activities achieve compliance with legislation, and our people are empowered to take action to minimise health and safety risks."

3.1 Incident investigation

We will report and investigate accidents, incidents and near misses to drive improvement in our health and safety management. Any lessons learned from such events will be used to take corrective action to prevent recurrences.

3.2 Measuring performance

We will actively and openly, review and report on our health and safety performance against published objectives and targets. Improvement plans will be developed to support the delivery of these objectives and targets.

3.3 Health and safety management system

We will implement management systems to ensure we:

- comply with health and safety legislation;
- fulfil the requirements of BS8800 and OHSAS18001; and
- continually improve our health and safety performance.

3.4 Sub-contractor improvement

We will engage and collaborate with our sub-contractors to ensure their:

- health and safety capability and competence fulfil our expectations;
- health and safety performance is monitored and reviewed; and
- work activities have minimal health and safety impacts on our activities.

4. EXCELLENCE: BF Adventure is recognised for excellence in the way it manages health and safety."

4.1 Developing innovative practices

We will constantly encourage, develop, review and share "health and safety good practice" both internally and externally.

4.2 Influencing stakeholders

We will only work with joint venture partners and clients who are willing to meet and achieve our health and safety expectations. We will engage and influence stakeholders to drive improvements in health and safety.

4.3 Work-related health

We will assess our occupational health risks. All our people will be informed of the occupational health risks that affect their work. We will take action to prevent, reduce or control occupational health risks to an acceptable level and reduce the potential for ill health, including assessing all our people's fitness for work. Health surveillance will be conducted to satisfy health and safety legislation.

Delivering our policy

Our policy will be delivered by:

- generating a culture that does not tolerate threats to health and safety; and
- ensuring the real involvement of all our people, the subcontractors and stakeholders.

Business groups will implement management statements that explain how this policy will be delivered in the workplace.

Policy review

This policy has immediate effect and replaces all previous versions. This policy will be reviewed and amended, as necessary.

Signed:



Chief Executive Officer BF Adventure

Date: May 2024

Review date: February 2025

Reference BF Organisational Policies:

- Policy Handbook & Safeguarding Policy
- Normal Operating procedures
- BF Staff Handbook
- Catering – Safer Food Better Business
- Site & Fire Risk Assessment Policy – Goodygrane
- Residential risk assessment
- Maintenance Risk Assessments

2. PART 2 – General Policies

The following policies apply across all aspects of operations at BF Adventure.

3. Updates

Version	Date	Update
V1	11/12/23	start of annual policy updates new policies include: <ul style="list-style-type: none">• PPE (TB)• Training (TB)

4. Allergens and Dietary Requirement Policy

BF is committed to reducing the risk to staff, volunteers, customers and visitors with regard to the provision of food and the consumption of allergens in food which could lead to an allergic reaction.

The following foods are recognised as potentially harmful allergens to some:

- cereals containing gluten – wheat, rye, barley and oat
- crustaceans
- egg
- fish
- peanuts/nuts
- milk
- soya
- sesame
- celery
- mustard
- Sulphur dioxide/sulphate
- Lupin
- Molluscus
- Coconut

BF monitors five key factors towards the successful management of harmful allergens:

1. Supplier product information

Working closely with suppliers to enable up to date and clear labelling of all products that may contain potentially harmful allergens.

Any new products supplied are routinely checked for allergen information.

2. Good kitchen and service practice.

Working closely with the local EHO to ensure all current legislation is being adhered to.

3. Managing cross contamination

Maintaining rigid food hygiene standards throughout food handling areas.

Where allergenic ingredients are packaged openly/loosely, they are stored separately to reduce the risk of cross contamination.

Supplier questionnaires to check the allergenic status of ingredients are used particularly with new suppliers.

Physical segregation within the production area is sought at all times.

All food handlers employed are trained in all areas of good food hygiene practice.

BF operates a NO Nut Policy across its Group Food Preparation Areas (Note that 'may contain' products may be used in all menus) (Community and Camp Kitchens) with particular focus upon all control measures upon occasions when clients with known allergies are upon site. Group catering is delivered by 'The Cornish Barista' whom operate to these measures/policy

BF Staff will not use nut products in any client related catering on site (With the exception of the Cornish Barista Café a standalone business with its own signage, protocols and controls)

All Clients are encouraged not to bring Nut related products upon site

Group Kitchens are designated No Nut areas and all clients are asked to not bring any nut related product into these areas

Prior to any BF-led group catering (or client catering with a known Nut sensitive client) a full check of all food preparation areas will be conducted to ensure no nut items have been brought onsite by other users.

4. Effective training

Working with both the local EHO and the Food Standards Agency.

The Cornish barista Catering Coordinator holds a level 3 food hygiene certificate.

All BFA food handlers hold a basic Level 2 food hygiene certificate.

5. Good communication

Staff are trained to escalate any concerns a customer may have regarding food intolerance to a line manager if they are unsure of product content.

Where dishes contain potentially dangerous allergens, they are clearly labelled at point of service. This labelling is also carried through onto menus and labelling.

Specific allergy and food intolerance product information:

Nut allergy - Items known to contain nuts are avoided and if necessary (items which may be factory prepared in a nut risk environment) directly labelled or labelled on menus.

BF and their suppliers are unable to fully guarantee that all products do not contain nut derivatives, due to the potential of airborne contamination.

This policy is in line with the industry standard and following advice from the Food Standard Agency.

Lactose-Free Diet – Almond milk for drinks is available on request (if notified in advance). Lactose-free cheese sandwiches are available on request.

Gluten-Free Diet - Gluten-free bread is available with any sandwich filling on request.

Gluten free biscuits and cakes and biscuits are available on request.

Low-Fat Diet - Semi-skimmed milk is used as standard for all hot drinks. Skimmed milk is available on request.

Vegetarian/vegan diets - Items suitable for a vegetarian or vegan diet are included as standard throughout our menus and labelled where necessary

Last update: Friday, 17 May 2024

Updated by: Adrian Richards

To be reviewed by: Adrian Richards

To be reviewed by: 01-04-2025

5. Anti-Bullying Policy

Aim

BF Adventure aims to ensure that all service users, staff, Trustees, volunteers and visitors feel safe and secure and are free from bullying behaviour by others. BF Adventure is committed to supporting those who feel victimised and to work with them to address the issue. BF Adventure is committed to working with perpetrators of bullying behaviour to support them to understand the impact of their behaviour on themselves and others and to enable them to change accordingly.

BF Adventure will:

- Promote a culture of celebrating diversity and challenge behaviours and comments that potentially cause harm to others, with particular reference to the nine protected characteristics.
- Ensure all service users, staff, volunteers and Trustees are committed to the aims and mission of the organisation and are vigilant to the possible indications that a person is a victim of bullying.
- Ensure all service users, staff, volunteers and Trustees are informed about, and understand to an appropriate level, BF Adventure's Confidentiality Policy, Whistle Blowing Policy and Complaints Procedures
- Ensure that all members of the BF Adventure community have appropriate support mechanisms in place to enable reporting of incidences of bullying and have the knowledge about the systems in place to do this.
- Provide on-going preventative education to service users to enable them to build emotional resilience and determination and to lessen the impact of harm caused through bullying behaviours.
- Support and educate service users to protect themselves from online risks, to know how to access further support and how to report incidents that happen online.
- Support service users to access specialist services to meet their identified needs.

Definition of bullying

Bullying is a form of aggressive behaviour which is usually hurtful and deliberate and can be persistent. Underlying most bullying behaviour is an abuse of power and a desire to dominate through intimidation. The repeated nature of incidences of bullying has a cumulative impact on the victim and can lead to serious implications.

Forms of bullying

Bullying can take many forms and include:

- Physical bullying – hitting, stealing/damaging belongings
- Verbal bullying – insults, repeated teasing, name calling, racist, sexist or homophobic comments

- Indirect bullying – deliberately excluding people from social groups, spreading rumours
- Online bullying – use of technology (e.g. texts, phone calls, instant messaging, email, social networks) to repeatedly make threatening, abusive, embarrassing or intimidating comments or to use multi-media (film, photos) to the same affect.

Reporting incidents of bullying

BF Adventure will ensure that all reports of bullying are dealt with efficiently, effectively and in a manner that meets the needs of the individual. All incidents will be recorded in an incident report and stored securely.

In incidences where staff, volunteers or trustees feel that they are being bullied, the Harassment Procedures will be followed (see page 43 of the Policy Handbook).

Where a service user who feels bullied by another service user, they will be encouraged to speak to a trusted member of staff and/or the Programme Coordinator/Manager in a confidential space.

The incident will be discussed with the perpetrator and a strategy for a change in behaviour will be agreed. In extreme situations, where the perpetrator continues to demonstrate bullying behaviour despite ongoing interventions from BF Staff, revoking of their service will be considered.

Last update: 12/01/2024
Updated by: El Warren
Policy Owner: El Warren
To be reviewed by: February 2024
Version 1: 07/04/2016 El Warren
Previous version: 25/01/2023 El Warren

6. Attendance of Charity Core

Aim

This policy covers how BF Adventure will monitor the attendance of Core service users and the actions Coordinators will take to ensure that young people's whereabouts are known.

It is the duty of staff to ensure that referral agencies and parent/carers are aware that a child or young person has not arrived as expected and that appropriate safeguarding procedures are followed.

A daily register of attendance will be maintained by BFA staff and overseen by the Coordinator Team.

Any unauthorised absences will be marked against the learner's name in the attendance register and be reported to the referring agency at the earliest opportunity.

A series of absences will be discussed in more detail with the parent/carer/referring agency to discuss the situation, including potential well-being/safeguarding concerns for the young person or the suitability of the provision for the young person.

BF Adventure requires a minimum of 1 weeks' notice to avoid a charge to the referring agency for the service missed.

Last update: 12/01/2024
Updated by: El Warren
Policy Owner: El Warren
To be reviewed by: February 2025
Previous version: 25/01/2023

7. Complaints, Compliments and Suggestions Policy

BF Adventure is committed to delivering a quality service. In order to continually improve and develop our service we want to hear from our customers and service users regarding complaints, compliments and suggestions.

To ensure staff, customers and service users know where to direct complaints, compliments and suggestions we follow these key points:

- BFA aims to provide staff, volunteers, service users and customers with the best possible experience and actively seeks feedback
- BFA seeks to continually develop its service and is aware that complaints, compliments and suggestions aid this development
- Staff complete feedback sheets with service users
- Customers complete feedback forms at the end of session / residential
- Team meetings, supervisions and staff questionnaires provide opportunities for staff and volunteer team to raise complaints, compliments and suggestions

Informal complaints

Any comments made verbally, via social networking, via online review or in writing that suggest dissatisfaction will be dealt with as an informal complaint.

The member of staff receiving the informal complaint will react with professionalism and ensure they understand the nature of the complaint. An appropriate solution that reflects the nature of the complaint can be sought. The member of staff dealing with the complaint must make it known to the Duty Manager.

If a solution acceptable to both parties cannot be found then the customer / client will be advised to make a formal complaint.

Formal complaints

A formal complaint must be presented in writing to Adrian Richards, CEO, BF Adventure, Halvasso, Longdowns, Penryn, Cornwall TR10 9BX.

Mainstream/Commercial Customers:

Complaints will be responded to within 5 working days.

Service User/Core Charity Client:

The document will be signed by the complainant and the Duty manager as an accurate statement of the complaint.

The complaint will be responded to within 5 working days to confirm receipt of the complaint, as well as the process and the timescales involved.

The complainant may be invited to interview (at a time and location of their convenience) to clarify details regarding the complaint, they will be able to bring a representative to this interview for support purposes if required.

If the complaint involves the behaviour or actions of a BFA team member that team member will be informed of the complaint against them as soon as possible. Depending upon the nature of the complaint and potential disciplinary procedures the team member may be suspended for the duration of the investigation. The team member will be kept informed throughout the process.

Upon completion of the investigation the complainant will be notified in writing of the outcome.

Appeal / escalation

If the complainant is not satisfied, they may appeal in writing to the Chair of Trustees within 7 days (write to Chair of Trustees, c/o BF Adventure as above and mark letter Private and Confidential). The matter will then be investigated by a panel of professionals and / or board members who are independent to the initial process.

The appeal panel will consider the appeal and surrounding evidence and the decision of the panel will be viewed as final.

If the complaint is regarding a safeguarding matter that has not been dealt with by BF Adventure to your satisfaction and you still have concerns for the safety or welfare of a young person or vulnerable adult you can direct your concern to:

MARU 0300 1231 116 or email SingleReferralUnit@cornwall.gcsx.gov.uk (children, young people, vulnerable adults)

LADO (Local Area Designated Officer) 01872 254549 (for concerns around the conduct of staff or volunteers)

For any complaints not handled to your satisfaction regarding issues of Health and Safety please contact:

Health and Safety Executive 01752 276300

Monitoring

BFA will record all formal complaints and review annually to assess and trends or training issues that may arise. This monitoring process may also result in the Complaints, Compliments and Suggestions Policy being reviewed.

Compliments

Compliments, positive news and thank you messages to be shared with the staff team at appropriate morning briefings, as well as other suitable opportunities.

Compliments may also be shared via social networking if the customer / service user is agreeable.

Compliments will be recorded in the shared marketing file with reference to the detail of the customer / service user and referenced as may be required for project evidence and funding application.

Suggestions

Any customer or service user wanting to make a suggestion to improve the service will be supported by their Instructor / Programme Manager to complete a suggestion form.

Suggestions forms are to be submitted to Adrian Richards, CEO and will be presented at fortnightly strategic team meetings for consideration by managers.

Parties making suggestions will then be informed of outcome of suggestion in writing within 5 days of the strategic team meeting.

Last update: May 2024

Updated by: Adrian Richards

Policy Owner: Adrian Richards

To be reviewed by: March 2025

8. COSHH Policy

Introduction

The [COSHH Regulations 2002](#) and approved code of practice require employers to evaluate and control the risks which employees and others may be exposed to from hazardous substances at work. It applies to all workplaces and includes any substances, materials, processes or by-products that are hazardous to health e.g., microbiological agents, dusts of any kind in substantial quantities and all chemicals categorised as hazardous to health in any form i.e. solid, liquid, gas or vapour. The health effect of hazardous substances is directly linked to:

- i) the nature of the substances
- ii) duration of exposure
- iii) quantity exposed to

[HSE brief guide to COSHH](#)

Scope of the Policy

This policy applies to all employees as well as those visitors, contractors and members of the public who come into contact with hazardous substances used at BF Adventure

What is a 'substance hazardous to health'?

COSHH covers substances that are hazardous to health. Substances can take many forms and include:

- chemicals
- products containing chemicals
- fumes
- dusts
- vapours
- mists
- nanotechnology
- gases and asphyxiating gases and
- biological agents (germs). If the packaging has any of the hazard symbols then it is classed as a hazardous substance.
- germs that cause diseases such as leptospirosis or legionnaires disease and germs used in laboratories.

Policy Aim The aim of the policy is to:

- Assess the risk to health that may arise from exposure to hazardous substances. .
- Establish precautions and control measures needed appropriate to the risk. Wherever possible, risks should be eliminated.
- Monitor control measures to ensure they are adhered to and working properly.
- Monitor the extent to which employees are exposed to hazardous substances and carry out health surveillance where necessary.
- Inform, instruct and train employees regarding the hazards, risks and precautions needed.

Responsibilities

The Centre manager is responsible for:

- Ensuring the effective implementation of this Policy
- Allocating sufficient resources to enable the Policy to be delivered
- Monitoring the overall effectiveness of the Policy
- substances hazardous to health are identified and assessments of the associated risks to health are carried out within their Service by nominated, appropriately trained and competent people.
- appropriate resources are available to support safe working practice and take into account appropriate control measures
- health surveillance is undertaken, as appropriate, in accordance with assessment findings.
- assessments are reviewed annually or more frequently if circumstances change
- informing staff of important updates to policy will be emailed to all users

Coordinators are responsible for:

- identifying all hazardous substances within their area and recording with a COSHH inventory
- ensuring material safety data sheets are available for reference
- ensuring that assessments are recorded
- supporting the assessment process and its outcome by ensuring that any necessary control measures and / or resource requirement are met.
- monitoring employee compliance with assessments and identified control measures
- ensuring that any untoward incidents involving hazardous substances are reported, investigated and managed appropriately
- attending internal training to enable them to undertake their role as COSHH assessor
- carrying out assessments and developing appropriate control measures and safe systems of work
- reporting any health surveillance requirements to the Center Manager

Contractors

Contractors will be responsible for the materials and chemicals they bring on site and the COSHH risk assessments that are associated. BF Adventure may ask for copies of the contractors policy

Employees have a responsibility to:

- follow the safe system of work identified in the assessments
- make full and proper use of control measures including personal protective equipment
- report any compliance failures, digressions, defects or concerns to their line manager
- report accidents and incidents
- attend training as required
- inform their line manager of any health concerns which could reasonably be attributed to exposure to hazardous substances
- attend for health surveillance as required

Training for staff to manage substances

Staff whose job role may entail will be trained in how to log new substances into the BF system. This will include:

- Orientation of the relevant documents
- Over view of how the system works
- Training on how to complete a risk assessment

The training will last for around 30 minutes and can be delivered in person or using a in house software which will have an assessment module.

Training for employees working with substances hazardous to health.

BF Adventure will provide information and where necessary training for employees who work with substances hazardous to health and keep records of training.

Information and training will include:

- what the hazards and risks are;
- what to do if there is an accident (e.g. spillage) or emergency. Staff will be able to:
 - Access the correct equipment to deal with the emergency (e.g. a spill), including protective equipment and decontamination products;
 - Access right procedures to deal with a casualty;
 - Know the right people trained to take action;
 - Where to access information to pass over to the emergency services.
 - Access the emergency plans.
- How to access to safety data sheets.

COSHH Risk Assessment

BF Adventure risk assessments for COSHH are as follows:

1. All products are logged in a data sheet, these are located in organisation files assessable to all staff. This is the information held:

Product Name and brand	Location	Use	Risk	In Use	Data sheet upto date	data sheet link	Risk assessment link
bio D1 Concentrated multi-surface sanitiser	Hub kitchen cleaning cupboard	Cleaning		Y			

2. Data sheets are collected and updated at suggested intervals, these are stored electronically and access on the organisation files and from the COSHH index via hyperlinks
3. Risk assessments are carried out by trained and nominated staff. The risk assessments include:
 - a. Product name
 - b. Date of assessment
 - c. Who assessed the product
 - d. What the hazards are
 - e. Who these effect
 - f. Control measures
 - g. What supervision is required
 - h. What training is necessary
 - i. Emergency plans
 - j. Review date

Control Measures

Control measures must be determined by the level of risk to health and must take into account:

- elimination and/or use of alternative, less hazardous substances and materials where possible
- modification of the use or process to eliminate, isolate or reduce exposure
- elimination and/or reduction of numbers of people exposed to the hazardous substance
- the outcome of any environmental monitoring, as appropriate, which has been undertaken by a competent person
- the provision, maintenance and use of any control equipment required

- the use of personal protective equipment (PPE) to reduce or control exposure to hazardous substances/materials. PPE should be regarded as a 'last resort' in providing protection from exposure to substances hazardous to health
- Managers are responsible for ensuring that PPE, as required, is suitable for its intended purpose, appropriately maintained, cleaned, inspected, stored and replaced as required.

PPE

Employees are required to use PPE provided in accordance with the training they have been given and as illustrated in the product data sheets and risk assessments and report any faults/defects or concerns regarding PPE to their manager.

Relevant coordinators are responsible for ensuring that PPE, as required, is suitable for its intended purpose, appropriately maintained, cleaned, inspected, stored and replaced as required.

PURCHASING PROCEDURES

1. All purchases of goods and substances must be undertaken in accordance with recognised and agreed procedures. No other purchasing approaches should be adopted.
2. Manufacturers and suppliers of substances and materials have a legal duty to supply material safety data sheets for the materials provided. All purchases/ requisitions should include a request to supply data information sheets.
3. Trained staff must ensure an assessment has been carried out PRIOR to any use or handling of the substance(s)

Last update: January 2024

Updated by: Tony Baker

To be reviewed by: 12 months after the above date

9. Data Protection & General Data Protection Regulation (GDPR) Policy

9.1 Purpose

The Data Protection Act & GDPR has two principal purposes:

1. To regulate the use by those (known as data controllers) who obtain, hold and process personal data on living individuals, of those personal data.
2. To provide certain rights (for example, of accessing personal information) to those living individuals (known as data subjects) whose data is held.

The Cornerstones of the Act are the eight data protection principles, which prescribe:

1. Guidelines on the information life-cycle (creation/acquisition; holding; processing; querying, amending, editing; disclosure or transfer to third parties and destruction ('the life-cycle')
2. The purpose for which data are gathered and held
3. Enshrine rights for data subjects

This policy has been written to acquaint staff with their duties under the Act & GDPR regulations and to set out the standards expected by BF Adventure in relation to processing of personal data and safeguarding individuals' rights and freedoms.

9.2 Staff duties

Employees of BF Adventure are expected to:

1. Acquaint themselves with, and abide by, the Data Protection Principles.
2. Read and understand this policy document, the BF Adventure Privacy Policy and related Schedules within the BFA Staff handbook.
3. Understand how to conform to the standard expected at any stage in the life-cycle (see section 4 of this policy).
4. Understand how to conform to the standard expected in relation to safeguarding data subjects' rights (e.g. the right to inspect personal data) under the Act.
5. Understand what is meant by 'sensitive personal data', and know how to handle such data.
6. Contact the Data Protection Officer if in any doubt, and not to jeopardise individuals' rights or risk a contravention of the Act.

9.3 The data protection principals

The data protection principles, in summary, are:

1. Personal data shall be processed fairly and lawfully.
2. Personal data shall be obtained only for one or more specified and lawful purposes, and shall not be further processed in any manner incompatible with that purpose or those purposes.
3. Personal data shall be adequate, relevant and not excessive in relation to the purpose or purposes for which they are processed.
4. Personal data shall be accurate and, where necessary, kept up to date.
5. Personal data processed for any purpose or purposes shall not be kept for longer than is necessary for that purpose or those purposes.
6. Personal data shall be processed in accordance with the rights of data subjects under this Act.
7. Appropriate technical and organisational measures shall be taken against unauthorised or unlawful processing of personal data and against accidental loss or destruction of, or damage to, personal data.

8. Personal data shall not be transferred to a country or territory outside the European Economic Area unless that country or territory ensures an adequate level of protection for the rights and freedoms of data subjects in relation to the processing of personal data.

9.4 Best-practice guidelines for the life-cycle process

9.4.1 Acquisition of personal data (see principles 1, 2, 3)

Those wishing to obtain personal data must comply with guidelines issued from time to time by the Data Protection Officer and, in particular, should tell data subjects the purpose(s) for which they are gathering the data, obtain their explicit consent, and inform them that BF Adventure will be the data controller for the purposes of the Act and the identities of any other persons to whom the data may be disclosed. If sensitive personal data are being collected, explicit consent is not only best practice, it is mandatory. No more data should be collected than is necessary for the purpose(s) declared.

9.4.2 Holding / safeguarding / disposal of personal data (see principles 4, 5, 7)

Data should not be held for longer than is necessary. Guidance for length of retention is set in law, or given in section 7.4.7 of this policy. Personal data should be reviewed periodically to check that they are accurate and up to date and to determine whether retention is still necessary.

Adequate measures should be taken to safeguard data so as to prevent loss, destruction or unauthorised disclosure. The more sensitive the data, the greater the measures that need to be taken. This includes the protection of physical data through the use of locked storage, restricted access and a culture of respect for the information we hold, it also includes the protection of electronic data through restricting access to data and protecting data using passwords and encryption (further details of this can be found in the ICT policy).

9.4.3 Processing of personal data (see principles 1, 2)

In this particular context, 'processing' is used in the narrow sense of editing, amending or querying data. In the context of the Act as a whole, 'processing' is very widely defined to include acquisition, passive holding, disclosure and deletion.

Personal data must not be processed except for the purpose(s) for which they were obtained or for a similar, analogous purpose. If the new purpose is very different, the data subject's consent must be obtained.

9.4.4 Disclosures and transfers of personal data (see principles 1, 2, 7, 8)

9.4.5 Disclosures

BF Adventure's policy is to exercise its discretion under the Act to protect the confidentiality of those whose personal data it holds.

- i. Employees of BFA may not disclose any information about clients or other employees, including information as to whether or not any person is or has been a client or employee of the BFA unless they are clear that they have been given authority by BFA to do so. Particular care should be taken in relation to any posting of personal information on the internet.
- ii. No employee of BFA may provide references to prospective employers or landlords or others without the consent of the individual concerned. It is therefore essential that where BFA is given as a referee, the subject of the reference should provide BFA with the necessary notification and consent.

- iii. No employee may disclose personal data to the police or any other public authority unless that disclosure has been authorised by BFA's Data Protection Officer or Safeguarding Officers.
- iv. Employees of BFA may not use personal data for marketing (including photographs) without permission of the individuals, or the body/person with responsibility for those individuals (for example the school or parents of Clients).

9.4.6 Transfers

Personal data should not be transferred outside of BF Adventure and in particular, not to a country outside the EEA

- i. except with the data subject's consent; or
- ii. in accordance with a contractual data sharing agreement;
- iii. unless that country's data protection laws provide an adequate level of protection; or
- iv. adequate safeguards have been put in place in consultation with the Data Protection officer; or
- v. in consultation with the Data Protection Officer or Safeguarding Officer where it is established that there is a legal obligation to disclose, or that the Client may be at risk by non-disclosure (see the Confidentiality Policy).

9.4.7 Destruction of personal data (see principles 5, 7)

Personal data must not be held for longer than necessary; and when such data have been earmarked for destruction, appropriate measures must be taken to ensure that the data cannot be reconstructed and processed by third parties.

- Staff records – 25 years (in line with insurance guidelines for safeguarding young people)
- Client records – 5 years (unless otherwise directed by funders requirements)

9.5 Data subjects' right of access

BFA is fully committed to facilitating access by data subjects ('applicants') to their personal data, while bearing in mind the need to protect other individuals' rights of privacy.

All applicants will be expected to request access in writing or via email and will need to supply proof of identity before any data can be released. If a request is made by a third party BFA must be given adequate proof that the data subject has given authority to the third party for disclosure.

9.6 Review

This policy will be reviewed annually to take account of changes in the law and guidance issued by the Information Commissioner.

9.7 Data protection contacts

For general enquiries about the BF Adventure's Data Protection Policy and for formal subject access requests under the Act:

Data Protection Officer

BF Adventure

Goodygrane Activity Centre

Halvasso

Longdowns

Penryn

Cornwall

TR10 9BX

Tel: (01326) 340912 Email: enquiries@bfadventure.org

9.8 Disciplinary consequences of this policy

Unlawful obtaining or disclosure of personal data (including the transfer of personal data outside the EEA in contravention of paragraph 4.4.2 above) or any other breach of section 55 of the Data Protection Act & GDPR by staff, trustees or volunteers will be treated seriously by BFA and may lead to disciplinary action up to and including dismissal or suspension.

Last update: May 2024

Updated by: Adrian Richards

To be reviewed by: March 2025

10. Dogs on site

The aim is to ensure consistent and fair treatment for owners who bring dogs onto site.

1. General notes
 1. Dogs advised be kept on leads at all times
 2. Signs placed around the site from the carparks and entrances
 3. Bins in place
 4. Dogs are not permitted in buildings (more guidance below)
 5. BF advises dogs are not to be kept in cars, this is mandatory for BF staff
 6. Owners of the dog take responsibility for cleaning up after their dogs
2. Core and residential areas
 1. No dogs allowed when clients are on site unless permission is granted by a manager
3. Public areas such as campsite, nature trails, muddy play
 1. Dogs are advised to be kept on leads
 2. No dogs in the muddy play area

Risk Assessment

Hazards	
	<ul style="list-style-type: none"> Dogs Cliffs edges Water Faeces Cars

Risk	Who it affects	How is this controlled?
Dogs		
Dog biting, alarming, scaring people	All users	The site is split into 2 main areas based on the service users and customers in each. <ul style="list-style-type: none"> The core and residential area: <ul style="list-style-type: none"> Dogs are not permitted in this area when there are clients on site unless permission has been given by a manager Public area, café, nature trails and campsite: <ul style="list-style-type: none"> Dogs advised to be kept on lead Signs in place Dogs causing distress or harm can be asked to be moved or removed from site as appropriate
Dog injuring or killing wildlife such as ducks, geese, chicks, rabbits etc	Wild life	<ul style="list-style-type: none"> Dogs advised to be kept on leads
People with allergies being negatively effected by dogs	All site visitors	<ul style="list-style-type: none"> This is a low risk but should someone identify as having an allergy, then dogs should be managed to support the individual Dogs are not allowed in building that are used by guests such as kitchens, classrooms, cabins etc unless permission is granted by a manager

Staff dogs effecting working environment leading to distractions	Staff	<ul style="list-style-type: none"> Dogs brought onto the core and residential part of the site will be treated on their individual merits and plans set in place as appropriate. Plans can flex and change with no notice at the discretion of the manager which can include restrictions or complete site bans which must be adhered to completely Dogs in offices must seek manager approval, be appropriately managed (crated) and or behaved
Cliff edges		
Dogs getting stuck, falling off or getting lost in around cliff edges	Dogs	<p>This is a moderate to high risk due to the numbers of exposed cliff edges and potential access points. The adventure quarry and canoe quarry have barriers keeping the public away from the edge but these are ineffective to dogs.</p> <ul style="list-style-type: none"> Dogs advised be kept on the lead Signs in place at all points of access from the car parks Staff are not trained to rescue dogs, in the event of dog stuck on a cliff edge BF staff will not intervene, emergency services will need to be called
Water		
Dogs entering bodies of water leading to distress, getting stuck or drowning	dogs	<ul style="list-style-type: none"> Bodies of water are fenced off to the public. These are effective providing dogs are on a lead Signs set up recommending dogs should be on a lead Staff should only carry out a rescue if they are sufficiently trained in water rescue and the equipment is available for use
Faeces		
Unpleasant sights and smells from disordered odours	Public	<ul style="list-style-type: none"> Sign placed telling dog owners to pick up after their dog Dog waste bin located in the carpark
Diseases such as toxocarasis causing illness in other site users	Public	<p>Illnesses are rare but can become higher risk, for example in areas where dog owners walk their dogs where children play. Our entire site is specialised environment for children to play with the addition specific sites dedicated to muddy play. The actions are set in place to reduce the risk:</p> <ul style="list-style-type: none"> Dogs advised to be kept on leads Owners must clean up after their dogs Signs in place No dogs, unless permission is granted in the core and residential areas No dogs allowed in the muddy play area Ball games discouraged in the campsite Dog waste bin provided
cars		
Being hit by cars in the carpark	Dogs	<ul style="list-style-type: none"> Dogs advised to be kept on leads at all times Signs in place asking drivers to drive slow through the site
Dogs overheating in cars leading to distress or death	Dogs	<ul style="list-style-type: none"> Dogs should not be left in cars on hot days or long periods of time If staff discover a Dog seemingly in distress in a vehicle the should track down the owner

		to correct the situation. Following this the RSPCA should be called and advise can be given on the next course of action
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Last Update January 2024
Updated by Tony Baker
Policy owner: Tony Baker
To be reviewed by: 12 months after the above date

11. Duty Manager

The aim of this policy is to set in place a clear representation of the roles and responsibilities of the Duty Manager. Due to the nature of the charity and the risks associated with operating a busy outdoor pursuits centre the policy is a guide and not the exhaustive list and people undertaken the role need to be dynamic and authoritative.

The aims of the Duty Manager

1. To respond and deal with non-planned events that occur during a typical working day at BFA. This historically has included but not limited to the following:
 - a. Livestock on site
 - b. Accidents
 - c. Incident management
 - d. Unauthorised visitors
 - e. Vehicle breakdowns
 - f. Responding to staff operating off site who are not back in time for their ETA
 - g. RPI events
 - h. Safeguarding – in line with training and BF procedures
2. To coordinate and advise staff and coordinators where appropriate and support in decision making processes to ensure smooth running of services and facilities. This may include:
 - a. Assigning staff to jobs in the absence of direct line managers
 - b. Suggesting and supporting cross departmental changes when services do not show or staff are ill
 - c. Responding to customer or staff enquires if appropriate line managers are not available
 - d. Responding to incidents and follow any relevant BF Procedures including contacting relevant stake holders for young people and groups, completing RIDDOR or safeguarding forms and processes (along with relevant level of training), reporting to the CEO, Centre manager and or Trustees in major events.

The following procedures and practices need to be followed as part of the Duty Managers daily responsibilities:

3. Be contactable on the Duty Manager radio for the day or ensure that another Duty Manager has the radio and is able to cover– this allows staff instant access to the Duty Manager should the need arise
4. Be contactable on the Duty Manager Phone during opening hours
5. Carry a personal mobile phone – this will act as a backup means of contact should for any reason the radio is not able to summon support
6. Plan their normal duties so they are able to support staff should an incident arise – Things like meetings and training should be set up in such a way that the DM can instantly drop what they are doing and support
7. Monitor and check the standards of activity and set up though “walking the floor” at least once a day.

Other factors:

8. Staff in normal situations should be communicating with line managers / coordinators using appropriate radio call signs such as “BF Office “or “BF <<NAME>>”. The DM is not bound to respond to these communications.
9. Staff needing assistance or advice beyond line management / coordinators should make their intentions clearly know and use the radio to ask for the “BF Duty Manager, BF

Duty Manager, BF Duty Manager". In this instance, the Duty manager needs to respond.

10. If no response is provided then the office, the staff member, any off duty Duty Managers or coordination staff should respond and take efforts to contact the Duty Manager on a mobile.
11. The Duty Manager may choose to deal with tasks in several ways:
 - a. They can choose to delegate to relevant coordinators- this may be to benefit the young person, keeping information in a small circle of people as possible
 - b. They may choose directly deal the incident and take on lead responsibility- this maybe be a large or complex incident and keeping a single point of leadership adds clarity for all
 - c. They may choose to delegate to the CM, the CEO or Trustees- if the event significant and have complex repercussions then the SMT could be best to respond
 - d. They may choose to postpone the management of an incident- this could be because the relevant manager is away and can better deal with the incident when they return
12. The DM may respond to sessional observations and hold staff to account in breaches of NOP, standards of operation and general behaviour in accordance with the BF Adventure staff hand book. In all cases, this should be fed back to the line manager and in cases requiring disciplinary action a member of the SMT should be consulted before any action is taken.
13. Qualifications and experience
 - a. A Duty Manager should know and understand how BF Adventure operates. Usually staff being Duty Manager should have worked at BF for 1 year at a level 4 or above capacity or have extensive relevant experience that can transfer across
 - b. A Duty Manager should be able to support in a wide spectrum of incidents including first aid, safeguarding, de-escalation strategies and RPI.
 - c. A Duty Manager should have at a minimum a very good understanding of activity safety and the workings of the NOP
 - d. A duty Manager should be able to respond to a critical incident and manage this until Senior support is available.

Last Update	January 2024
Updated by	Tony Baker
Policy Owner	Tony Baker
To be reviewed by:	12 months from the above date

12. Environmental Policy

BF Adventure is committed to minimising the impact of its activities on the environment.

The key points of our strategy to achieve this are:

1. Encourage car sharing where possible. We recognise that we are a remote site not accessible by public transport, but where possible we operate central mini bus pick-ups of service users and support staff to share journeys. (covid restrictions may effect this)
2. Source local produce where possible and sustain minimum stock levels to ensure limited deliveries to our site.
3. Ensure stationery, office and environmentally friendly cleaning supplies are delivered in bulk orders to minimise supplier journeys to our site.
4. Minimise waste by evaluating operations and ensuring they are as efficient as possible.
5. Actively promote recycling both internally and amongst our customers.
6. Activity encourage composting by providing facilities and signage to encourage this
7. Raise awareness of environmental impacts of our organization and encourage staff and service users to contribute to improved efficiencies.
8. Raise awareness amongst our client group of relevant environmental issues and encourage them to adopt environmentally friendly practices, such as recycling which they can apply outside of BF Adventure.
9. Strive to become carbon neutral for our utility requirements, we currently source water on site from a borehole, and generate up to 10KW via Solar PV and 10KW from a wind turbine, we aim to seek efficiencies and reduce usage to match our generation potential.
10. Maintain wildlife areas on site as well as providing nesting boxes for bats and birds located in appropriate sites.
11. Reinforce message to team and service users to turn off appliances and lights when not in use.
12. Meet relevant environmental legislation.
13. Regularly monitor and update environmental strategy.

Use of pesticides

BF Adventure is keen to support the and promote a healthy environment for all its uses, staff and any form of wildlife and understand that due to the varied habitats and the size and of BF Adventure, that we will be host to rare and special species. With this in mind, we have a set of guidelines that we are committed to follow:

Bees and rare insects- BF will always cooperate with local organisations to promote species are far as practical. Where species are rare or have special interest and are potentially at risk of causing harm to its staff or visitors then a safe removal from the site will be arranged. The use of pesticides to control the size of the species is not permissible at any time unless recommended by outside professionals.

Vermin (rats and mice)- Due to the serious nature of diseases being transmitted from rats, BF Adventure will use poison to control the population of rats around office, accommodation and catering areas.

Last update: January 2023
Updated by: Tony Baker
Policy Owner: Tony Baker
To be reviewed by: 12 months from the above date

13. Equal Opportunities Policy and Discrimination

Discrimination

The Company is an equal opportunities employer and is committed to opposing all forms of discrimination, victimization or harassment in the workplace. We **will not tolerate** discrimination, victimization or harassment based upon age, disability, gender reassignment, marital or civil partner status, pregnancy or maternity, race, colour, nationality, ethnic or national origin, religion or belief, sex or sexual orientation (The Protected Characteristics).

Equal Opportunities Policy Statement

We will not tolerate discrimination on any grounds and we operate an active equal opportunity policy. However, we cannot operate to stamp out discrimination unless we are made aware that this is happening. The equal opportunities policy will apply at all stages from recruitment, throughout employment to issues of termination of employment and in certain circumstances after your employment has finished. In particular please note:

We will not discriminate in deciding with whom to deal with or in the provision of services or in the selection, recruitment and treatment of staff;

All recruitment procedures followed will be on the basis of fair and objectively justified criteria that do not apply any requirements or conditions that are not necessary for the needs of the post or the business. Where job applicants have a disability the position of the Applicant will be reviewed and all possible steps will be taken to ensure that the Applicant does not suffer from any disadvantage in the recruitment process.

Throughout your employment you are expected to conduct yourself in a manner that is not discriminatory and the Company will take all possible steps to ensure that equal opportunity is maintained.

The approach taken to marketing and to the strategies adopted for providing services to clients will be compatible with this policy.

The policy below applies to all employees.

The aim of this policy is that all members of staff know that they are able to work in an environment that is free from discrimination, victimisation and harassment and you are able to achieve your full potential in your job. Discrimination, harassment or victimisation will be regarded most seriously and will be treated as gross misconduct under the Company's Disciplinary Procedure. The Company will make decisions without reference to discriminatory criteria. All members of staff must be aware of this equal opportunities policy and should abide by its terms at all times.

Monitoring

It is the responsibility of the head of HR to ensure that all aspects of this policy are kept under review and are operated throughout the organisation.

The Protected Characteristics

The company will not tolerate discrimination, harassment or victimization based upon gender, race, disability, religion, sexual orientation, age, marriage, civil partnership, pregnancy, maternity, gender reassignment.

Race includes colour, nationality, ethnic or national origin.

For this purpose, a person is defined as disabled if they have a physical or mental impairment that has a substantial and long-term adverse effect on his/her ability to carry out normal day-to-day activities.

Religion includes religious beliefs or similar philosophical beliefs. This protection extends to perceived as well as actual religion of belief and discrimination by association. The protection also extends to discrimination by persons of a religious belief towards a non-believer.

Sexual orientation includes orientation towards persons of the same sex (lesbians and gay people), the opposite sex (heterosexuals) and the same and opposite sex (bisexuals).

The Types of Discrimination

In a number of areas, the law protects employees and discriminatory conduct or omissions are set out by Government legislation. There are specific concepts of discrimination, which make it clear what is unlawful. These are:

- Direct discrimination
- Discrimination by association
- Perception discrimination
- Indirect discrimination
- Harassment
- Third party harassment
- Victimisation

Whilst these concepts may appear technical, it is of importance since we may incur liability if you, in the scope of duties entrusted to you, act in a way that is discriminatory or is harassing or victimizing a person or a particular group of people.

Direct Discrimination

This is where an individual is treated less favourably than another because they have a protected characteristic. It is direct discrimination as you would not have treated a person who did not possess that characteristic in the same way. An example would be promoting a man to a supervisory job when a woman is apparently better suited or preventing a person from receiving job training when others without that characteristic are allowed to do it.

Discrimination by Association

Discrimination by association is direct discrimination against someone because they associate with another person who possesses a protected characteristic.

Perception Discrimination

Perception discrimination is direct discrimination against an individual because others think they possess a protected characteristic regardless of whether or not the person actually does possess that characteristic.

Indirect Discrimination

Indirect discrimination occurs when a condition, rule, policy or practice is applied which puts a person at a particular disadvantage when compared to other persons. If this condition, rule,

policy or practice has a disproportionate effect on a person or a particular group of people it will be indirect discrimination. An example is if a dress code does not allow employees to wear hats or scarves in the office it would be indirectly discriminating against Sikh men or Muslim women who wear turbans or hijabs.

Indirect discrimination can only be justified if the condition, rule, policy or practice is a proportionate means of achieving a legitimate aim. Circumstances where this will apply will be very rare. If you think that any discrimination could be justified you must check with your Line Manager before any steps are taken. Failure to do so may result in disciplinary action.

Harassment

You would be submitting another person to harassment if you engage in unwanted conduct relating to a relevant protected characteristic which has the purpose or effect of violating that person's dignity or creating an intimidating, hostile, degrading or offensive environment for that person. It does not matter whether or not this effect was intended by the person responsible for the conduct.

Harassment can also be behaviour that an individual finds offensive even if it is not directed at them and the complainant need not possess the relevant characteristic themselves.

Employees are also protected from harassment because of perception and association.

The Company does not tolerate any form of harassment, whether it be based upon any of the protected characteristics above or simply on grounds of personality. If you feel that you are the victim of harassment you should follow the provisions of the harassment policy set out below. This explains the steps that the Company will take in relation to complaints of harassment.

Please note that we will regard harassment as including any of the following. This is not an exhaustive list:

Sexual or racial banter or banter related to disability, religious beliefs or sexual orientation. This should be avoided at all times;

The display of any material that has sexual or racist connotation or is related to disability, religious beliefs or sexual orientation. This includes posters, post cards etc;

Verbal or non-verbal conduct or other behaviour that is directed to someone because of their disability (or a protected characteristic) and which could affect the dignity of the individual in the workplace. By way of example: comments about an individual's ability to carry out the job because of disability may amount to harassment.

It should be noted that any of the above committed outside the workplace or outside working hours will be regarded by the Company as harassment if it affects the working environment. A single act or incident can amount to harassment.

Third Party Harassment

Third party harassment is where an employee is harassed and the harassment is related to a protected characteristic, by people (third-parties) who are not employees of the organisation, for example external trainers, staff contracted by BF Adventure or visitors to BF Adventure. BF Adventure are liable if the harassment has occurred on at least two previous occasions, we were aware that it has taken place and have not taken reasonable steps to prevent it from happening again.

Victimisation

This is treating a person less favourably because he or she has made or supported a complaint or raised a grievance under the Equality Act; or because they are suspected of doing so. The Company will not tolerate victimisation.

Harassment procedure

Stage 1: Informal Procedures

In the first instance, the recipient of conduct that is considered by the employee to amount to harassment may seek to resolve the complaint on an informal basis. This may involve three stages:

If you consider that you are the recipient of such conduct you may prefer to resolve the matter by speaking to the individual concerned and pointing out that the conduct is not acceptable because it is unwanted and is interfering with the working environment. This is acceptable to the Company but you should not feel that this step must be taken if you feel uncomfortable about speaking to the harasser.

You may seek confidential advice from your Line Manager. Any advice will be confidential and will not be reported to anyone in the Company without your consent.

You may take the matter up with your Line Manager or if you prefer and an informal meeting can be arranged between yourself and the individual about whom you have a complaint at which an attempt may be made to resolve matters. Alternatively, the individual may be approached and informal discussions held if you request.

No disciplinary action will arise at this stage as this is intended to be an informal procedure which will enable you to resolve the matter without any further action by the Company.

However, if you consider that a criminal offence has been committed (i.e., assault or a sexual offence) you should seek the assistance of your Line Manager, to make a formal complaint to the police. Where a serious criminal offence is alleged your Line Manager, will discuss with you whether reconsideration should be given to a report to the police.

You may be offered compassionate paid leave in certain circumstances or, if you feel that you need such leave, you should not hesitate to request it.

Stage 2: Formal Stages

If you have not been able to resolve matters on an informal basis or you consider the outcome to be unsatisfactory, you are entitled to make a formal complaint. The procedure that will be adopted is as follows:

You should make your formal complaint in the first instances to your Line Manager. This may initially be oral but you will be asked to put your complaint in writing so that the nature of the complaint is clear. It is recognized that the complaints may be sensitive and difficult to formulate and you should seek assistance from your Line Manager in formulating such complaint.

Investigation

The next stage will involve the investigation of your complaint. This will be carried out with sensitivity and with respect to you and the person against whom the complaint is made. The investigation will remain confidential and everyone who is interviewed will be told that they are not to discuss the matter with anyone and that breach of confidentiality is a disciplinary matter. The investigation will be carried out as follows: -

The investigation will be carried out as expeditiously as possible. It will be conducted by someone who is not connected with any of the allegations and who is at least a grade above the person against whom the complaint is made;

The investigator will carry out the investigation as he considers most appropriate. This is likely to involve interviewing all concerned. Anyone who is interviewed will be permitted to be accompanied by a friend, colleague or trade union representative;

Notes will be taken of the interviews and those interviewed will receive copies to ensure that they agree with the notes. The investigator will concentrate on the facts of the complaint and will avoid, wherever possible, embarrassing or intimate details. The complainant and harasser's witness statements will not be provided to any other party;

At all stages you will be kept informed of the progress of the investigation and are entitled to ask how the investigation is progressing.

During the investigation consideration will be given, wherever possible, to the complainant and harasser being kept apart at work. You will not be moved to any position that is detrimental to you or if you object to being moved. You are entitled to ask for compassionate leave but this will not be required of you.

The Decision

Once the investigating officer has carried out this investigation he will prepare a report. This will be submitted either to the Chief Executive or to a member of the Board of Directors who will decide whether the complaint has been conducted effectively. He/ she may wish to make further enquiries or hold a meeting in order to come to his/ her conclusion. A decision will normally be issued within 7 days of receipt of the investigator's report.

If you are not satisfied with the outcome of the investigation you have the right to appeal. This should be submitted in writing to the Chief Executive stating your full grounds of appeal.

The Sanctions

If the complaint is upheld, consideration will be given to the wishes of the complainant as to what should be done. This may involve:

Moving the harasser to another post. It should be noted that the question of disciplinary action against the harasser is a separate matter.

If the complainant so wishes, moving him/her to a different place or post. The complainant will be not required to move if this is not acceptable.

The complainant may be given leave or financial assistance to enable the complainant to recover from the effect of the harassment.

If the complaint is not upheld, because there is insufficient evidence, and the parties cannot work together consideration may still be given to any steps that can be taken to resolve the situation.

Complaints that are malicious, known by the complainant to be unfounded or made in bad faith may result in disciplinary action.

As an Equal Opportunities Employer, the Company monitors and keeps records of any complaints to ensure that harassment is being dealt with effectively and eradicated from the workplace.

Last update: May 2024

Updated by: Adrian Richards

Policy Owner: Adrian Richards

To be reviewed by: March 2025

14. Equality and Diversity Policy (Service Users)

As part of the commitment made by BF Adventure to Equality of Opportunity and Diversity we have adopted a policy statement relating to service users to support our equal opportunity and diversity policy, as an addition to employment practices and procedures.

Equal Opportunity and Diversity Policy

BF Adventure is committed to eliminating discrimination and encouraging diversity amongst our staff, volunteers and service users.

Our aim is that all users of our service will be representative of all sections of society and each team member and service user feels respected and able to give their best. The purpose of this policy is to provide equality and fairness for all who use our service and not to discriminate on grounds of:

- Gender
- Marriage & Civil Partnership
- Race
- Disability
- Sexual orientation
- Religion or Belief
- Age
- Gender reassignment
- Pregnancy & Maternity

BF Adventure opposes all forms of unlawful and unfair discrimination.

All service users will be treated fairly and with respect. Everyone will be helped and encouraged to develop their full potential and the talents and resources of the team will be fully utilised to maximise the individuals' time with us.

Our Commitment

- To create an environment in which individual differences and the contributions of each individual are recognised and valued.
- Every service user is entitled to an environment that promotes dignity and respect to all. To that end no form of intimidation, bullying or harassment will be tolerated.
- We will regularly review all our equality and diversity practices and procedures to ensure fairness for all.
- Breaches of our equality policy will be taken very seriously and followed up appropriately by the management team.
- This policy is fully supported by the whole BF Adventure team.

The following statement forms part of the service users' induction (incorporated in 'The Deal')

Equal Opportunities and Diversity Statement

What does it mean for me?

- Equality means treating people the same, even if they come from different backgrounds.
- Diversity is about recognising people are different and respecting these values and differences.

So, while you are at BF Adventure you can be sure we will support everyone to achieve and reach their potential.

What you can expect from us:

- Listen to, value and respond to your views and ideas.
- Treat you fairly and with respect.
- Support you to reach your potential.
- Give information, advice and guidance when appropriate.

What we expect from you:

- Treat staff and peers fairly and with respect.
- Turn up open minded and willing to take part in activities.
- Listen and respond to policies and instructions from staff.
- Ask for help if you need it.

If you think you are not being treated equally or fairly please speak to your instructor or another member of the team.

Last update: May 2024

Updated by: Adrian Richards

Policy Owner: Adrian Richards

To be reviewed by: March 2025

15. Freelance Instructors

The use of freelancers at BFA is intended to offer support in busy time or to cover sickness.

Freelance instructors are permitted to operate at BF Adventure and Via Ferrata Cornwall as long as they meet the following criteria:

1. They agree to operate following all normal operating policies and procedures (NOP)
2. They are suitably qualified and experienced in line with NOP
3. Qualifications are checked and are valid and stored
4. CPD is checked and they are current. This can be done by questioning, CV, log books or by calling references as necessary.
5. Before they are deployed without supervision they have had an observation to verify their competence
6. Any personal equipment meets standards set by BFA and the manufacture
7. All work is invoiced post event at the following rates of pay:
 - a. Full day, 8 hours - £150
 - b. Half day, 4 hours - £80
 - c. Travel, negotiated

Last update: January 2024

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed by: 12 months from last update

16. ICT Policy

Introduction

BF Adventure recognises that Information and Communication Technology is a key aid to learning and the effective running of the organisation. Computers can be used to acquire, organise, store, manipulate, interpret, communicate and present information. For our clients, it is an integral part of the National Curriculum and a key skill for everyday life. BF Adventure recognises that its staff and clients should have access to quality hardware and software, and a structured and progressive approach to the learning of the skills needed to enable them to use it effectively.

Organisation and Provision

BF Adventure believes that progress in ICT is promoted through regular access and use of technology relevant to tasks, coupled with targeted training.

ICT network infrastructure and equipment has been sited so that:

- Each staff member has password protected access to either a desktop PC or a laptop.
- A client computer room is available with specific intention of enabling individual clients or groups access to a dedicated internet capable PC in a supervised environment. This room will:
 - Have up to 6 desktops PC's
 - Have a dedicated printer.
 - Access to the internet will be controlled to ensure that no inappropriate material can either be viewed or downloaded. An instructor will be present at all times.
 - Have restricted access to the BFA server so that confidential documents cannot be accessed.
- BFA will maintain at least 1 working lap top for working away from site and that can be used for presentation purposes. This will:
 - Contain password protected profiles limiting access to authorised members of staff
 - Have limited and restricted access that must be authorised by the ICT manager

The ICT manager and/ centre manager will maintain records of all staff user names and passwords securely and also maintain access to the system as administrators.

Equal Opportunities

All staff and clients, regardless of gender and ability, will have equal access to the ICT curriculum and will have the opportunity to make the most of their own potential, within this field.

Management and Responsibilities

ICT manager – this will be the CEO, who will work closely with Centre Manager and IT support company Datasharp to ensure best fit of hardware and software to both BF Adventure staff and client needs. The CEO will have overall responsibility for the systems.

The centre manager and/or Datasharp will have Day to day responsibility for maintaining ICT systems. Any problems should be reported immediately to the centre manager.

Staff Training

The ICT manager will assess and address staff training needs as part of their annual development plan process or in response to individual needs and requests throughout the year.

Staff should take some responsibility for their own development and ensure that specific training needs are discussed during annual and interim appraisals but also at any time throughout the year when relevant.

Health and Safety

BF Adventure is aware of the Health and Safety issues involved in use of ICT and follows the recommendations of the Health and Safety Executive on display screen equipment. Staff who use VDU's regularly for periods of an hour or more are entitled to free VDU eye tests.

Data Protection and Safeguarding

- A central log of IT equipment will be maintained by the Centre Manager.
- Network passwords are required to be 'strong' and will need to be changed every 3 months.
- Sensitive documents and data stored on the BF Adventure server will have access restricted by password, or limiting network permissions. This information will only be accessible to staff dependent on need.
- Laptop computers may be taken offsite by users but must be securely carried in vehicles and out of sight of passers-by so as not to encourage or make easy, opportunistic theft.
- Any data contained on hard disc drives, memory sticks or other hardware must be transported in a secure manner and password protected and only as a temporary means of moving data.
- It is not acceptable to store client or company data on personal external hard drives, personal cloud storage, or other portable storage devices.
- It is the responsibility of the user to ensure that all such data is properly protected at all times and failure to observe this requirement may result in disciplinary action.
- In conjunction with our IT support provider, the Centre Manager will be responsible for regularly updating anti-virus software.
- No discs from outside BF Adventure should be allowed in machines without permission from the ICT manager.
- Social network sites:
 - Staff associated to BF Adventure should ensure their social network sites have the privacy settings set so only friends can view the content of their profiles.
 - Social network sites can only be used during sessions if there is an educational benefit and permission must be granted by a manager.
 - The social network site's terms and conditions must be adhered to at all time including age restrictions.
- Third party agencies used to provide IT support need to provide assurances and suitable evidence that their safeguarding procedures are robust to ensure the safety of BF Adventure and its service users.
- Any equipment that stores data will have its memory securely erased or be destroyed before disposal by BF Adventure.

Cloud Services

BF Adventure use a number of cloud-based services including Office 365, Podio, Xero and Cinolla. These systems enable greater working flexibility, allowing access to information from away from the BF Adventure site. Users of these systems must take responsibility for the data they access, ensuring passwords are kept secure, PC's are locked and password protected and ensuring any files downloaded are only saved within the Office 365 environment.

On-going Management

At each annual policy review, any weaknesses and failings will be identified and an action plan created with clear timescales and responsibilities for resolution. This will be the responsibility of the policy owner.

Last Update: May 24

Updated by: Adrian Richards

Policy Owner: Adrian Richards

To be reviewed by: March 25

17. Mileage and Expenses Payments

Valid from 1st June 2013- Version 1.0

Wherever possible BF's small minibus should be used for travel to meetings/engagements on BF's behalf. If you are not able to use the minibus you may be able to claim travel expenses as outlined below.

If you need to travel to a meeting or engagement, away from Goodygrane, on behalf of BF you are entitled to claim a payment to cover your motoring expenses. You can only claim payment for journeys to a destination other than your designated place of work. If the journey is voluntary but related to BF (to non-mandatory training or a fundraising event for example) please check to see if you are entitled to claim for expenses. All expenses must be approved by your line manager. The rates paid are set by HMRC and reviewed by them on a regular basis. If there is a chance you will claim for over 10,000 miles per year you need to record the number of miles you claim each month, the rate for each mile over 10,000 is less.

From 1 st June 2013	Up to 10,000	Over 10,000
Cars and vans	45p	25p
Motor cycles	24p	24p
Bicycles	20p	20p

If you choose to cycle you can claim the bicycle rate. Due to BF's remote location this should only be used within the local area and should be weighed up against the additional time taken to get to a meeting. Currently this will be left to staff discretion but this policy will be reviewed.

These rates are valid for travel from 1st June 2013 until further notice.

Meetings en-route to/from home

If you attend a meeting on your way to/from work you are allowed to claim for the miles over and above your usual home/work journey. For example, if you attend a meeting in Helston on your way home to Redruth your usual journey is around 9 miles. The journey, via Helston is 18 miles, you would be able to make a claim for the additional 9 miles travelled because you attended the meeting but not the miles of your standard journey.

Claim Forms

All claims need to include any relevant locations you are claiming mileage to/from, and the total number of miles claimed. The claim must also state the programme the expense should be charged to (if applicable), or admin if it is a general BF Adventure expense. All forms must be signed by the staff member making the claim and approved by your line manager. A fully approved claim form will be paid direct into your bank account on the next payment run, payment runs are normally run once a week.

Other Expenses

Wherever possible all payments should be made by BF direct to suppliers via invoicing, this allows for proper controls and cash flow planning. Where this is not possible and you have to

pay for goods or incur expenses on behalf of BF you can reclaim them. You must attach a receipt to your claim form, provide full details of the expense and reason. The form needs to be signed by you and approved by your line manager.

Petty Cash

Small value expenses can be claimed through petty cash, this does not include staff mileage claims as the total number of miles needs to be properly monitored. You can take a small cash advance from petty cash to cover expenses if the cost is pre-planned.

Volunteer Expenses

Volunteers can claim expenses for their mileage from home to BF. Start and finish locations must be noted on the claim form as well as the programme you are asked to assist with (or admin/maintenance). The maximum claim per day for volunteer mileage is £11.50. Volunteers can claim their expenses from petty cash regardless of the amount as there is a separate float available for this.

Claims and Forms

In the first instance mileage claims should be submitted via the Breath HR system, alternatively expenses claim forms can be found in the blank forms folder in reception, on the company drive ([Company/Delivery Folder/BFA Policies/Expenses Form](#)) or on the intranet. Please use only this form to submit an expenses claim, if you don't your claim will be returned to you.

Last update: May 24

Updated by: Adrian Richards

Policy owner: Adrian Richards

To be reviewed by: March 2025

18. Lone Worker Policy

Introduction

BF Adventure will ensure, as far as is reasonably practicable, that employees who are required to work alone or unsupervised for significant periods of time are protected from risks related to this or that the risks are adequately mitigated.

Particular consideration will be given to:

- The nature of the risks and the effectiveness of mitigation
- The remoteness or isolation of the workplace
- Problems of communication
- Violence or criminal activity from other persons
- The nature of any injury
- An anticipated 'worst case' scenario

Information and Training

1. Staff will be given information, instruction and supervision to enable them to recognise the hazards and appreciate the risks involved with working alone.
2. Staff are required to follow the safe working procedures devised which will include the provision of first aid, communication and emergency procedures.

Summary Policy Statements

Working alone is not illegal, but it can bring additional risks to a work activity. Apart from the employees and volunteers being sure that they are capable of doing the job on their own, the most important things to be certain of are that:

- The lone worker has full knowledge of the hazards and risks to which they are being exposed
- The lone worker knows what to do if something goes wrong
- Someone else knows the whereabouts of a lone worker and what they are doing

Health and Safety Out of Hours and Home Visit Procedure Introduction

BF Adventure has a responsibility and is committed to the health, safety and welfare of the employees and volunteers. Consequently, it has established a procedure to ensure the safety of any member of the team that is not accompanied by another professional person.

As an employee or volunteer of BF Adventure, you have a duty to comply with the out of hours procedure set out below.

Procedure

If you are working with a young person out of normal working hours (Monday – Friday 8.30am – 4.30pm), or are visiting their home and are not accompanied by another professional person, you must undertake the following steps:

1. Inform your line manager of the details of your appointment as listed below by either speaking to them in person (which is preferable) or emailing them.

- Name of client
- Client's address (or other venue)
- Telephone number
- Time of the appointment and the anticipated finish time
- Your mobile phone number

2. At the end of the appointment, you must telephone your line manager to advise them of this and confirm that you have left the client's home or venue.

3. If you have not contacted the manager within fifteen minutes from the previously advised finish time of the appointment, they will try to contact you on your mobile phone in the first instance. If there is no reply, then the manager will endeavour to contact you on your home telephone number to ascertain whether you have arrived home safely and forgotten to make contact.

4. If there is no reply from your home telephone number or the person at home has not heard from you, the manager will contact the client where possible to check whether you are still there. If not, the manager will inform the Police and the person you have nominated as your emergency contact accordingly.

Visiting a client in their own home must only be arranged if there is no suitable alternative and with the proviso that a parent/carer or another professional is present at the visit. The member of staff must remain alert to potential risks to themselves, (including the presence of dangerous pets, drugs paraphernalia, potential for violence) and must end the visit if they consider themselves to be at risk. This decision should be discussed retrospectively with the appropriate Co-ordinator or Line Manager. In the event of a home visit that raises concerns about the safety of a child, young person or vulnerable adult, the Safeguarding Policy must be followed.

BF Adventure Staff Working on Weekends

During weekends there is a limited support structure in place on site due to the working hours of the majority of the staff. The risks are increased during activities such as setting up, delivery and packing down; staff are more vulnerable should they have an accident with regard to immediately seeking support, raising the alarm and obtaining medical treatment.

When working at weekends the following procedures must be followed:

- 2 staff should always be present
- Both members of staff are to carry mobile phones and radios at all times
- The weekend plan checked by a suitable manager / coordinator and staff made aware before the weekend
- If a member of staff arrives unfit to work the second worker should phone a manager for support and advice
- If a member of staff does not arrive for work as expected then a call to a manager should be placed to allow for the problem to be solved

Last update: 12/01/2024

Updated by: El Warren

Policy owner: El Warren

Previous version: 25/01/2023

To be reviewed by: February 2025

19. Legionnaires' Policy

Policy statement

BF adventure is committed to the preventing the spread of Legionnaires ' disease to staff and visitors by setting in place procedures that are proportionate and satisfactory to the charities provision.

Responsibilities

The overall safety of the site is the responsibility of the Centre Manager with specific responsibilities for management and implementation of this policy and procures sitting with the maintenance Coordinator.

Competence

Need text...

Potential sources of Risk

Schematic of BF Adventure Hot and cold water systems is available on SharePoint using this link:

<https://bfadventure.sharepoint.com/:w:/s/teamportal/ETv-O-Igd4FPkLQsixTa7iIBt5LZqdqDBF7oYZUZxUjYcg?e=0fe518a95d324ce28406b3f7b3a37d14>

Risk Assessment

Hazards

- Boilers
- Small undercounter heaters
- Shower heads
- Electric showers
- Hot taps and hot water systems
- Cold taps and cold water systems
- Hose pipes
- Community kitchen external water storage
- Bore hole storage tanks
- Community kitchen toilet water storage tanks (4 in attic)

Risk	Who it affects	How is this controlled?
Boilers, small under counter heaters, hot taps		
Water not heated properly leading to legionnaires	All users	<ul style="list-style-type: none"> • Water heated to at least 60°C, tested at tap outlet • Tested monthly when in use at the sentinel tap (see TBC)
Water stagnating leading to legionnaires	All users	<ul style="list-style-type: none"> • Water flushed weekly in low use areas (the volume of the water tank is over a 24 hour period is not completely used)

		<ul style="list-style-type: none"> High use area flushed annually (systems that use more than the boiler storage capacity) Annual tests are carried out by Cornwall council as we have a bore hole and test for legionnaires
Shower heads		
Stagnating water leading to legionnaires though airborne means of spreadable breathable droplets	All users	<ul style="list-style-type: none"> Showed heads cleaned quarterly when in use
Electric showers		
Stagnating water leading to legionnaires	All users	<ul style="list-style-type: none"> Instantaneous electric showers pose less of a risk as they are cold water-fed and heat only small volumes of water during operation No flushing or testing required
Cold water storage and taps		
Stagnating water leading to legionnaires	All users	<ul style="list-style-type: none"> Ensure water does not stagnate by making sure connecting tanks are linked Ensuring tanks are not too large and as a rule of thumb carry supply suitable for a typical days use Maintain temperature of less than 20°C Temperature tested and recorded on cold water sentential taps (see TBC) monthly after 2 minutes of flushing, logged Ensure secure lid to prevent debris and pests from ingress Tanks clean annually, logged Visually inspect weekly, logged
Sources of external contamination (sludge, rust, scale, algae, other organic matter and biofilms)	All users	<ul style="list-style-type: none"> Tight fitting lids and containers on all tanks [TBC top CKAB tanks] UV and partial filters at the bore hole shed and Community kitchen Amenity block Visual inspection
Hose pipes		
Stagnating water leading to legionnaires	All users	<ul style="list-style-type: none"> Non return valves on all hope pipes or hose pipes disconnected Hoses flushed through monthly
Text title risk		
		<ul style="list-style-type: none">
Text title risk		

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Locations of hot water systems and sentential taps

Location	Hot water storage and heating	Hot water outlet	Sentential tap for testing
Hub kitchens	2 x small heating washing units	<ul style="list-style-type: none"> At heater unit 2 x mixer taps 	<ul style="list-style-type: none"> Heating unit on the right side of the building The hand wash basin
Community kitchen toilets and showers	2 x boilers	<ul style="list-style-type: none"> 5 x hot water taps 3 x showers 	Accessible toilet hand washing basin
Campsite toilet block (cabin 9)	<ul style="list-style-type: none"> 3 x individual electric heated showers units 1 x boiler 	<ul style="list-style-type: none"> 3 x showers 4 x taps 	Left hand toilet cubicle hand wash basin
Community kitchen	Boiler	2 x taps	Hand wash basin
Cabin 8 toilets	2 x small heating washing units	Each unit	Each unit
Hub Toilets	1 x small on water heater for hand washing	4 x taps	Accessible toilet right side wash basin

Record keeping

1. Records will be managed and kept by the maintenance Coordinator, these will include:
 - a. What was checked
 - b. Who checked it
 - c. Actions carried out
 - d. Observations of abnormal, broken or malfunctioning systems are recorded and reported
 - e. Dates of checks

Reporting

1. Any incidents of Legionnaire's disease need to be reported to the Centre Manager using BF adventure incident reporting system immediately
2. This will then reported using the RIDDOR system to the local authority with 48 hours

Reviewed by: Tony Baker

Date: January 2024

Policy Owner Tony Baker

Review Date: 12 months from the above date

20. PPE Inspection Policy for Adventurous Activity equipment

Policy overview

BF Adventure uses PPE to safeguard its staff and users on a number of high and water-based activities. The below schedule, details:

1. When checks should take place
2. Who can carry out the checks
3. How the checks are being carried out
4. How they are being recorded

Key responsibilities

1. **Centre Manager** – has overall responsibility for PPE oversight and policy
2. **Managers** – Have responsibility for purchasing, monitoring and management of PPE in line with this policy including use of, training to staff, inspections and administration
3. **Delivery staff** – Have responsibility to complete daily checks, reports defects and isolate the equipment from use and inspect where trained

PPE for activities at height

For these activities, the standards set for PPE checking in the manufacture manual will be strictly followed fully

PPE for activities in water

For these activities, the standards set for PPE inspection laid out in the manufacture's manual will be followed with the exception of the retirement of PFD's as per the risk assessment below.

Risk assessment for PFD failing due to age and specifically, beyond the manufactures recommended life span

Hazard- PFD

Risk	Who this effect	Control Measures
The PFD failing to provide the minimum required floatation required the standard 50. ISO 12402-5 leading to drowning	Staff and customers	<ul style="list-style-type: none"> • PFD checked for defects before and after use by staff • Annual float tests, all PFD's must meet their floatation standard • 6 month inspections looking at the condition of the material, adjustment components and the quality of the foam though feeling. All aspects need to be fully functional and in good condition • Dry and dark storage with a humidity controlled environment with good ventilation • Cosmetic appearance must be of a good quality

Schedule for checking

Equipment	Pre use inspection	Daily	3 months	6 months	annually
Harness					

Helmet	These checks are carried out before its first. Checks are carried out by staff who have attended at least the BFA PPE checking course. These checks are logged.	Quick visual check looking obvious signs or damage and incorrect set up. These take place before and after use	Full check by staff who have attended a BFA PPE checking course. Checks are logged	Full check by staff who have attended a BFA PPE checking course. Checks are logged	Full check by PPE qualified staff Checks are logged
Fall protection (rope, connectors, descenders, pulleys etc)					
PFD		These are not checked and carried out by staff trained to delivery the activity in question	Not checked	Check by staff who trained to run watersports. Checks are logged	Checks and float test by trained staff. Checks are logged

Types of inspector

1. **Daily checks** – carried out by staff trained in that activity. This level of check makes up part of the staff training and looks for obvious defects including damage through improper storage, obvious abrasions, obvious contamination, poor configuration etc. These checks occur when selecting the equipment for the day and also when putting equipment away at the end of the day. The checks are quick checks and are not logged
2. **3 month checks** – these checks are carried out by people trained to check PPE. At BF Adventure, there is a 3 hour PPE checking course run by qualified PPE checkers. These checks are recorded
3. **Annual Checks** – These checks are carried out by staff who have a PPE checking qualification and are recorded

Purchasing of equipment

BF Adventure will only use approved and reputable providers, these are:

PPE for work at height: Lyon Equipment, Petzl, DMM, Aboris, Up and Under and ARC

PPE for watersports: Up and Under, Nookie, Palm, Peak, Wild Things

Quarantine equipment

Staff are all trained to isolate any equipment into the quarantine bins in the climbing and VF store if they suspect it is faulty or if they are not 100% confident it is usable.

Once in the bins, the equipment should be inspected using gear log where it can be set to "quarantine", notes and photos made of the suspected fault.

Once logged, a qualified PPE inspector should be notified by email to follow up with appropriate actions which again should be captured using the gear log app

Retired equipment

All equipment retired should be rendered unusable so it cannot find its way into circulation. This includes:

Harnesses – this will be cut up and stashed into 2 separate bins in a way they cannot be reassembled

Helmets – textile components cut and removed and the shell rendered unquestionably unusable

Connectors – must be rendered unusable by having the gates removed

PFD's – should be destroyed beyond a usable state

Equipment for training – should be labeled clearly as retired so they cannot accidentally find their way into normal circulation. Their serial number and or BF ID should remain intact so they can still be traced.

Use of personal PPE

Staff are able to use their own PPE at bf adventure as long as it meets the below criteria:

1. It is maintained in line with manufactures guidelines
2. Logs can be produced for checking in line with manufactures guidelines
3. Its is suitable for the task being asked of it
4. It meets BF PPE policy guidelines
5. Its looks in good and well maintained state

All PPE being brought in by staff should upon request submit the PPE for an inspection by a competent member of staff. If the equipment raises or any concerns or fails an inspection it must not be used at BF Adventure.

Reviewed by: Tony Baker

Date: January 2024

Policy Owner Tony Baker

Review Date: 12 months from the above date

21. Smoking Policy

Aims

BF Adventure aims to promote and advance healthy living and lifestyles to service users across our entire spectrum of provision and delivery. We understand and respect that some service users may rely on smoking and it is hoped that the following policy supports and provides guidance for them to reduce smoking enough to participate in activities at BF Adventure in a setting which aims to be completely “smoke free” for all.

This policy refers to all provision provided by BF Adventure and includes vaping

General

BF Adventure will promote itself as a healthy living site to all users.

1. Signs are placed at the entrance gate, receptions, in rooms and in toilets clearly displaying that we are a non-smoking site
2. Consequences will be agreed for all users specific to their individual needs - see below
3. If staff are handed tobacco by someone under the legal age for purchasing tobacco then instructors are not permitted to hand the tobacco back to the client.
4. Resources and support will be made available for the delivery team to assist with this policy
5. Service users will be supported by staff while at BF Adventure to reduce smoking with the aim of having no cigarettes while on provision and offered IAG about the facts around smoking
6. All agreed smoking plans should be managed discreetly away from the sight of other service users and where possible at designated times
7. Smoking offsite is actively discouraged by BF staff due to the nature of the small roads leading to and from BF Adventure.
8. Smoking during activities is strictly not allowed

Staff

9. Will be expected to promote and enforce the policy and report situations of smoking to a manager should they feel unable to deal with them. All smoking incidents that have been dealt with during the course of the day should be inserted into relevant daily reports, (if applicable)
10. Support will be made available through managers and team leaders to support with tension and disruption from noncompliant service users
11. Staff should not smoke during BF Adventure’s time of operation, more information this this can be found in the staff handbook

Day visits

12. Smoking will be discouraged for the duration of their visit, should it be necessary to allow the group to smoke this must take place out of site and at designated time. Consequences for not following an agreed plan could be:
13. **Consequences** for smoking on site:
 - 13.1. First instance- reminder of the rules and asked to stop smoking
 - 13.2. Second instance- individual(s) removed from sessions for the remainder of the day- no refunds (T and C)
 - 13.3. Third instance- whole group asked to stop activities and no refunds (T and C)

Core service users

14. Core service users will have bespoke arrangements for not smoking while at BF Adventure. This agreement will be made as part of the ‘BF Deal’ initial session and will support the young person towards smoking cessation.

Residential users

15. Behaviour plan

15.1. Before or at arrival, a discussion with their Lead Instructor / the Team leader / the Centre Manager / Booking Coordinator / Duty Manager should place and agree a behaviour plan. The plan should support the policy statement about promoting positive health and its aims to becoming a smoke free site. Plans can include:

15.1.1. Designated time and places for smoking

15.1.2. an agreed reduction in smoking over the course of the residential

16. Consequences for not following the Behaviour plan

16.1. First instance- reminder of the rules and asked to stop smoking

16.2. If refuses to stop smoking or second instance – removed from activity session and Group Lead to provide supervision

16.3. Third instance- individuals removed from sessions for the remainder of the day and Group Lead to provide supervision- no refunds (T and C)

16.4. Fourth instance- individual asked leave site at the groups expense- see terms and conditions

17. If visiting groups wish to smoke off site (outside of BF Adventure provision) then this is a controlled practice led and supervised by visiting Group Leader, with BF Adventure being informed. BF Adventure does not recommend this strategy and advises that the lane or any wooded area is not to be used for this due to safety reasons.

Public Campers

18. Public campers will be made aware of the smoking policy though the booking process

Last update: February 2023
Updated by: Tony Baker
To be reviewed by: 12 months from the above date
To be reviewed by: Tony Baker

22. Staff Personal Use of Equipment and Site Facilities

The aim is to ensure consistent and fair treatment for all in the organisation by keeping access and use of BF Adventure equipment and facilities equitable across the organisation.

Safety & Security:

- **Personal safety** - Staff must ensure they only engage in activities on site that they are competent in based on their experience, skills training and qualifications unless express permission from the centre manager has been granted. All standard operating procedures MUST be adhered to. When borrowing equipment off site they assume all responsibility for the safety of themselves and others they are with.
- **Equipment** – Staff member assumes full responsibility for the equipment and must ensure it is fit for purpose and operated according to standard operating procedure. Any potentially dangerous equipment (including sharps) must be securely stored and not accessible to any clients upon site.
- **Breakages** -When staff borrow equipment, it is borrowed on a “break it and pay for it” understanding. If staff do not have the capability to pay for the equipment to be repaired or replaced then they should consider not using the equipment in the first place. All damages must be reported immediately to the centre manager by email.
- **Open Fires** – These are only permissible within designated areas and residents must provide their own timber supplies and must not utilise any from the site including wind fall etc which would deplete the natural resources of the site. Fires should be of a manageable size with flames no higher than waist height in suitable locations such as the fire pit.
- **Guests on site** – All guests coming onto site must be reported to the centre or Duty manager in advance of their visit. All Normal Operating Procedures remain the same and any exceptions must be authorised by the centre manager.

Fair use and access to activities

- Staff are permitted to run activities for friends and family on site using equipment and facilities on the following conditions:
 - They gain permission from the centre manager or CEO
 - The session is being run by a qualified member of staff
 - Usage is reasonable, i.e. a couple of times a year
 - A small contribution is made towards fair wear and tear of equipment (to be defined by centre manager/CEO)
 - For VF and ZT sessions, staff are permitted 4 free places a year for friends and family to join in on commercially available sessions
 - For large parties and events staff are eligible to a discount. These are bespoke and should be authorised by the centre manager or CEO

Consumption of Alcohol

Small to moderate consumption of alcohol by the participants is permissible if appropriate during the course of a days programme. For example, a glass of alcohol with an evening meal that have evening activities following the meal would be acceptable for adults.

Participants arriving for activities can have consumed small amounts of alcohol prior to arrival on site BUT must be safe to take part in activities and as a rule of thumb, be under the drink drive limit.

Special events such as the Christmas party can be exceptions to the rule and this is to be decided by the management team in advance of these events.

Staff living on site or using the site for personal reasons, must always present themselves to the public in a professional manner. With this in mind, here are the rules for consuming alcohol and other substances

- Under no circumstances are staff or any guests / visitors / family members allowed to consume or use any substance that is illegal
- Staff consuming alcohol may only do so if this has no negative impact with other site users or day to day operations, this included but no limited to:
 - Inappropriate or unprofessional behaviour while under the influence
 - Inappropriate or unprofessional behaviour if becoming hung over the follow day(s)
 - Causing disruption to services and sessions
 - Leaving a mess
 - Creating too much noise

Illegal substances/drugs:

No consumption is permissible and anyone found in breach of this policy will be reported to the Police in line with standard procedure.

Last Update January 2024

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed by: 12 months from the above date

23. Substance Misuse Policy

Aim

To state BF Adventure's position with regard to service users and customers suspected to be under the influence of substances, including alcohol, whilst on site, or service users or customers who are suspected to have brought substances onto site.

Policy

Any Adventure Centre customer who has consumed or is reasonably suspected to have consumed or is believed to be in possession of any substance will be subject, at BF staff discretion, to any or all of the following:

- Refused access to the site including start of any planned activity or programme
- Removal from the activity and the site
- The name of the customer being given to any authority (see Data Protection Policy)
- Customer not able to return to BF for further events
- In some occasions BF staff may feel necessary and appropriate to contact the police

Any Core service user who has consumed or is reasonably suspected to have consumed or is believed to be in possession of any substance will be subject, at BF staff discretion, to any or all of the following:

- Refused access to the site including start of any planned activity or programme
- Removal from the activity
- Asked to hand over the substance to a member of staff. If it is illegal for the young person to have the substance then the substance will not be returned to the young person and may be disposed of through suitable means.
- Asked to provide personal belongings to be searched
- BF staff to deliver Information, Advice and Guidance including signposting opportunities
- BF staff contacting the referring organisation to discuss the situation
- The name of the client being given to any authority (see Data Protection Policy)
- Being removed from the site
- Ongoing incidents may lead to exclusion from BF provision
- In some circumstances BF staff may feel it necessary and appropriate to contact the police

Last update: 12/01/2024

Updated by: El Warren

Policy owner: El Warren

Previous version: 25/01/2023

To be reviewed by: February 2025

24. Sustainable Development Policy

Introduction

BF Adventure recognises the importance of sustainability which covers the following areas:

- Social (which includes Human Rights, Employment Rights and Governance)
- Environmental

BF Adventure acknowledges the impact of its own activities on the natural and local environment in which it operates.

BF Adventure is committed to an on-going programme of management and improvement so that its adverse impacts are limited and more positive impacts are developed.

Human Rights

BF Adventure is committed to eliminating discrimination and encouraging diversity amongst our staff, volunteers and service users.

BF Adventure has a stated policy on Equality and Diversity which is reviewed annually.

In order to support its aims, staff are fully briefed and are required to undertake interactive on-line training.

Employment Rights

BF Adventure will comply with all aspects of current legislation.

BF Adventure has a performance reporting framework which requires that all staff receive a full appraisal once a year, an interim appraisal and individual one to one discussions as and when necessary.

BF Adventure work standards are underpinned by established Staff Success Factors which are part of a performance review process.

Governance

Under direction of the Board of Trustees, BF Adventure operates a Governance Committee which consists of a minimum of 2 Trustees and the Chief Executive Officer.

Its aims are to ensure the Charity operates within the Charity Commission rules and Company Law and that its operations meet its charitable objectives.

The Governance Committee also undertakes periodic risk reviews and develops action plans to remove or reduce risks to the long-term future of the Charity.

Environment

Please refer to BF Adventure's Environmental Policy which can be found within Normal Operating Procedures.

Updated by: Adrian Richards

Policy owner: Adrian Richards

To be reviewed by: March 2025

25. Third Parties users

This policy is intended to ensure that third party users agree to a safe method of working when operating at BF Adventure, to ensure that any agreements and or contracts with service providers are not compromised, that where appropriate site procedures are understood and followed and that the reputation of BF is not compromised.

Example of third parties are but not limited to:

1. External companies employed by BF to provide provisions
2. External companies using and or hiring activity sites and or equipment for use with their own clients

The following conditions must be met before third parties are allowed to operate at BFA.

1. Insurance
 - a. Evidence of public liability Insurance cover must be provided
 - b. This must be at least 2 million
 - c. This must be in date and valid
 - d. A copy must be stored in the Third Party users file in SharePoint
2. Risk Assessments, operating procedures
 - a. Evidence of a safe working practice must be produced and checked
 - b. The CM or in their absence a senior manager must check this to ensure there are no contradictions with the BFA policies and procedures and where there are BFA policies and procedure take presidents unless otherwise negotiated.
 - c. These must be valid and in date
 - d. The quality must be assessed by the CM or in their absence a suitably experienced manager
 - e. Copies must be placed in the Third Party user file
3. Safeguarding
 - a. When working with BF Adventure's service users, a DBS check must be carried out in accordance with its Safeguarding procedures
 - b. When working with non BF Adventure clients, BF adventure expects that safeguarding procedures are set in place.
 - c. BF Adventure may request to seek evidence that this process has taken place
4. Schemes of work
 - a. Where appropriate, these should be checked
 - b. Copies must be placed in the third party user file
5. Qualifications and membership
 - a. Qualifications that are relevant should be checked
 - b. Where relevant, memberships should be checked
 - c. Copies must be placed in the third party user file
6. Service Level Agreement (SLA)Completed (annex A)
 - a. Agreement to operate to BFA policies (NOP and policy folder), an agreement statement is set into the SLA
 - b. Copies must be placed in the third party user file
 - c. Conflict of interest, these must be declared
 - d. Intellectual copyright
 - e. Confidentiality

Last update: January 2024

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed by: 12 months from the above date

Annex A

Service Level Agreement (SLA) for Third-Party Users

Company Name			
Contact Person			
telephone		email	
Address			
postcode			
activity / provision description <i>Please include activities you are providing, equipment you are borrowing and the outline of clients you intend to work with</i>			
Please read the following statements and sign to agree to abide by them when operating at BF Adventure.			Sign
I agree to abide by the policies and procedures at BF Adventure as laid out in the Normal Operating Procedures (section 3 and relevant sections only) and the policy hand book. Copies of which are available upon request. Where conflicts in procedures are present, agreed exceptions will be detailed on page 2 of this SLA			
I agree to maintain and update my risk assessments, schemes of work and lesson plans, insurance, relevant qualifications and memberships as agree at the start of SLA and provide updates copies to BF Adventure.			
I agree to declare to disclose any conflict of interest that may be present are declared at the earliest possible opportunity to the Centre manager			
I agree that any products or services provided by BF Adventure remain the property of BF Adventure and copying, duplicating and agree not use these services and products outside of BF Adventure with express permission from a senior manager			
I agree to submit DBS certificates / perform a new DBS check / provide evidence of a DBS check as requested by the Centre manager			
I agree to respect BF Adventure's clients and keep all information confidential and not share or discuss clients with outside agencies with the express permission from a manager.			
I agree that all bookings must be made in advance and permission granted by the relevant coordinator.			
office use only:			
insurance certificate			
risk assessments			
DBS			
SOW and Session plans			
quals and memberships			

Office use:
 Please outline any specific operating agreements that fall outside of BF Adventures normal working conditions

This SLA is valid from the dates below and is due for review in 5 years or at the request of the Centre manager.

Third Party Name			
Date		Sign	
Centre manager			
date		Sign	

26. Training Policy

Aim

The aim of this policy is:

1. to lay out expectations on trainers in terms to expected practice including preparation and administration
2. to set consistent standards of training and assessments for trainers
3. ensure that standards of delivery expectations are in line with NOP and consistent among the trainers

General training

BF offer a range of training, choosing an appropriate method of training should reflect the subject being taught. Factors that determine the delivery method include:

1. complexity of skills
2. volume of content knowledge
3. Risk level
4. Assessment type

Methods of training

As a guide, training can fall into these areas but other factors may alter this.

	Low skills complexity and or small content knowledge	High skill complexity and or large level of subject knowledge
Low risk level	Reading policies, viewing power points etc	Training with a built-in assessment
High risk level	Training, action plan and observed session	Training, consolidation and assessment (internal or external)

Trainers and Assessors

All trainers and assessors should:

1. Have a teaching and assessing qualification
2. Be sufficiently qualified and or experienced to run the training, this will need approval from the Centre Manager
3. Must attend a regular update sessions as per appendix 1

Competence

Staff delivering need to be suitability competent in order to do so this includes meeting these 4 criteria relevant to what is being trained / assessed.

Skills

- must be able to accurately demonstrate the training being taught
- should be able to select appropriate teaching styles relevant to the group

experience

- be able to provide a suitable history with the subject matter

training

- must be able to cascade down the training in a manner suitable to a variety of learners
- where appropriate has taken part in training for the matter ideally from an external source

qualifications

- where necessary, have qualification in the subject matter suitable for the activity being trained
- have a qualification for teaching

The above competence markers set out a broad minimum standard for all staff offering training at BF Adventure. The matrix below outlines the level of competence specific to the activity that are in addition to the 4 competence markers above.

Where staff are lacking in some areas on the 4 competence markers but excel in others, we can recognise prior learning (RPL) and make exceptions relevant and specific to the desired training. These must be risk assessment and permission granted from the centre manager.

Teaching

1. Reasonable adjustments should be made to meet learners needs
2. Significant adjustments should be consulted with the CM
3. Training should be varied of practical and theoretical
4. Additional tasks such as written tests, further reading, practice etc should be considered to enrich and check learning
5. Some training need staff to be physically competent and confident. Where these are the expectation, clear communicating and demonstration of the standards should be set early in the training or before the training takes place.

Preparation

1. All training should have a lesson plan in place before training starts, this should include:
 - a. NOP / policy points are covered
 - b. Identify the trainer, date
 - c. Capture attendees through a register with dates and signatures
 - d. Have space for feedback
2. Template session plans should be saved in team portal as well as any newly created ones
3. Have consideration to minimum and maximum numbers to ensure training is of sufficient quality
4. Have consideration to venue ensure adequate resources are available as identified in the lesson plan
5. Consider the environment weather
6. Learners, ensure they are aware and prepared for the training

Delivery

1. Register complete, ensure signatures and dates are captured
2. Session plan should be followed, any deviations noted on the lesson plan
3. A review should take place, this can be from the whole group but minimum is from the trainer
4. Time should be set aside that day to complete all administration

Assessments

By the nature of some of the training there is a need for competence and confidence to be demonstrated in order for the assessor to be confident that the trainee is fit for the task. Here are the range of possible assessments available for trainers:

1. **Consolidation** – for training that has a client facing role or a safety implication, its normal for a period of consolidation to take place before an assessment takes place. This consolidation varies depending on the learning. The default consolidating period is 3 sessions
2. **Summative** – these take place and measure the trainees against criteria laid out in the training manual. Trainees need to meet all the criteria in order to pass
3. **Formative** – these assessments occur during training or over a period of time
4. **Action planning** – where the assessor considers the candidate very close to the assessment target (i.e. had a bad group on assessment, failed a swim time etc.) or passes but feels further work would be beneficial (confidence issues) action plans can be set in place, these could include but are not limited to:
 - a. **Gather more experience** – logging more sessions before allowed to delivery solo
 - b. **Shadow a specific instructor** – fill in a skill or knowledge gap
 - c. **Complete a set task** – this could be swim practice, written test etc

Administration

1. All training to be uploaded to Cinolla against trainees' profiles promptly
2. Lesson plans should be uploaded to share point to the staff training records folder in Cinolla using this format: YYYY-MM-DD TRAINING STAFF INITIALS
3. All assessments should be uploaded in Cinolla against trainees' profiles promptly
4. Certificates and external training are managed and uploaded by line managers into the Cinolla profiles for the trainees

Last update: January 2024

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed by: 12 months from the above date

1. Appendix 1

Trainer prerequisites- Last update 8/12/23

Course	Experience and qualifications to train	Update Period	Experience and qualifications to assess	Update period	Current trainers and assessors
Climb	RCI	Annual internal CPD + 3 years update with MIA	MIA	Self managed	Trainers PC and TB Assessors Eddy young
Abseil	RCI	Annual internal CPD + 3 years update with MIA	MIA	Self managed	Trainers PC and TB Assessors Eddy young
Via ferrata	Signed off as a VF trainer	In line with activity update	Rescue – MIA Brief and operation - trainers	In line with activity update	Trainers – TB, AC, PC Rescue – EY Brief and op- TB, PC, AC
Zip wire	RCI with approval from technical expert	Annual retrain	RCI with approval from technical expert	Annual retrain	Trainers and assessors– TB, PC, GS
ADQ, LR, TR an problem solving	Approval from CM	Annual retrain	Approval from CM	Annual retrain	Train and assess: TB, PC, RST, BB, AJ, AK, SW
Catapult	Approval from CM	Annual retrain	Approval from CM	none	Train and assess: TB, PC, RST, GCR
Archery	Archery leader with internal training	Annual retrain	Archery leader with internal training	Annual retrain	Train and assess: TB, GCR
Raft building	BC coach with internal trainer training	Annual retrain	BC coach with internal trainer training	Annual retrain	Train and assess: TB
Paddle sport BC courses	BC courses by qualified providers	As per BC update policy			PSI-BB PSRC- BB, TB

Paddle sports Internal training	BC L2 coach + with internal training	Annual retrain	BC L2 coach + with internal training	Annual retrain	Train and assess: TB, RST
quarrysteering	Internal Training	Annual retrain	Internal Training	Annual retrain	Train and assess: TB, PC
Basic inductions	Line managers who have been trained	NA	Trainers	NA	Line managers

2. Vehicle Policy Background

BF Adventure is a not-for-profit registered Charity.

BF Adventure operates a small fleet of minibuses which are used to transport clients to and from agreed pick up points and to take them to agreed locations in order to undertake activities.

Its authorized drivers consist of paid staff and volunteers.

The Law Section 19 Permits

The Charity operates its minibuses under a Department for Transport, Transport Act 1985: Section 19 Standard Permits which allow:

- The Charity to make a charge on a cost cover only basis
- Drivers to be paid or unpaid volunteers
- Vehicles may only be used for charitable purposes and are not used for the general public

Who can drive?

Notwithstanding the following guidance, all staff require authorization to drive and compliance with these guidelines does not infer an automatic right.

Pre 1st January 1997 Licence Holders "Acquired Rights"

Car Licenses obtained before 1st January 1997: Any driver who obtained the entitlement to drive a car (Shown as 'Group A' [or B for automatics] on an old style licence or as 'Category B' and 'D1 not for hire or reward' on a new style licence) are legally permitted to drive a minibus or PCV provided the following are adhered to:

- They are aged 21 years or older (25 years for Citroen ESpace)
- The minibus has a maximum of 16 passenger seats
- The minibus is not being used for hire or reward
- Not allowed to drive abroad on a commercial basis
- If over 70, must pass PCV Medical
- All drivers MUST also satisfy BF Adventure's internal requirements – see points 18-40

Note: CPC Training

Drivers with acquired rights who operate minibuses are required to take Driver Certificate of Professional Competence (CPC) training every 5 years which is a minimum of 35 hours. As BF Adventure operates as a not-for-profit or commercial operator, we are exempt from this.

Post 1st January 1997 Licence Holders (DVLA leaflet INF 28, 7/12)

Car Licences obtained after 1st January 1997: Any driver who passed their category B car test after 1st January 1997 will not have D1 entitlement on their licence, however, they may still drive a minibus with up to 16 passenger seats provided they satisfy each & all of the following points:

1. They are driving on behalf of a non-commercial body for social purposes but not for hire or reward (unless operating under a permit)

2. They have held a car (category B) licence for at least 2 years and are aged 21 years or over (see point 14)
3. They are providing their service on a voluntary (unpaid) basis – **However Section 19 permits override and paid drivers are permitted to drive.**
4. The minibus maximum weight does not exceed 3500kg (or 4250kg if fitted with accessible equipment designed for the carriage of passengers with disabilities or wheelchair users)
5. They are not towing a trailer
6. They are only driving the minibus in the UK
7. All drivers MUST also satisfy BF Adventure's internal requirements – see points 19-33

These requirements are above and beyond those which regulate drivers who passed their car test prior to 1st January 1997 and so there are many more considerations to take into account for drivers that fall into this category.

Trailers

8. BF Adventure operates 2 trailers
 - a. Small trailer which weights <<KG>> and has no brakes
 - b. Large box trailer which weighs <<KG>> and has brakes
9. Staff with "inherited rights" are permitted to drive the large trailer (a trailer over 750KG) with any of the 17 seated mini buses (Vehicles over 3500KG MAM)
10. Staff who passed their driving test after 1st January 1997 can drive the small trailer using vehicles under 3500KG MAM
11. When using a trailer:
 - a. The appropriate licence plate must be displayed
 - b. Lights must be checked regularly and before each use

Booster Seat

12. Mini bus-BF Adventure does not have available booster seats for use in its mini bus fleet so is not required by law to have children under 153 CM or 12 years of age to use booster seats
13. Cars-Children under the age of 12 years or under 153 CM tall that are transported in planned activities including pick up and drops off in cars operated by BF Adventure staff are required to use booster seats
 - Children under the age of 12 or smaller than 153 CM are permitted to travel without the use of a booster seat in unplanned or short journeys

Insurance

The insurance requirements are a set of separate but essential criteria which **must be satisfied in addition to Licence holder requirements.**

14. Drivers must be over 21 (25years for Citroen ESpace)
15. **Driver under 21 must be advised in advance (please refer to point 2 above)** to the charity's insurance broker, Towergate Insurance in Falmouth (contact Andy Winnan 01326 213216; email andrew.winnan@towergate.co.uk)
16. Drivers over 25 do not need to be advised
17. Drivers must have had a full UK licence for at least 5 years or have had at least 1 year's minibus/MPV experience

BF Adventure Vehicles

Fixed Penalty Points and Convictions

18. Staff who have fixed penalty points and or driving convictions will need to have a risk assessment completed by a senior member of staff before being allowed to drive BF Adventure or personal vehicles for work related purposes
19. All staff who obtain new fixed penalty points and or convictions must declare these to the Centre Manager or another member of the SMT in their absence

Driver Training

20. The charity requires all of its drivers to undergo driver training
21. The preferred training is the Minibus Driver Awareness Scheme which promotes a nationally recognised standard for the assessment and training of minibus drivers.

Licence Review

22. Authorised drivers will be asked to produce for inspection their licences for annual inspection to ensure there are no endorsements which prejudice their authority to drive BF Adventure vehicles Any new endorsements accrued must be declared and an updated paper licence presented for inspection. A review process will be established.

Vehicle Maintenance

23. The Charity operates and maintains its vehicles on a 15-week inspection cycle through a local garage and its vehicles have a full service in accordance with the vehicle manufacturers recommendations but at least annually.

Reversing BF Adventure's Vehicles

24. All staff need to have a Banksman in place when reversing in BFA minibuses unless reversing into a parking space
25. Reversing needs to be slow and controlled
26. Reversing while on roads (for example to make way for a passing vehicle on narrow lanes) where unpractical / unavoidable is permitted in the in the interest of safety

Seating Positions

27. Where possible, service users are not permitted to sit in the front of any vehicles unless:
 - They are a group leader or a responsible adult
 - No available spaces behind the driver

- When using personal cars, it is more practical (car shape and or size) or safer to have the service user in the front
28. Where practical every measure should be made to position a second instructor / volunteer / group leader near the rear exit when using minibuses

Animals in Vehicles

29. All efforts should be made to ensure that at no times animals are to be transported in the vehicles. This will eliminate distraction and avoid cleaning the vehicles after its use.
30. Should it be necessary (part of activity) then dogs are allowed to be transported in the vehicles. In this situation the following must occur:
- Manager permission must be obtained at least 24 hours before the event is due to take place. It should be noted that when planning activities every effort should be made to inform a manager of this at the start of the term or when the service users initial activity plan is being produced
 - The vehicle will need to be cleaned after use to remove dirt and animal hair
 - Animals to be harnessed and managed so that they are of no risk to drivers or passengers whilst in transit

Luggage

31. All Luggage must be stored in such a manner as not to cause obstruction to exits and so it does not cause an obstruction to exiting the vehicle

Driving Time and Rest Periods

The transporting of service users at BF Adventure makes up part of an activity experience (i.e. moving service users to and from planned activities and picking up and dropping back service users from BF Adventure) and is not the product we offer. With this in mind, in a normal working day staff only drive locally and the total driving time is almost always under 4 hours per day.

Based on the information gained by MIDAS and the VOSA document PSV 375: Rules on Drivers Hours and Tachographs - PSVs in GB and Europe, we are exempt from the legislation provided. That said, BF Adventure have introduced a set of guidelines to ensure staff welfare and the safety of all passengers are taken into account.

32. Staff are required to take 15-minute break every 2 hours of driving (parked off the road and with the engine off)
33. Planned journeys over 2 hours will be staffed by 2 suitably qualified drivers where possible
34. Staff have the responsibility to inform the managers at BFA as early as possible (ideally in the planning stage of a programme) if they feel that they are unsafe to drive.
35. The working time policy will be adhered too in terms of work load and rest periods

Hiring / Loan of Vehicles to Other Organisations

From time to time BF Adventure will allow its vehicles to be used by other organisations on a "not for profit" premise, these will usually be charities or organisations associated to BF Adventure. In these circumstances BF Adventure will:

36. Make a per mile charge or a single one-off charge to cover running costs
37. Ensure that all drivers meet the requirements set out in this policy
38. Will ask the third party to sign a hire agreement that sets out terms and conditions to recover costs associated with repairing any damages incurred while on hire / loan

Parking Tickets / Fines

39. If parking tickets are given to any Charity or Personal vehicles whether or not they are being used for business purposes, the driver/keeper of the vehicle is to ensure that the Duty / Centre Manger is informed as soon as reasonably practicable.
40. All fines and tickets incurred will be the responsibility of driver and the driver will be liable to pay the fines promptly.

The Use of Personal Cars

41. Mileage and claim from miles being driven for work purposes – Staff can claim a per mile rate for miles driven for work purposes. This payment is intended to cover a significant contribution towards the running costs of the staff's personal vehicle. Please see the "Mileage and expense payments" Policy in this document for more information
42. Documentation – All staff who drive on company business whether they use a company vehicle or their own, will be required to produce the following annually or on request:
 - Driving Licence
 - Current MOT
 - Vehicle insurance certificate, covering business use.

All drivers will be deemed to have consented to permit their employer to contact the DVLA to check for any endorsements

Documents will be entered onto our HR system for record keeping and monitoring. Failure to produce the driving licence when requested may result in disciplinary action being taken.

43. Penalties and accidents – Employees are required to inform their line manager of any Road Traffic Accidents (RTA) involving Company vehicles or their own vehicle as soon as it is safe to do so, whether or not any damage is sustained to the vehicle. All employees must inform their line manager of any driving penalties either received or pending within 5 working days of notification.
44. Employee's responsibilities – Drivers of Vehicles used for company business must:
 - Comply with all traffic legislation when driving a vehicle
 - Ensure they hold a current driving licence for the class of vehicle they are driving
 - Immediately notify their supervisors or managers if their driving licence has been suspended or cancelled, or has had limitations or endorsement placed upon it
 - Be responsible and accountable for their actions when operating company vehicles
 - Not use a hand-held or hands-free mobile phone whilst driving
 - Not carry any unauthorised passengers when driving company vehicles
 - Regularly check the oil, water, brake fluid and tyre pressure of their own and company vehicles they regularly use, particularly before long journeys
 - Report any crashes and scrapes to the transport/fleet manager, including those which do not result in injury
 - Follow the accident procedure
 - Read any updates that the Company may periodically issue on road safety matters. These will include information on good practice as well as forthcoming legal changes which affect those who drive for work
 - Employees are also responsible for ensuring that they are physically fit to drive. Should this change, their line manager must be informed as soon as possible. In the event that medication is necessary, employees should check with their GP or pharmacist before driving, even for short distances

The following non-exhaustive list of actions will constitute gross misconduct and disciplinary action may be considered:

- Accumulated points suspension
- Driving whilst disqualified, or not correctly licensed
- Driving under the influence of drugs or alcohol
- Reckless or dangerous driving causing damage, death or injury

- Failing to stop after a crash
- Any actions which warrant suspension of a licence

45. Vehicles - Any employee driving their own vehicle must ensure that it is kept in a safe and roadworthy condition at all times. The management accept that employees may be without their vehicle when repairs are necessary to keep the vehicle in a safe and roadworthy condition. However, employees must give as much notice as possible so that alternative arrangements can be made.

Staff must maintain a clean and tidy vehicle.

46. Mobile Phones - Use of hand-held or hands-free mobile phones whilst driving is prohibited. The ban covers all work-related driving, including when using Company vehicles and employees' own vehicles. The Company do not provide employees with hands-free kits.

It is illegal to use a hand-held mobile phone while driving.

It is also an offence to "cause or permit" a driver to use a hand-held mobile phone while driving. Therefore, employers can be held liable as well as the individual driver if they require employees to use a hand-held phone while driving. It can be illegal to use a hands-free phone while driving. Depending upon the individual circumstances, drivers could be charged with "failing to have proper control of their vehicle". And in more serious cases, the use of any type of mobile phone could result in prosecution for careless or dangerous driving.

Drivers may only use a phone in a vehicle when it's parked in a safe place. This means the driver must pull over and stop in a safe place to answer or make a call.

47. Satellite navigation systems - Satellite Navigation Systems can be a useful tool for drivers; however, they can also be a dangerous distraction.

- All destinations should be entered while the vehicle is stationary in a safe place. All drivers should stop if it is necessary to take their eyes off the road to check routes
- They should be positioned so as not to impair vision. They should not be positioned where they are likely to cause injuries in the event of a collision
- All vehicle distractions should be kept to a minimum and it is the responsibility of the driver to ensure that they are not likely to be distracted

48. Drink and drugs including medicines – BF Adventure operates a zero-tolerance drink and drug driving policy. All employees are encouraged to report concerns about colleagues with regards to drink or drugs as soon as possible. This can be done anonymously if necessary. See Whistleblowing Policy.

Any driver taking prescription or over the counter medicines must ensure that they are still fit to drive. Many prescription / over the counter medicines can have a serious effect on the ability to concentrate and can contribute to accidents. Such medication may include cold remedies, some cough medicines, pain relief – especially those including opiates, and antidepressants which may cause muscle spasms.

Any driver who may be unfit to drive must inform their line manager immediately. They must not drive.

49. Parking tickets / fines - If parking tickets are given to any Charity or Personal vehicles whether or not they are being used for business purposes, the driver/keeper of the vehicle is to ensure that the Duty / Centre Manager is informed as soon as reasonably practicable.

All fines and tickets incurred will be the responsibility of driver and the driver will be liable to pay the fines promptly.

50. Journey planning - All appointments are scheduled to a realistic timetable and are planned to take into account the essential need for adequate rest periods. Any employee who feels that

their timetables/schedules are unrealistic and they need to take risks or break speed limits to complete them must voice their concerns with their line manager as soon as possible.

51. Severe weather - The Company recognises that severe weather particularly affects employees whose job involves driving and extra care must be taken when driving in severe weather conditions and more time must be allowed for journeys. Coordinators and managers will monitor weather conditions and will inform staff if there is a need to reschedule appointments if conditions become too dangerous for the drivers.

52. Vehicle maintenance - All drivers are required to carry out basic maintenance on the vehicle for which they are responsible. They should check oil, water, tyre pressures and windscreen washer fluid regularly.

53. Breakdown – Depending on Staff’s contractual obligation and the frequency in the use of their vehicle, there may be justification to have suitable breakdown cover in place. For staff who operate very local to BF and infrequently use their personal vehicle then breakdown cover is not required.

Please see your line manager for advice on this.

In the event of a breakdown:

- Make yourself and your passengers safe
 - If possible, avoid stopping in dangerous places such as roundabouts and corners
 - Switch on your hazard lights
 - If it is safe to do so, drop your speed, continue driving and try to pull off the road completely, or onto a straight section of road
 - If you have to stop on a road, display your emergency triangle at least 45 metres behind your vehicle (don’t do this on a motorway)
 - Do not attempt to fix your vehicle yourself by the roadside
 - Switch off your engine and wait in a safe place, away from traffic
- Call for help
 - Contact your breakdown and recovery service or BF Adventure Duty Manager to provide assistance and support
 - If possible, use the nearest emergency phone. On motorways, blue and white marker posts show the direction of the nearest phone. The phones connect directly to the police control centre and are numbered so that you can be easily located.
 - If using your mobile phone, refer to the new blue rectangular Driver Location Signs, which detail the road number (e.g. M1), direction of travel and precise location

54. Accident - If a vehicle being used on Company business is involved in an accident (RTA) the following steps are to be taken:

- Stop your vehicle in a safe location making sure you are not obstructing traffic
- DO NOT admit liability
- Ensure your own safety first
- Call the emergency services if anyone is injured or if property is damaged
- If the police attend the scene, note the reporting officer’s name, identity number and station
- Note information about the accident, exchange details with third parties including registration numbers/s of vehicles, names and addresses and take the names and contact details of witnesses
- Third parties are obliged to give you their name, the vehicle registration number and insurance details under section 170 of the Road Traffic Act 1988
- Give your information including name, address and company details
- If a camera is available, photograph the scene from different angles

- Take pictures of the vehicles involved and of the damage to your own and third -party vehicles/property
- Contact your line manager as soon as you are able

Reference Points

- PC Hartnell Devon and Cornwall Constabulary 29/11/11
- DVLA Information Leaflet INF28
- www.hants.gov.uk/minibusesforschools/minibuses-pemits.htm
- Brian Smith, Transport Contracts Manager, Volunteer Cornwall
- www.structured.co.uk/minibus/minibus-permits-section19.html
- UK Road Safety – ken Buchanan
- PSV 375 : Rules on Drivers Hours and Tachographs - PSVs in GB and Europe
- Driver CPC for lorry, bus and coach drivers <https://www.gov.uk/driver-certificate-of-professional-competence-cpc/overview>
- Towing with a car <https://www.gov.uk/towing-with-car/driving-licence-rules-and-what-you-can-tow>

Last update: February 2023

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed 12 months from the above date

3. Weapons Policy

Aim

To state BF Adventure's position with regard to customers and core service users suspected to be in possession of a weapon, or any implement that could be used as a weapon.

Definition

A weapon is defined as any instrument which could cause harm to the possessor or a third party.

Note:

1. Many items held by a customer or core service user in the normal course of BF Adventure activities could be construed or employed as weapons. It is for the instructor to assess the risk of allowing customers or core service users to have access to items that could be used as weapons and the point when reasonable access becomes unreasonable.
2. BF staff, at their discretion, should take positive action to remove from the customer or core service user and within the vicinity of the activity, items that could be used as weapons.
3. BF staff should not allow items that could clearly be used as weapons to be left around the site unsupervised, for example tools used during maintenance of activities. All such items should remain in the possession of the staff undertaking their duties and during any break from performing the task the items should remain with the staff member or be appropriately stored away.

Policy

BF Adventure will not tolerate possession of any weapon or item used as a weapon.

Any Activity Centre customer who has or is reasonably suspected to have in their possession a weapon or item that could be used as a weapon will be subject, at BF staff discretion, to any or all of the following:

- Asked to place the item in secure storage for the duration of their session, such as locking in the boot of their own vehicle
- If no personal secure storage is available to handover the item to a staff member for secure storage within BF
 - If this is an everyday item that has been removed purely for safety whilst on site this can be returned to the customer at the end of the session
 - If the item is clearly a weapon this cannot be returned to the customer and will be handed to the local Police station for later collection by the customer
- If the customer refuses to secure the item safely they may be refused access to the site including start of any planned activity or programme
- The name of the customer being given to any authority (see data protection policy)
- It is at the discretion of BF management whether a customer who does not comply with the policy is able to return to BF for further events
- In some occasions BF staff may feel it necessary and appropriate to contact the police

Any Core service user who has, or is reasonably suspected to have, in their possession a weapon or item that could be used as a weapon will be subject, at BF staff discretion, to any or all the following:

- Refused access to the site including start of any planned activity or programme
- Asked to hand over the weapon to a member of staff for secure storage (this item cannot then be returned to the core service user, see 'confiscated items' below)
- Asked to provide personal belongings to be searched for any concealed weapons
- BF staff to deliver Information, Advice and Guidance including signposting opportunities
- BF staff contacting the referring organisation

- The name of the client being given to any authority (see Data Protection Policy)
- Being removed from the site
- Ongoing incidents may lead to exclusion from BF Adventure provision
- In some occasions BF staff may feel necessary and appropriate to contact the police

In all circumstances a safeguarding or incident report form will be completed by the appropriate member of staff and shared with appropriate agencies.

Confiscated items

If a core service user voluntarily hands over a weapon or item deemed to be a weapon for secure storage, or has any such item confiscated, this item cannot be returned to the individual. Any staff returning such an item may be deemed as supplying the weapon.

Voluntarily handed over and confiscated items should be presented to the Programme Coordinator or Duty Manager for secure storage. The core service user should be informed, at the staff member's discretion that this item will not be returned to them by us.

The Programme Coordinator or Duty Manager, based on knowledge of individual circumstance of core service user, will contact either parent / legal guardian to advise of incident OR Police 101 number for further guidance. Based on discussion item may be returned to parent / legal guardian OR to local Police station for later collection by parent / legal guardian.

Last update: 12/01/2024

Updated by: El Warren

Policy Owner: El Warren

Previous version: 25/01/2023

To be reviewed by: February 2025

4. Whistle-blowing Policy

Policy Overview

This document has been written to comply with the '*Public Interest Disclosure Act 1998*', which was introduced to protect employees who "blow the whistle" about any wrongdoing.

Aim

This policy offers guidance to staff on the correct procedure for bringing to the attention of management any wrongdoing or suspected wrongdoing (to include safeguarding concerns) which they feel could affect the reputation of BF Adventure, other members of staff, visitors or any other organisation or persons connected with BF Adventure.

Policy

BF Adventure encourages all staff members, to keep their eyes open and to raise any concerns they [have](#) to both demonstrate and ensure good practice in all our activities.

Qualifying disclosures are disclosures of information where the worker reasonably believes that one or more of the following matters is either happening, has taken place, or is likely to happen in the future:

- A criminal offence
- The breach of a legal obligation
- A miscarriage of justice
- A danger to the health and safety of any individual
- Damage to the environment
- Deliberate attempt to conceal any of the above.

This policy outlines:

- a commitment to openness and good communications
- ways of raising concerns in the workplace
- support to those raising issues of concern
- that disciplinary action will be taken against anyone who makes malicious allegations

This procedure should not be confused with the **Grievance Procedure** or **Bullying & Harassment Procedure**. The procedure is not a channel for staff to raise matters in relation to their terms & conditions of employment.

Communications and Openness

Staff have a considerable contribution to make in the development of BF Adventure. Their contribution can be ensured by good communications throughout the organisation, enabling them to raise good ideas and concerns without fear or favour.

Raising Concerns Within the Workplace

Any employee who has a concern should raise it first with their line manager or if she/ he is not available, with the **Chief Executive Officer**.

BF Adventure management will support anyone who has reasonable suspicion that malpractice has occurred, is occurring, or is likely to occur. They will be assured confidentiality if they so request, and will be protected from reprisals.

Malicious Allegations

BF Adventure will be equally firm with those employees who make false allegations maliciously. They could leave themselves open to disciplinary action, and even dismissal depending on the circumstances.

Conclusion

BF Adventure hopes not to need to exercise this policy and will foster a relationship of trust with all staff.

Employees have a clear avenue to correct wrongdoing and thus justify the trust of clients and employees. BF Adventure promises to:

- respect confidentiality
- investigate thoroughly
- provide support, and protection, if necessary
- report back on the outcome of investigations and, if appropriate, on any resultant action that is proposed

Last update: May 24
Updated by: Adrian Richards
Policy Owner: Adrian Richards
To be reviewed March 2025

5. Work Experience Risk Assessment

This risk assessment works alongside our other policies and our Normal Operating procedures for activities. The aim of this risk assessment is to allow for specific adaptations to the age and maturity of children at secondary school with regards to safeguarding them while undertaking work experience at BF Adventure.

This policy

Hazards

- IT Equipment
- Machinery
- Manual Handling
- Fire
- Supervision
- Customers
- Vehicles
- Activities
- Safeguarding

Risk	Additional Control measures further to other policies and operating procedures
IT Equipment	
Injuries through improper use	<ul style="list-style-type: none"> • Young people are not expected to use IT equipment during their work placement.
Machinery	
Injuries from minor cuts to major bleeds through lack of experience and supervision on equipment such as lawn mowers, power drill etc	<ul style="list-style-type: none"> • Full risk assessment can be found in the maintenance risk assessment • Young people will not normally be asked to support in the operating of machinery • If asked to do so, full training and PPE must be provided and the young person must be directly supervised the whole time
Manual handling	
Manual handling related injuries due lift items not appropriate to their age and size	<ul style="list-style-type: none"> • Young people will be working along side a member of staff the whole time • Where lifting is required, this will be coordinated by a member of staff who has received manual handling training • Normal operations do not require any sort of lifting except where connected to an adventurous activity (e.g. moving a kayak from a rack to the water)
Fire	
Injuries and burns including death stemming from accidental fires	<ul style="list-style-type: none"> • Young people made aware of fire point • Full fire risk assessment in place • Supervision provided at all times • YP recorded in the "core diary" which will be used as a register
Supervision	

Becoming lost leading to distress and possible injuries	<ul style="list-style-type: none"> • Young people will be assigned an instructor at the start of the day. This can be an instructor for half a day or a series of staff throughout the day. • Staff will check in daily to see how they are getting on
Customers	
Negative interactions with customers leading to distress	<ul style="list-style-type: none"> • Young people always supervised • Customers are specifically managed by staff
Vehicles – see vehicle policy	
Activities	
Injuries to visiting groups due to lack of experience presented by work experience	<ul style="list-style-type: none"> • Work experience will only act as observers and helpers. Never will they be allowed to operate safety critical applications in any manner outside or NOP
Injuries to work experience though undertaking tasks without the maturity or skill set	<ul style="list-style-type: none"> • Normal operating Procedures apply to all work experience young people • Work experience will sit outside the normal activity ratios • Medical information and next of kin information captured and stored in their files before work experience starts • Acceptance of risk statement and medical form with parental consent to administer medication to be sought out before placement commences (see Annex ix)
safeguarding	
Befriending children of a similar age in a grooming scenario	<ul style="list-style-type: none"> • People on work experience specifically told not to make arrangements outside of BF with YP visiting BF • Becoming friends or contacts on any social media platform is forbidden • Any attempts from YP to make friends should be reported to the DSO immediately

Last update: Jan 2024

Updated by: Tony Baker

Policy Owner: Tony Baker

To be reviewed 12 months from the above date

6. Behaviour Management

This policy outlines what is considered to be best practice when dealing with incidents relating to challenging behaviour that may be expressed by children, young people and adults when in the care of BF Adventure. This is inclusive of times when sessions are being delivered on or off-site and when BF Adventure are facilitating transport to or from a place of education, home or a designated drop off that has been agreed, in advance, by a person or establishment that has the authority to act in loco-parentis.

Whilst this policy has primarily been written with BF Adventure's core services in mind it provides guidance and direction for dealing with instances of challenging behaviour regardless of service. There is additional guidance and advice provided in the Behavioural Management Training Manual.

Aims

The aim of this policy is to ensure that children, young people and adults with challenging behaviour are cared for in ways which are sensitive to their needs and to provide safeguards for staff charged with this responsibility. This includes policy and guidance on Restrictive Physical Intervention (RPI) contained within policy no. 27.

- To support a strategy for managing children, young people and adults with challenging behaviour which is consistent with the requirement of the law and the expectations of our staff team and stakeholders
- To promote positive behaviour in children, young people and adults to enable them to benefit from and enjoy their experience of being at BF Adventure
- To ensure that consequences are used appropriately and as part of a sound management strategy
- To ensure that the consequences and behaviour management systems utilised take into account the views, wishes and feelings of the children, young people whom are subject to them

Objectives

To promote the development of behaviour management strategies including the use of RPI, where challenging behaviour is a regular cause for concern.

- To reaffirm that, children, young people and adults with challenging behaviour are best supported by BF staff when there is a culture of information sharing with parents carers other agencies and professionals
- To support BF staff to work with children, young people and adults in a way that helps teach positive and more effective ways of coping with stress and anxiety
- To provide guidance to staff on the use of consequences to ensure they are applied fairly, consistently and support the individual's needs
- To ensure that all staff have access to training which underpins their approach in the effective management of children, young people and adults
- To ensure that the use of RPI is conducted as a last resort by trained staff and is of **Maximum care and Minimum force**
- To ensure that RPI is recorded in line with best practice and stakeholders are notified within time limits

Relationship Management

BF Staff have a responsibility to keep children, young people and adult's safe, so that they neither cause harm to others or themselves. Additionally, staff have the opportunity within their professional relationships to guide children, young people and adult's behaviour in ways which help them manage their own feelings as well as develop consideration for others.

Children, young people and adults bring their own values and behaviours to BF and staff play a key role in managing these. The rapport and relationships that are forged between staff and clients are key in addressing issues and supporting change. There are some guiding principles outlined in the Behaviour Management training manual.

Behavior Management

When managing challenging behaviour, it is important to understand the individual's needs, the situations which may trigger anxiety and what may help escalate their behaviour. At BF Adventure we can create a Safety Plan which can provide all known information about an individual in relation to managing their behaviour. It is recommended that this is undertaken for any individual that expresses themselves by challenging the people around them.

People are rarely spontaneously violent. Usually they go through a process of rising anger and aggression, which, if unchecked leads to an outburst. It is important therefore, that if staff are to avoid violent confrontations that they understand the "cycle of aggression" and are able to intervene appropriately in response to signs of mounting anxiety and agitation in children, young people and adults.

Staff need to recognise the early stages of a behavioural sequence that is likely to develop into a serious incident (if they do not intervene) and take the necessary steps to prevent further escalation.

Where there are signs of anxiety / agitation, staff should attempt to deal with the need, wherever possible. This is often different to the presenting behaviour and there are many de-escalation techniques that may be effective. Below are some suggestions which are detailed in the training manual but this is by no means a full and exhaustive list:

- a. **Managing the environment**
- b. **Giving warnings and reminders**
- c. **Praise**
- d. **Positive Options**
- e. **Kick Start:**
- f. **Redirection**
- g. **Proximity**
- h. **Planned ignore and positive attention**
- i. **Giving commands**
- j. **Time away (self-regulate)**

If these attempts to defuse and de-escalate the challenging behaviour are unsuccessful and there are signs of mounting anger and aggression, then it may be necessary for the staff responses toward the person to change. This is because as the level of anger rises people become less amenable to rational discussion.

In the face of maintaining agitation, moving towards anger and aggression, it is important that as a staff member we remain calm, allow the person more personal space and alert colleagues to the situation. If the person continues to behave aggressively it may be necessary to consider the use of physical interventions (See point 27.)

It is important in the face of mounting anger and aggression please see the training manual for guidance in this area.

The use of Consequences

Many people equate the use of consequence with punishment. This is a mistake and it is essential that staff bear in mind at all times that punishment has no place in the care of children, young people and adults. Rather, consequence should be seen as an aid to

promoting change in children and young people through confronting them with the consequences of their actions and providing an incentive to change their behaviour.

When consequences are used, staff need to ensure they are proportionate and appropriate to the behaviour under consideration and its circumstances. There should be a clear and logical link between action and consequence and relevant to the age and understanding of the child, young person or adult. Timely- applied as soon as appropriate after the unacceptable behaviour and within a timescale relevant to the service user. Consequence should not be disruptive to other service users and regularly reviewed for effectiveness.

Permissible Consequences

At BF Adventure we offer a challenge by choice ethos and work with our service users to co-produce their programme. Programmes can last for just a day or over a period of many weeks. People on programmes which last for a period of two weeks or more complete a "group agreement" or "The Journey of Change" (JOC) which helps to set boundaries and consequences:

- a. "The JOC" should be completed as close to the start of a programme as possible. This may be done on the second day of the programme if this is felt to be the best option by the lead instructor
- b. "The JOC" and "Group agreement" should be as co-produced as possible
- c. "The JOC" and "Group agreement" should be pitched at the individual's level of understanding and communication aids should be used where needed
- d. "The JOC" and "Group agreement" should be clear in consequences and each individual or group must sign to state their understanding of them

BF staff regularly use warnings, reminders, humour etc... or impose very low level consequences to de-escalate situations. When these are unsuccessful, agreed consequences, listed below can be imposed as part of a wider view on behaviour management:

- **Cessation of activity** – If the safety of the activity is compromised due to behaviour, attitude or group dynamics.
- **Time out** – Usually 10 minutes is given although current guidelines suggest that 1 minute for the mental age of a person is optimum up to a maximum of 20 minutes.
- **Time in with IAG** – Information Advice and Guidance can be given on specific issues or about behaviour generally. When related to a specific behavioural issue the following approaches can be useful to help a person think about their coping strategies and affect change.
 - *Cost Benefit Analysis*
 - *Life Space Interviewing*
- **Missing an activity** – This may be a one-off activity or a type of activity that poses a risk to the individual or group. For example, activities involving standing on the edge of cliffs or offsite activities due to the unpredictable nature of a person's behaviour.
- **Return to school or home** – Despite all efforts to re-engage a person it may be necessary for a person to leave the site. This decision is not taken lightly at BF as we aim to be an inclusive service. In this instance the person must be given the rationale by a member of the management team having made all the arrangements for somebody to receive the person.
- **Police involvement** – Whilst every effort is made to de-criminalise young people at BF adventure it may be necessary to contact the police either to attend the scene or for advice. Where crimes have been committed advice will be sought.

Last update: 17th January 2024

Updated by: Paul Cox

Policy owner: Paul Cox

To be reviewed by: Feb 2025

7. Restrictive Physical Intervention (RPI)

Policy Overview

This policy outlines what is considered to be best practice and guidance around Restrictive Physical Intervention (RPI). BF Adventure aim to develop the staff team capabilities in managing young people in ways that prioritise care and welfare with a need to balance safety and minimize harm.

Aim

The aim of this policy is to ensure that children, young people and adults are cared for in ways which are sensitive to their needs and to provide safeguards for staff charged with this responsibility.

To place the use of RPI within a wider framework of behaviour management and to ensure that this are used only **as a last resort**

- a. To ensure that RPI is implemented in a way that is the least restrictive and for the shortest amount of time possible to minimize harm.
- b. To ensure that the use of RPI is reasonable in the circumstances and proportionate to the assessed risk of harm.
- c. To encourage prevention and early intervention to avoid restrictive response and encourage positive cultures of practice.
- d. To ensure that consequences are used appropriately and as part of a sound management strategy.

Definition of RPI

Restrictive Physical Intervention is defined as direct or indirect force through bodily, physical or mechanical means, to limit the movement and freedom of an individual and can involve bodily contact, mechanical devices or changes to the person's environment.

Legal Framework

Duty of care is the foundational legal and professional principle that underpins all the other principles relating to the use of Physical interventions. Duty of care implies that we have a professional and legal duty to maintain the safety and welfare of children and young people by avoiding any act or omission that causes harm. If we maintain our duty of care and uphold the other related principles, we are more likely to meet our duty. Guiding principles are:

1. Duty of care (actions and omissions to do no harm)
2. Best interests of the child
3. Actions must be reasonable and proportionate
4. Physical Interventions must be used as a last resort and least restrictive
5. Balancing the risk of doing something and the risk of doing nothing
6. Human rights
7. Reduce the use of RPI, preventing the misuse and potential abuse

RPI should only be employed when all other options have been exhausted and only if there is an immediate risk of a young person / vulnerable adult committing:

- Damage to themselves
- Damage to others
- Significant damage to property whereby criminalisation is a potential risk

Safety during RPI

There are many risks associated with Restrictive Physical Interventions both physiological and psychosocial and these must be balanced and part of the decision making process when employing RPI.

- Psychosocial –impact: Mental and emotional health, thoughts and feelings, relationships and social functioning
- Physiological impact: Soft tissue, bony, articular, cardiovascular and respiratory damage

This risk is present for all parties during restraint and care must be taken following RPI to assess and repair any damage caused by way of first aid or restorative conversation / de-brief.

Reporting and Recording

The recording and reporting of an incident resulting in RPI should be done so once a clear timeline of events has been established and as soon as possible after the incident but within 72 hours. At BF Adventure all instances of RPI should be recorded using the online reporting tool Podio which details the necessary information. Reports should be factual and detail the types of RPI used including the antecedents and restorative conversations held after the event.

BF Adventure is a member of the Restraint Reduction Council and as such annual records will be submitted to the council as part of their research.

Training

Staff members are only able to employ RPI techniques if they have received training in order to do so. There are many such course available for this purpose but current guidelines suggest that any training pertaining to the RPI of young people should be BILD accredited as best practice.

BF Adventure use DSKL8 training which is BILD accredited and provided in house. The course is taught as standard over a period of 16 hours and contains both theoretical and physical elements. This course is renewed annually.

Support

Following RPI restorative conversations should happen to support psychosocial repair and to support the development of coping strategies for the young person / vulnerable adult and the team.

For the staff team there must be time allowed to de-brief and discuss the incident in order to reflect on duty of care, judgement, informing future practice and provide emotional support for those involved.

Last update: 17th January 2024

Updated by: Paul Cox

Policy owner: Paul Cox

To be reviewed by: Feb 2025

ANNEX – Work Experience Acceptance Risk Form

Work Experience Acceptance Risk Form (AoR)

Name of young person on placement	
Date(s)	
School	

Hello and thank you for considering BF Adventure for your child's work placement. This AoR form should be used to supplement the Cornwall Council's work placement form.

I would like to make you aware and to inform you of the associated risks, our control measure and responsibilities involved with your planned adventure. BF Adventure requires this form to be read and understood by all parents / guardians of young people on work experience before a placement can take place. This form aims at providing parents a realistic picture of the type of activities we operate here and our control measures we have in place. The following sets out a base level of understanding of the risks to allow for an informed choice to be made in advance of a placement.

About BF Adventure

BF Adventure is a charity based Outdoor Pursuits centre situated in converted disused quarry. We have engineered specialist environments to support fun and educational activities that incorporate traditional outdoor pursuits to be enjoyed by everyone despite their age, gender or ability. People attending BF Adventure will be taking part in activities in one or more of these specialist environments:

Water based activity such as canoeing, kayaking, coastering and raft building

These activities are instructed by qualified instructors and all required PPE such as personal Flotation Devices and safety equipment are provided as standard

High activities such as zip wire, climbing and abseiling

These activities are instructed by qualified instructors and all PPE such as harnesses are provided and maintained to industry standards

Land based activities such as archery, games and bush craft

Staff are trained in house by seasoned instructors with a wealth of experience

People with disabilities

BF Adventure is able to adapt our activities to suit a wide range of range of needs making activities more accessible but not essentially fully accessible. We encourage pre-visit planning to make sure expectations and safety are carefully managed with the aim of providing positive and long last experiences.

General site

We aspire to keep the site as natural as possible to allow the same sense of adventure and connection to nature we want everyone to experience which includes rugged and in places un even terrain. We have a range of options and equipment to aid people accessing various parts of the site.

Facilities

BF Adventure has a range of facilities aimed at making experiences easier to manage which includes access around the site solutions, toilet and shower facilities, accommodation facilities, adaptive equipment for activity and equipment / strategies for moving and transferring people. BF adventure also has close links to other third-party organisations who can provide specialist equipment to further improve our provision.

Weather

We operate in all weathers where safe to do so and we hope that all users are supported to immerse themselves in experiences as much as possible. We have locations, shelters and can provide basic equipment to make this experience more comfortable.

Activities

Our goal is to provide a great sense of adventure that is built around the needs of the users. Inherently, the risks associated can be vastly different from user to user so activities may need to be adapted and some may not be suitable simply based around the user's physical and emotional needs. BF Adventure will ask for a more detailed medical form to be completed pre-visit so suitable advice and care plans can be set in place.

Acceptance of risk statement

BF Adventure operates activities that involve an element of risk. It is our inherent belief that exposure to risk in a managed and controlled environment educates, develops and provides opportunity for enjoyment and growth and as such hold tremendous value to participants.

BFA commitment-We aim to manage the risk to an acceptable level through planning, training and monitoring. We will seek and listen to feedback from our users and external professionals. We reserve the right to alter plans should external factors such as the weather change the level of risk. BF Adventure will listen to the concerns of participants and will only encourage people to participate as far as they feel comfortable.

For people with disabilities, these risks are inherently greater and will insist that more detailed risk assessment takes place before users are engaged in activities. Where practical and when needs are identified early enough, BF Adventure will fully support and facilitate a free of charge site visit to look at the venue, programme and activities with the user and family / care professionals to agree a safe plan based around the best needs of the users.

Parent / guardian / group leader commitment- All participants (including those under your responsibility) that use BF Adventure do so knowing that they enter a risk managed environment or have permission from someone who has parental responsibility to enter this environment and understand that taking part in activities may result in injuries. Participants agree to wilfully disclose information that may increase the risk level of the activity or would lead to a negative experience. Participants also agree to abide to instructions, safety notices and only access parts of the site they have been given express permission to do so. Failure to abide by these may result in major injury and or death.

I understand and accept the risks associated and agree to give my permission for the above-named person to participate fully in activities and a work placement programme at BF Adventure.

To be completed by the Parent / Guardian

(Please tick) I have completed the Cornwall Council work placement form and submitted on this form all relevant medical information

In the event of an emergency I give permission / do not give permission* for BF Adventure to administer first aid and or medication (as illustrated on the Cornwall Council work placement form) and if necessary forward to professional medical services should contact with the parent / guardian cannot be made.

Participant Name:

Parent / Guardian Name (if under 18):

Relationship to Participant:

Date:

Sign:

*Delete as appropriate

8. PART 3 - Safeguarding Children Policy Handbook

Contents of this Policy Handbook

BF Adventure has issued this handbook to ensure accessibility of all key policies relating to Safeguarding Children. This document contains:

- Key purpose and overview
- Confidentiality Policy
- Dealing with a Disclosure Policy and Procedures
- Allegations or Suspicions regarding a member of staff, volunteer or other professional
- 1:1 Work with Service Users Policy
- Online Safety and Mobile Phone Use Policy
- Use of Multi-Media Policy
- British Values and Prevent Policy
- Safer Recruitment Policy
- Use of Taxis and Volunteer Drivers Policy

Safeguarding Children Policy

Key Purpose and Overview

This policy applies to all staff, including senior managers and the board of trustees, paid staff, volunteers, placement students and anyone working on behalf of BF Adventure.

1. The Purpose of this Policy

- To protect children and young people who receive services from BF Adventure
- To provide staff and volunteers with the overarching principles that guide our approach to safeguarding and child protection.

BF Adventure believes that a child should never experience abuse of any kind. We have a responsibility to promote the welfare of all children and young people and to keep them safe. We are committed to practice in a way that keeps them safe.

1.2 Legal Framework

This policy acknowledges BF Adventure's duty of care to safeguard and promote the welfare of children and its commitment to ensuring that organisational safeguarding practice reflects statutory responsibilities, best practice and government guidance, namely:

- Children Act 1989
- United Convention of the Rights of the Child
- Data Protection Act 1998
- Human Rights Act 1998
- Public Interest Disclosure Act 1998
- Sexual Offence Act 2003
- Children Act 2004
- Safeguarding Vulnerable Groups Act 2006
- Protection of Freedoms Act 2012
- Children and Families Act 2014
- The Care Act 2014
- SEND code of practice: 0-25 years HM Government 2014
- Information sharing: HM Government 2015
- "Working Together to Safeguard Children"; HM Government 2018; updated Dec 2023
- "The Prevent Duty Guidance for England and Wales"; HM Government 2015
- The Children and Social Work Act 2017
- "Inspecting Safeguarding in early years, education and skills settings"; Ofsted, August 2015
- "Are They Safe"; Safe Network 2014
- "Safe Network Standards"; Safe Network 2013 (endorsed by the CIoS LSCB in January 2012)
- "Keeping Children Safe in Education"; HM Government 2020;2021;2022

1.3 Definition of Terms

Definition of child

The policy and procedures apply to all children and young people up to the age of 18 years, including unborn babies, who access our services. Within the document the terms “children” or “child” refer to all children and young people up to the age of 18 years. The fact that a child has become sixteen years of age, is living independently or is in further education, is in the armed forces, in hospital, or in prison or a young offender’s institution, does not change their status or their entitlement to services or their protection under the Children Act 1989. When a young person reaches the age of 18 the responsibility for their well-being may transfer to adult service providers. Although they cease to be subject of the Safeguarding Children Procedures, some adults may continue to be vulnerable.

1.4 Equality Statement

BF Adventure recognises that the welfare and interests of the child is paramount in all circumstances, as enshrined in the Children Act 1989.

BF Adventure recognises that regardless of age, racial heritage, religious belief, disability, sexual orientation, identity or socio-economic background, all staff, volunteers, visitors, trustees and service users have a right to equal protection from all types of harm or abuse.

BF Adventure is committed to anti-discriminatory practice and recognises that some children are additionally vulnerable because of the impact of previous experiences, their level of dependency, communication needs or other issues.

1.5 Commitment to Service Users

We will keep children safe by:

- Valuing them, listening to and respecting them
- Appointing a Designated Safeguarding Officer (DSO) for children and young people, a deputy and a lead board member for safeguarding
- Implementing an effective on-line safety policy and related procedures
- Providing effective management for staff and volunteers through supervision, training and quality assurance measures
- Recruiting staff and volunteers safely, ensuring all necessary checks are made
- Recording and storing information professionally and securely, and sharing information with agencies who need to know, and involving children, young people, parents, families and carers appropriately
- Using our procedures to manage any allegations against staff and volunteers appropriately
- Creating and maintaining an anti-bullying environment and ensuring that we operate in line with our policy
- Ensuring that we have effective complaints and whistle blowing measures in place
- Ensuring that we provide a safe physical environment for our children, young people, staff and volunteers, by applying health and safety measures in accordance with the law and regulatory guidance
- Ensuring that all members of BF staff, Via Ferrata staff and Cornish Barista and catering staff (who have face to face access with children), have 3 yearly checks through the Disclosure and Barring Service.

Service users should feel supported to:

- Have a positive and enjoyable experience at BF Adventure, in a safe and user centered environment
- Be confident to speak to staff members if they have concerns about themselves or another person and are confident that their views will be listened to and responded to with appropriate action
- Sign up to the BF Adventure code of behaviour, the 'BF Deal' which recognises the mission and value base of the organisation
- Understand that BF Adventure is committed to working in partnership with children, young people, their parents, carers and other agencies to promote their welfare

1.6 Role of the Designated Safeguarding Officer

The core responsibilities of this role include:

- Oversight and management of the BF Adventure Safeguarding Policy and Procedures including ensuring compliance against new legislation, best practice guidance, risk assessment of current policy in light of incidents
- Undertaking yearly Level 3 Safeguarding training
- Organising and monitoring the training of the whole team to a level of safeguarding knowledge appropriate to their job role
- Acting as a first point of contact for any report or suspicion of abuse within the organisation, including where there may be concerns about another professional
- Providing advice to members of the team who have concerns over the safety of a child
- Managing reporting, referrals and sharing of information with other agencies, including the MARU and the LADO
- Reporting to the Disclosure and Barring Service if a member of staff has been sacked because they harmed someone, might have harmed someone, or were planning to sack them for either of these reasons but they resigned first
- Supervision and support to the Deputy Safeguarding Officers

1.7 Contact Details

Designated Safeguarding Officer / Single Point of Contact

Name: El Warren
Tel: 01326 340912
Email: el.warren@bfadventure.org

Deputy Safeguarding Officers

Name: Rachael Stephens
Email: rachael.stephens@bfadventure.org
Name: Paul Cox
Email: paul.cox@bfadventure.org

Name: Tony Baker

Email: tony.baker@bfadventure.org

Trustee with Responsibility for Safeguarding

Name: Hilary Beechey

Email: hbeechey@me.com

1.8 Policy and Review

The policy will be reviewed annually, or in the following circumstances:

- changes in legislation and/or government guidance
- as required by the Local Safeguarding Children Board
- as a result of an assessment of risk, determining action, associated with any other significant change or event

Signed: 

Name/Position: Charity Business Manager

2. Confidentiality Policy

2.1 Policy aim

This policy applies to all staff members, trustees and volunteers at BF Adventure. It outlines BF Adventure's confidentiality and information sharing policy and procedures for children, young people and service users. It should be read in conjunction with the Safeguarding Policy and Data Protection Policy.

BF Adventure recognises that children and young people consider it important to build trusting relationships with professionals who support them. Sharing information with multi-agency partners or parents without the service user's knowledge can damage their trust in professionals.

BF Adventure recognises the importance of sharing our intended actions with parents/carers and that sharing this without the knowledge of the service user can also sometimes damage trust.

BF staff are committed to open, honest and appropriate conversations with service users, parents/carers and professionals that seeks to build trust *and* keeps children and young people safe.

2.2 Confidentiality statement

Personal information shared by children and young people with their Instructor, Coordinator or equivalent, will normally remain confidential within the organisation. This means that information provided by the service user will not be shared with external agencies without explaining our intended actions and/or seeking the consent of the child or parent/carer, unless the information suggests that a child is at risk of serious and/or immediate harm.

If a child discloses information that suggests they are at risk of serious and/or immediate harm we will aim to work with them to ensure that they understand why we need to share the information, who we will share the information with and what the next steps might be.

BF Adventure is committed to safeguarding children and information *will* be shared in line with the legal guidelines below.

2.3 Legal guidelines

The Information Sharing Advice for Practitioners (HM Government March 2015) states that "Information sharing is vital to safeguarding and promoting the welfare of children and young people. A key factor identified in many serious case reviews (SCRs) has been a failure by practitioners to record information, to share it, to understand its significance and then take appropriate action."

It is therefore essential that workers consider the benefits of sharing information where it is considered that the welfare of a child or young person is at risk, or where the service to that child or young person could be improved, the aforementioned document contains a flow diagram that must be used to inform decision making regarding information sharing, and decisions should be checked through your line manager.

2.4 Information sharing

Quality assurance processes require notes or case files on individuals to be viewed as part of audit or official enquiry (for example, child protection procedures). This must be made clear to young people wishing to share confidential information with a BF Adventure representative and in instances where they object, but it's deemed in the interest of the young person to proceed, this decision must be recorded.

Information will be shared with appropriate services, without the need to gain consent, when:

- There is a significant threat to life
- Where potential or actual serious criminal offences are involved
- A coroner's inquest, tribunal or a court require information as evidence
- The young person is currently being abused, including sexual or other abuse
- The young person suspects or fears a sibling or other child may be at risk of abuse
- The young person is a perpetrator of abuse
- The young person alleges or suspects another person is perpetrating abuse
- The young person alleges or suspects a professional carer is perpetrating abuse (youth worker, social worker, probation officer, residential care worker, etc.)
- The young person is felt to be of serious risk of self-harming
- The young person is in need of urgent medical treatment
- The young person is felt to be a serious risk of causing harm to others
- The young person is perceived to be at risk of serious harm through lifestyle choices or other
- Potentially harmful courses of action

Procedures:

- Service users will be informed at the earliest opportunity and always at the outset of a meeting or IAG session that BF Adventure cannot offer absolute confidentiality, in line with the law and Safeguarding procedures. This information will be provided through age and capacity appropriate means.
- Posters will be displayed in prominent places explaining the confidentiality policy
- Service users will be offered an age/capacity appropriate opportunity to discuss their understanding of confidentiality and the reasons why information they provide may be shared with or without their consent
- If a member of staff receives a subpoena from a court to give evidence, they have a duty to respond

- In the event of a disclosure relating to a child protection issue then BF Adventure Safeguarding and Child Protection Procedures will be followed.
- BF Adventure staff will always endeavour to explain why the information needs to be shared to the service user before sharing that information and gain their consent if relevant. In some situations, including where the risk of harm is deemed high or the service user cannot be contacted, this may not be possible, and the information will be shared in line with protocol.

Subject to the above, no personal information (unless adequately anonymised) about any client of BF Adventure is to be released to any external person or organisation.

3. Dealing with Disclosure or Suspected Abuse

3.1 Policy overview

This policy applies to all BF Adventure staff, trustees and volunteers. It provides a mechanism to ensure that children who access services at BF Adventure are kept safe from the risk of abuse and should be read in conjunction with the Cornwall and Isles of Scilly Safeguarding Children Partnership Procedures and BF Adventure's Safeguarding Policy.

BF Adventure will:

- Ensure all staff, trustees and volunteers have access to appropriate Safeguarding training and support them to participate in this training.
- Ensure all staff, trustees and volunteers sign the training register to affirm that they have attended and understood the contents of safeguarding training. This attendance at training will be registered on the Cinolla database.
- Ensure all staff, trustees and volunteers have access to on-going support to enable them to express any concerns they may experience
- Ensure all staff, trustees and volunteers are aware of the role of the Designated Safeguarding Officer and deputies and how to contact them when necessary.
- Ensure all information, decisions and actions are recorded on the Podio system and stored securely

3.2 The procedure

Listen, Reflect

- Ensure that the child is aware of our Confidentiality Policy and Information Sharing Policy
- Listen to disclosures from a child if offered
- Be observant of any unusual physical injuries a child may have
- Be observant of situations reported that could be abusive, or cause abuse

Report

All concerns must be reported to the Designated Safeguarding Officer (or in their absence a deputy), who will discuss the situation:

- What is the concern?
- How long have you been concerned?
- Who else has concerns?
- What do you think could be happening to the child?
- List a range of possible things that could be happening, rather than jumping to one conclusion. How could you find out whether each of these possibilities is true?
- What information do you have already?
- What have you already done to address your concerns?

- Have you discussed your concerns with the parents and the child or young person?
- If yes, what did they say?
- If no, why not?
- What would be the possible impact on the child?
- Your manager should question you about the reasons for your concerns

Action

The Designated Safeguarding Officer will follow up any concerns using the Cornwall and Isles of Scilly Safeguarding Children's Partnership Procedures which may involve contacting the Early Help Hub, MAAT (Multi Agency Advice Team), MARU (Multi Agency Referral Unit) for children and young people or the Police.

The person reporting the concern and the DSO/Deputy DSO will record the information, concerns and actions on Podio using the safeguarding form.

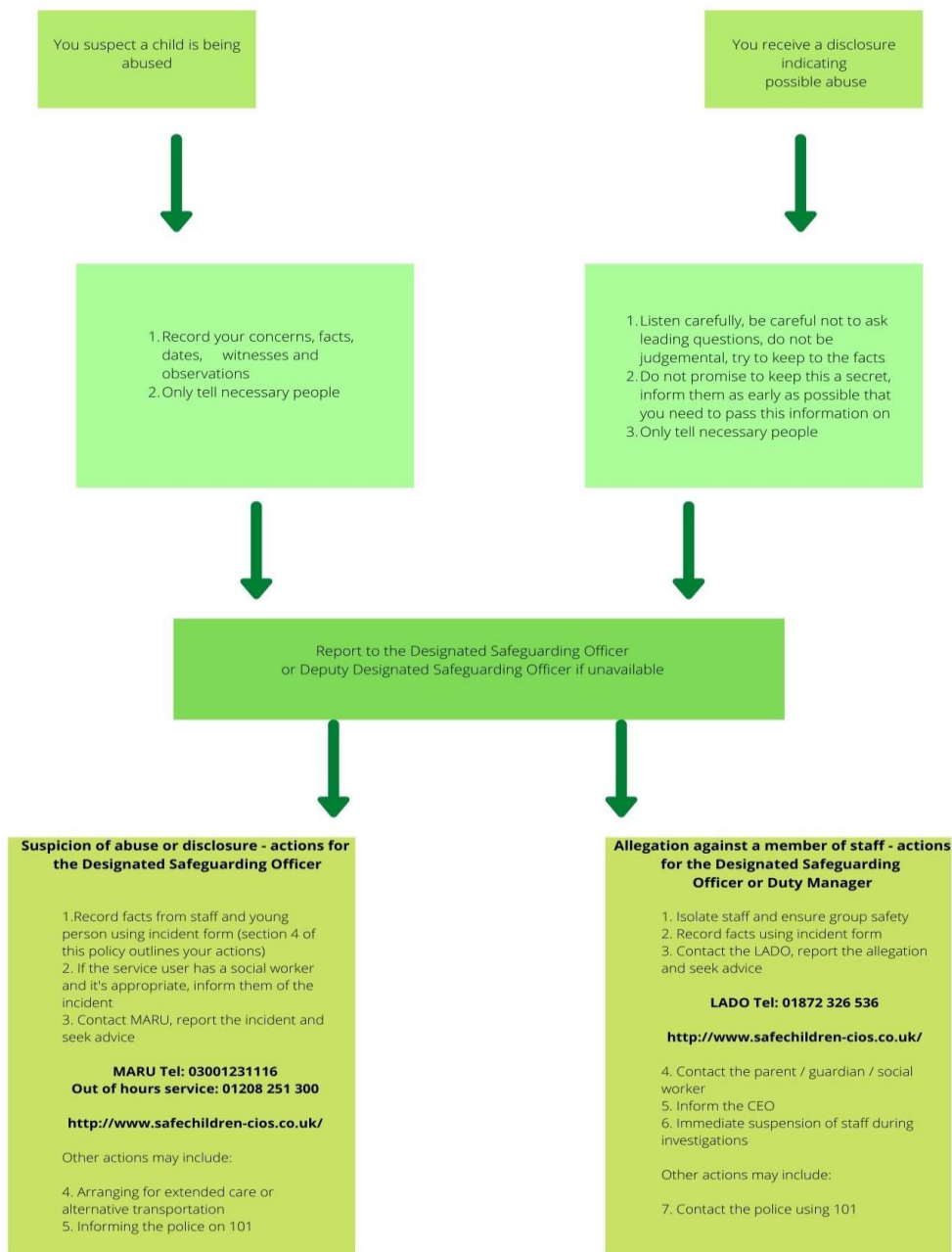
The DSO/Deputy DSO will ensure information and actions taken are shared appropriately with other agencies in line with the Information Sharing and Confidentiality policies.

3.3 Flow for staff with managing suspected abuse or allegations

3.4 Escalation Guidance

Occasionally situations arise when workers within one agency feel that the decision made by a worker from another agency on a child protection or child in need case is not a safe decision. Disagreements could arise in a number of areas, but are most likely to arise around:

- Levels of need



- Roles and responsibilities
- The need for action
- Communication

The safety of individual children is the paramount consideration in any professional disagreement and any unresolved issues should be addressed with due consideration to the risks that might exist for the child.

All workers should feel able to challenge decision-making and to see this as their right and responsibility in order to promote the best multi-agency safeguarding practice. This policy provides workers with the means to raise concerns they have about decisions made by other professionals or agencies by:

- a. Avoiding professional disputes that put children at risk or obscure the focus on the child
- b. Resolving the difficulties within and between agencies quickly and openly
- c. Identifying problem areas in working together where there is a lack of clarity and to promote the resolution via amendment to protocols and procedures

Effective working together depends on an open approach and honest relationships between agencies. Problem resolution is an integral part of professional co-operation and joint working to safeguard children.

Resolution should be sought within the shortest timescale possible to ensure the child is protected. Disagreements should be resolved at the lowest possible stage however if a child is thought to be at risk of immediate harm discretion should be used as to which stage is initiated.

The Resolving Professional Differences Policy can be found at:

<https://ciossafeguarding.org.uk/scp/p/our-policies-and-procedures/policy>

4. Allegations or Suspicions Regarding a Member of Staff or Volunteer

4.1 Policy overview

This policy applies to all staff, volunteers, placement students and trustees that are affiliated to BF Adventure. It also provides a basis for action where a member of BF staff is concerned about the actions of a professional from another organisation. This policy should be read in conjunction with the Safeguarding Policy.

4.2 Types of investigations

Where there is a complaint against a member of staff there may be three types of investigation:

- A criminal investigation,
- A child protection investigation,
- A disciplinary or misconduct investigation.

The results of the police and child protection investigation may well influence the disciplinary investigation, but not necessarily.

4.3 Concerns about poor practice

- If, following consideration, the allegation is clearly about poor practice, the Designated Safeguarding Officer will deal with it as a misconduct, capability or disciplinary issue following the procedures laid out in the BF Adventure staff handbook.
- If the allegation is about poor practice by the Designated Safeguarding Officer, or if the matter has been handled inadequately and concerns remain, it should be reported to the Chief Executive Officer or Trustees' who will decide how to deal with the allegation and whether to initiate disciplinary proceedings.

4.4 Concerns about suspected abuse or exploitation by professionals

- Any suspicion that a child has been abused by either a member of staff or a volunteer or other professional should be reported to the Designated Safeguarding Officer, who will take such steps as considered necessary to ensure the safety of the child in question and any other child who may be at risk.
- The Designated Safeguarding Officer will refer the allegation to the Local Authority Designated Officer (LADO) <https://ciossafeguarding.org.uk/scp/p/professionals/what-you-need-to-know-if-you-have-a-concern-about-a-person-who-works-with-child>
- The parents or carers of the child will be contacted as soon as possible following advice from the Local Authority Designated Officer (LADO).
- If the Designated Safeguarding Officer is the subject of the suspicion/allegation, the report must be made to the Chief Executive Officer or in his/her absence the Trustees

4.5 Confidentiality and information sharing – suspected abuse exploitation by professionals

Every effort will be made to ensure that confidentiality is maintained for all concerned. Information will be handled and disseminated on a need to know basis only. This includes the following people:

- The Designated Safeguarding Officer
- The Chief Executive Officer
- The parents of the person who is alleged to have been abused
- The person making the allegation
- Social Care/police
- The alleged abuser (and parents if the alleged abuser is a child or vulnerable adult)
- Information will be stored in a secure place with limited access to designated people, in line with data protection laws (e.g. that information is accurate, regularly updated, relevant and secure)
- The Designated Safeguarding Officer will follow the advice of the LADO regarding processes to be followed, for example suspension during investigation
- Irrespective of the findings of the Social Care or police inquiries BF Adventure will assess all individual cases to decide whether a member of staff or volunteer can be reinstated and how this can be sensitively handled. This may be a difficult decision; particularly where there is insufficient evidence to uphold any action by the police. In such cases, BF Adventure must reach a decision based upon the available information which could suggest that on a balance of probability, it is more likely than not that the allegation is true. The welfare of the child should remain of paramount importance throughout

5. One to One Work with Service Users

5.1 Overview

This policy applies to all staff, volunteers, placement students and trustees that are affiliated to BF Adventure. It highlights the risks involved and procedures in place to minimise the risks. This policy should be read in conjunction with the Safeguarding Policy and the Lone Working Policy.

5.2 The risks

At times staff will work with a child on a 1:1 basis and can leave staff members and the service user open to additional risks, including but not limited to:

- Risk of allegation by the service user against a member of staff or volunteer
- Risk of an incident that requires immediate first aid to either staff member or service user
- Risk of an incident that requires a physical intervention to keep service users and staff members safe from harm
- The provision of personal care to a service user

BF Adventure will:

- Ensure a risk assessment and referral information is completed by the service user's referrer and that it is updated in a timely fashion and available to staff members as appropriate
- Endeavour to ensure a volunteer is available to work alongside the instructor to provide additional support to the service user and the member of staff. Where volunteers are unavailable priority will be given to those service users who are deemed to have the highest needs and present the greater risk
- Provide staff with regular supervision, reflective debrief opportunities and team meetings to support and review actions.
- Provide physical intervention training to instructors as appropriate to the level of position and expectation of delivery
- Provide ongoing training as applicable to instructors and volunteers to reduce risks associated with physical contact (fitting harness, support)

- Provide opportunities for staff members and volunteers to complete First Aid training to an appropriate level

BF Adventure Instructors and Managers will:

- Inform managers where they will be, what activities they will be doing and the time frame of this through the day plan and through conversation
- Carry mobile phones / radio
- Follow the lone worker policy guidelines
- Complete a report at the end of each session highlighting any areas of concern.
- Participate in regular supervision, team meetings and debrief sessions to address low level concerns
- Follow actions as above during transportation of service users and call a designated person once responsibility of the child has been handed over to another trusted adult as agreed
- Encourage clients to be independent where possible reducing the need for physical contact; treating clients with dignity and respect and avoiding contact with intimate parts of the body
- Always explain to the client what is about to happen and why in situations where touch is unavoidable, and conduct this activity where they can be seen by others if possible
- Consider alternatives, where it is anticipated that a child might misinterpret any such contact
- Be aware of gender, cultural or religious issues that may need to be considered prior to initiating physical contact
- Always be prepared to report and explain actions and accept that all physical contact may be open to scrutiny
- Ensure management approval has been gained for administering personal care where it is required and that consent has been gained from the service user and/or parents/carers
- Complete a physical restraint training course if required to do so by their manager and adhere to the methods and guidance with regard to intervention (all staff are issued with their own course booklet). See Behaviour Management Policy
- Use techniques to defuse situation where possible and use minimum force for the shortest period necessary in a situation where restraint is unavoidable
- Record and report as soon as possible after the event using the approved process
- Ensure First Aid qualification is up to date and relevant
- Carry first aid kits whenever they are engaged in client activity
- Complete accident/incident report forms as soon as possible after an accident/incident and hand it to the centre manager or duty manager within 24 hours
- Liaise with management to contact parents or carers of client to inform them of the accident / incident
- Follow the Medication Policy with regards to administering medication

Provision

Everyone has a duty of care to keep people around them safe. Therefore, in some situations, where a person is at risk of immediate and serious physical harm, it may be necessary for a member of staff who has not been trained in Restrictive Physical Intervention to restrain a child. The minimum intervention should be carried out to ensure safety and a full investigation into the incident should be instigated as soon as possible.

5.3 Incidents that must be reported / recorded

The following occurrences must be reported and recorded to a coordinator/manager and the DSO. Parents / carers of the child will be informed as appropriate:

- Accidental hurt to a service user.

- Distressed behaviour by a service user in any manner.
- If a user appears to be sexually aroused by actions.
- If a service user misunderstands or misinterprets an action.
- New risks apparent to service user or to others
- A service user makes a disclosure or there are signs or indicators of abuse

6. Online Safety and Mobile Phone Use

6.1 Overview

This policy applies to all BF Adventure staff, trustees and volunteers. It includes the wider use of technology such as mobile phones, text messaging, emails, social media, digital cameras, webcams, websites and blogs.

This policy provides a mechanism to ensure that children who access services at BF Adventure are kept safe from the risk of abuse and should be read in conjunction with the Safeguarding Policy.

6.2 Contact between staff and service users

Communication between children and adults, by whatever method, should take place within clear and explicit professional boundaries. This means that staff and volunteers should:

- Not give personal contact details to children or young people, including their mobile telephone number, blogs or personal websites.
- Not enter into communications with children and young people through social media sites including, but not limited to, personal Twitter or Facebook accounts, gaming, emails or texting.
- Sensitively refuse clients who trigger a "friend request" through social media sites to personal accounts. Staff and volunteers can instead prompt client to join BF Adventure official site where content is monitored and screened by a nominated member of staff.
- Due to the potential for the abuse of power and the development of inappropriate relationships, where an ex-client becomes a volunteer or member of staff a discussion will be held between their previous key support worker/s and the Designated Safeguarding Officer to determine the suitability of sharing personal contact and on-line profiles.

6.3 Minimising the risk of harm

Children may be at risk of harm through online access to inappropriate images, language and content. Use of social media and online gaming can also lead to risk of exploitation. BF Adventure is committed to keeping children and young people safe; this means that we will apply policies to monitor their access to online content whilst on programme at BF and also to seek opportunities to positively impact on their online activity in their home settings.

BF Adventure will:

- Maintain appropriate filters through internet access on BF Adventure enabled Wi-Fi and ensure any filter anomalies are reported to the appropriate manager
- If filter anomalies are reported BF Adventure will prevent young people from directly accessing IT provision through BF devices until such time as the filters are deemed safe.
- Prevent access to the provided Wi-Fi through their personal devices unless this access forms part of an educational activity.

- Ensure children and young people have limited access to their mobile devices when on provision at BF Adventure and maintain appropriate supervision of devices during breaks
- Closely supervise clients when they are using IT / internet resources to ensure that clients are not exposed to unsuitable material and that any resources or materials used are age appropriate
- Ensure all access points to computers are password protected
- Be aware of the indicators of signs of online exploitation or online risk-taking behaviours and liaise with the Designated Safeguarding Officer where there are concerns
- Ensure that where young people are taking photographs or film of others consent is gained.
- Seize opportunities to engage children and young people in discussions around safer internet use, consent and appropriate relationships
- Ensure all young people who are accessing support through an online meeting portal (eg Zoom, Teams, Google Meet) have parental consent in place to include agreement of adherence to guidelines. See Appendix 1.

6.4 Where misuse is discovered or reported

- Staff member who discovers the misuse will inform their line manager and/or DSO.
- The risks will be assessed through discussion with staff members and young person/people impacted
- Communication of the incident will be made to referring agency and MARU if appropriate
- An education package may be instigated to support a change in behaviour for the young person and additional support provided
- Where the victim of the online misuse is known to BF Adventure staff, appropriate support packages and referrals will be put in place. This may include referral to CEOP, the police or to the MARU.

7. Use of Multi-Media Policy

7.1 Overview

BF Adventure recognises that the use of photographs and film is a positive medium to celebrate the success of clients, to promote BF Adventure and to record achievement and provide evidence for accreditation purposes. This policy applies to all staff, volunteers, placement students and trustees that are affiliated to BF Adventure. It highlights the risks involved and procedures in place to minimise the risks. This policy should be read in conjunction with the Safeguarding Policy and GDPR Policy.

7.2 The risks

The inappropriate capture/use of photographic and filmed images can place children in vulnerable situations, particularly when posted online and open to inappropriate sharing. This increases the risk of harm from perpetrators of abuse.

Children may not have full understanding of the risks associated with image capture and sharing and are thus unable to make an informed decision regarding consent.

7.3 Procedures

BF Adventure, employees and volunteers will:

- Ensure written consent from a parent or guardian for under 18's, giving permission for photographic and filmed images to be taken. This consent must cover the potential use of the image and potential restrictions. This consent is usually sought at the point of referral through the Service Request Form. See Appendix 2
- Ensure all staff, volunteers and external providers take into consideration privacy, dignity, safety and wellbeing when considering the use of photographic or filming activity
- Ensure all children being photographed or filmed are appropriately dressed
- Ensure the photo/film is focused on the activity not the child
- Ensure images represent a broad range of children and staff and should avoid producing images in one to one situations with no surrounding content
- Ensure images used for publicity reasons, do not include the child's name without the express permission of the parent/guardian.
- Ensure staff do not use personal smart phones to capture images of children
- Ensure staff use equipment provided by BF Adventure to capture images. All images must be transferred to the central BF media archive and then deleted from devices to reduce the risk of inappropriate use and storage
- Ensure external freelance instructors and providers comply with the organisation's policy. Failure to do so may cause a cessation of the contract arrangements.
- Ensure all concerns regarding inappropriate or intrusive photography are reported to the appropriate line manager / Designated Safeguarding Officer.
- Failure of BF employees and volunteers to comply with the guidelines within this policy may lead to disciplinary procedures
- All visitors are required to read and comply with the visitors' code of conduct on site; this includes not taking images of any service users

8. British Values and the Prevent Agenda Policy

8.1 Overview

From 1 July 2015 all schools, registered early years' childcare providers and registered later years' childcare providers are subject to a duty under section 26 of the Counter-Terrorism and Security Act 2015 to have "due regard to the need to prevent people from being drawn into terrorism". This duty is known as the Prevent duty. (www.gov.uk Prevent Duty Guidance 2015). This policy sets out how BF Adventure will adhere to this duty. This policy should be read in conjunction with the Safeguarding Policy.

8.2 Definition of terms

British Values are defined as: 'Democracy, the rule of law, individual liberty and mutual respect and tolerance for those with different faiths and beliefs.' Mutual respect and tolerance includes encouraging students to respect other people with particular regard to the protected characteristics of the Equality Act [2010].

Extremism is defined in law as: 'vocal or active opposition to fundamental British values, including democracy, the rule of law, individual liberty and mutual respect and tolerance for those with different faiths and beliefs. We also include in our definition of extremism calls for

the death of members of our armed forces, whether in this country or overseas. 'From the Counter-terrorism and Security Act 2015 www.legislation.gov.uk

BF Adventure will:

- Not impose own religious or political beliefs on young people and will be respectful of the beliefs of service users.
- Embed fundamental 'British Values' within programme delivery and enable service users to develop positive character traits through this delivery, for example developing resilience, self-esteem and confidence – the very core of BF Adventure's mission.
- Provide a safe space within existing provision for service users to develop their understanding of the world around them, discuss issues that concern them and develop strategies to question and challenge extremist views as appropriate to their age and maturity.
- Remain aware of children who may be vulnerable to radicalisation, are able to identify them and know how to respond to this with proportionality.
- Ensure Co-Ordinator's and Managers complete the online Prevent Agenda training and use supervision sessions, team meetings and debriefing sessions to cascade the information and keep team members updated on developments.
- Be alert to changes in a child or young person's behaviour or attitude which could indicate that they are in BF Adventure will:
- Not impose own religious or political beliefs on young people and will be respectful of the beliefs of service users.
- Embed fundamental 'British Values' within programme delivery and enable service users to develop positive character traits through this delivery, for example developing resilience, self-esteem and confidence – the very core of BF Adventure's mission.
- Provide a safe space within existing provision for service users to develop their understanding of the world around them, discuss issues that concern them and develop strategies to question and challenge extremist views as appropriate to their age and maturity.
- Remain aware of children who may be vulnerable to radicalisation, are able to identify them and know how to respond to this with proportionality.
- Ensure Co-Ordinator's and Managers complete the online Prevent Agenda training and use supervision sessions, team meetings and debriefing sessions to cascade the information and keep team members updated on developments.
- Be alert to changes in a child or young person's behaviour or attitude which could indicate that they are in need of help or protection and be evidence of radicalisation.
- Ensure all concerns are discussed with the programme Co-Ordinator and/or DSO and a referral made to the Channel programme if deemed appropriate.

9. Safer Recruitment

9.1 Policy aim

BF Adventure recognises that anyone may have the potential to abuse in some way. BF Adventure is committed to ensuring that all reasonable steps are taken to ensure unsuitable people are prevented from working with children and that a safer working culture starts with robust recruitment measures.

BF Adventure is committed to equal opportunities throughout all stages of the recruitment process. We aim to have a workforce that represents a variety of backgrounds and cultures and can provide the relevant knowledge, abilities and skills for our organisation.

This policy should be read in conjunction with BF Adventure's Equal Opportunities Policy.

9.2 The purpose of the policy

- To recruit and select the best people available to join our workforce
- To take all reasonable steps to prevent unsuitable people from joining our organisation

- To recruit, select and manage our staff in a way that complies with legislation designed to combat inequality and discrimination
- To do all we can to achieve and maintain a diverse workforce
- To ensure that our recruitment and selection processes are consistent and transparent
- To ensure candidates are judged to be competent before we make them an offer of a job
- To ensure that new members of staff are given a proper induction

We recognise that:

- Our workforce is our most important resource
- Unsuitable individuals sometimes seek out opportunities via employment or volunteering to have contact with children in order to harm them
- Some groups face unfair discrimination in the workplace
- Children, young people and families benefit from our efforts to recruit and select a skilled and committed workforce from a diverse range of backgrounds
- New staff and volunteers cannot perform their role effectively unless they are inducted properly and receive ongoing support and supervision

Legal framework:

- Safeguarding Vulnerable Groups Act 2006,
- Protection of Freedoms Act 2012,
- Rehabilitation of Offenders Act 2013,
- Part V of Police Act 1997
- Equality Act 2010.
- Working Together to Safeguard Children 2020
- Keeping Children Safe in Education 2021

9.3 Pre-interview

- All roles require a well-defined job description and person specification using a standardized template that identifies key responsibilities, tasks and expected behaviors. All job descriptions and person specifications contain a safeguarding clause
- All roles will be advertised in a range of places, including social media. The template full length advert will contain the following statement 'BF Adventure is committed to safeguarding children and the successful applicant will be required to provide an enhanced DBS disclosure'
- The following dates should be clear on all adverts:
 - o Application deadline
 - o Interview date (candidate to be provided at least 1 weeks' notice if they are to be invited to interview)
 - o Start date
- All applicants must complete the standard BF Adventure application form. The application form will elicit information about an applicant's past and a self-disclosure about any criminal record
- BF Adventure will not accept a CV without an application form

- The shortlisting process will involve 3 people, 1 of whom will be trained to Level 3 Safeguarding and have attended Safer Recruitment training. Shortlisting applications will happen independently and recorded on appropriate documentation. Candidates will be scored against specific criteria identified through the job description and person specification. Any discrepancies, gaps in the application or inconsistencies will be scrutinized
- Trustees are not required to complete a formal application

9.4 Interview

All staff will be required to undergo an application and interview process, carried out to acceptable protocol and recommendations:

- A BF Adventure Designated Safeguarding Officer should be present in the interview process either at the shortlisting or interview stage
- A check will be made that the application form has been completed in full (including sections on criminal records and self-disclosures)
- Specific mention will be made on the interview paper regarding the candidate's suitability to work with children and if they have previous convictions, investigations and or allegations made against them
- 2 managers will be present at the formal interview
- Each interviewer should have prepared for them a candidate pack for each candidate containing the following:
 - Job description
 - Interview questions and score sheet
 - Candidate application (and CV if available)
- Where a candidate is known to an interviewer this must be declared by the interviewer and an assessment will be made to ensure the suitability of that person to conduct the interview. An additional interviewer may be included on the panel to ensure equality
- All interviews for positions that involve direct face to face work with service users will include a question on safeguarding children and young people and a question or exercise that draws out their motivation for applying for the role
- Interviews will be commensurate with the position applied for; practical tasks will be assessed for those jobs that require practical skills. Candidates that are applying for a role that requires communication skills will be asked to prepare a presentation
- All candidates will undertake the same selection process
- The assessment must be completed, and decisions recorded, by the panel separately for fairness and consistency
- Only those that meet essential criteria will progress to conditional offer

9.5 Appointment process

Successful candidates will be informed by letter or email. This can follow a verbal confirmation if necessary. This letter must make it clear that all pre-employment checks should be completed including:

- References
- DBS checks
- Qualifications have been verified
- The candidate will be informed that they will not be able to start direct work with children and young people until all vetting processes are completed
- All unsuccessful candidate's details will be kept for 6 months then destroyed
- Overseas checks are required when a person has lived/worked abroad for a period of 3 months or more during the last 5 years. In circumstances where BF Adventure is prevented, for reasons outside of their control, from obtaining the necessary overseas

checks then BF Adventure will contact the Council's HR Safeguarding Team for further guidance

- Two references will be requested, including one regarding previous work with children (if possible, i.e. apprentice may not have had work involving working with children)
- All references will be requested using the standardised "Reference Request" form. This form includes information pertaining to:
 - job performance history
 - conduct including performance management issues
 - disciplinary investigations and proven offences
 - concerns the referee may have for work with children and young people
 - skills and experience
 - behaviours and attributes in relation to the role
- References will be kept in the candidate's personal file and noted on the candidate checklist form.
- An enhanced DBS check will be completed, or portable DBS check completed, for more information on the DBS please see the section 'DBS checks'
- All staff will be encouraged to sign up for the DBS Update Service
- The successful candidate's identity will be checked using the same evidence as used in the DBS checks (Passport / driving license) this is to be noted on the candidate checklist form
- The successful candidate's qualifications should be substantiated
- Trustees are not required to complete a formal interview process, but are required to provide two references and to complete an enhanced DBS check. All Trustees have Job Descriptions related to specific or general roles on the Board

9.6 Induction

All employees, Trustees and volunteers should receive formal induction that includes:

- Clarification of job requirements and responsibilities.
- Safeguarding Policy and Procedures, Normal Operating Procedures, Policy Handbook and BF Staff Handbook are issued (through hard copy or intranet) and training needs are identified
- Volunteers will attend a "taster day" where their suitability will be observed and feedback given by staff to the Volunteer Manager
- All staff, Trustees and volunteers are subject to a six month probation period

9.7 Training (including existing staff)

In addition to pre-selection checks, the safeguarding process includes training after recruitment to help staff and volunteers to provide a safer environment for children.

BF Adventure will provide the following mandatory safeguarding training as a minimum:

- Recognising signs of abuse - reading of safeguarding policy and review with line manager
- Appropriate response for suspected abuse or in the event of a disclosure - reading of safeguarding policy and review with line manager
- What action to take for suspected abuse or in the event of a disclosure - reading of the safeguarding policy and review with line manager
- Whistle blowing policy - reading of the whistle blowing policy and review with line manager
- All core delivery staff will receive yearly safeguarding update training as part of the staff training week. Core staff at Level 4 and above will ensure they achieve Level 3 Multi-Agency Safeguarding Training
- All core delivery staff will receive regular supervision and annual/mid-term performance appraisals during which safeguarding issues and training needs are discussed and acted

upon. Volunteers participate in supervision sessions in correlation to the hours that they work for the organisation

9.8 DBS checks

An enhanced DBS will be undertaken for all new employed staff, trustees and volunteers. All roles at BF Adventure provide post holders with direct access to children.

BF Adventure offers of employment or engagement of staff, Trustees and volunteers are subject to receipt of a clear DBS search or in the case where there is notification on a returned DBS, it will be the decision of the Centre Manager/DSO, CEO and a trustee. This decision will be measured based on the type of notification contained on the DBS and the type of work expected.

We will consider past criminal records on an individual basis and adhere to the DBS Code of Practice and therefore take into account the following considerations:

- o Whether the conviction is relevant to the position
- o The seriousness of the offence
- o The length of time since the offence occurred
- o Whether the applicant has a pattern of offending behaviour
- o Whether the applicant's circumstances have changed
- o The circumstances surrounding the offence and explanation offered by the applicant

BF Adventure uses Cornwall Council to process all applications.

BF Adventure does not discriminate against any subject of disclosure on the basis of any convictions or other information disclosed.

BF Adventure reserve the right to terminate contracts or offers of placement if information is disclosed that poses a risk to services users (see below)

If a prospective job holder fails to disclose an unspent conviction prior to a DBS application being undertaken, BFA reserves the right to withdraw a job offer.

BF Adventure is unable to offer a position to any individual who has committed certain offences against children according to the Protection of Children Act 1999 and Court Services Act 2000 and Safeguarding Vulnerable Groups Act 2006.

BF Adventure will ensure that all disclosure information is securely stored under sole control and separate to individual staff files.

BF Adventure will accept an existing DBS search for new employees and volunteers (completed within the last 6 months) but only as a temporary measure whilst a new enhanced DBS search is undertaken and only in combination with two positive references. Pending receipt of a new DBS search, the new employee may be allowed to work with children but only alongside another Instructor.

In accordance with the DBS Code of Practice, DBS searches will only be retained after commencement of employment or volunteering, for a period deemed necessary subject to a maximum of 6 months. A record of the DBS certificate number and date of issue will remain permanently on file.

BF Adventure will ensure that all disclosure information is securely stored under sole control and separate to individual staff files.

9.8.1 Full Time Staff / Casual Part Time Staff / Volunteers

On receipt of the DBS report, the original will be inspected by the centre manager and the outcome reported to the CEO.

All completed DBS disclosures (clear and not clear) will be signed off as 'accepted' or 'not accepted' based on the content / risk. This will be recorded on Cinolla and will contain the following information:

- o Candidate name
- o Disclosure reference number
- o Date the disclosure was received
- o Whether the staff member in question is or is not suitable to work at BF Adventure
- o Action plan, if appropriate

All clear checks will be signed by a manager and the CEO.

Any disclosures containing anomalies or entry content will be reviewed by a minimum of 2 managers and a trustee, an assessment undertaken using the considerations above. Measures may also put in place to manage and reduce risk in certain situations.

Any DBS disclosures that indicate that the applicant is barred from working with children will automatically be discounted from working at BF Adventure. If service is broken for a period of more than 3 months, then a fresh enhanced DBS check is to be undertaken.

DBS results will be stored centrally in the DBS folder and recorded on Cinolla.

DBS checks will be renewed every 3 years until Independent Safeguarding Authority provides new procedures of Disclosure and Barring. This is an additional safeguard introduced by BF Adventure although guidance from the Safeguarding Children Team at Cornwall Council, it is not necessary to undertake any subsequent DBS check.

9.8.2 Volunteers specifically

Volunteers are referred to BF Adventure from a number of sources.

Volunteers who satisfy the requirements of the BF Adventure and following receipt of two "safer recruitment" references will be offered a taster day. Following this, a DBS enhanced check must be carried out.

9.8.3 Policies remaining in force

A person who is barred from working with children will be breaking the law if they work or volunteer, or try to work or volunteer with those groups.

An organisation which knowingly employs someone who is barred to work with those groups will also be breaking the law.

In the event of BF Adventure dismissing or investigating a member of staff or a volunteer because they have, or are suspected to have harmed a child or are suspected to pose a risk, we will report the information to the Local Authority Designated Officer and to the Disclosure and Barring Service.

10. Use of Volunteer Transport & Taxi Company

BF Adventure uses Volunteer Transport and Taxi Companies, in liaison with referral agencies, to transport service users to the site. BF Adventure recognises the potential risks to children and young people in using these services.

10.1 Measures to reduce risk

1. BF Adventure will obtain a Letter of Assurance from Taxi companies that states that their drivers have appropriate DBS clearance to transport children and young people.
2. Only firms that provide this assurance will be used.
3. BF Adventure will only use approved volunteer drivers through the Volunteer Cornwall scheme.

10.2 Suspected Abuse or Allegation

Where there is an allegation of abuse, or staff suspect abuse, by a volunteer driver of taxi driver, BF Adventure will follow the procedures set out in the "Allegations or suspicions involving a member of staff or volunteer policy".

Reference BF Adventure's Organisational Policies:

- Safeguarding Policy
- Policy Handbook
- Normal Operating procedures
- BF Staff Handbook
- Catering – Safer Food Better Business
- Site & Fire Risk Assessment Policy – Goodygrane
- Residential risk assessment
- Maintenance Risk Assessments

Safeguarding Children Policy Handbook Review Schedule:

Last update: 17/01/2024

Updated by: El Warren

Policy owner: El Warren

Previous version: 29/06/2023

To be reviewed by: Feb 2025

Appendix 1

Recognition / abuse indicators

Even for those experienced in working with child and vulnerable adult abuse, it is not always easy to recognise a situation where abuse may occur or has already taken place. BF Adventure acknowledges that its staff, whether in a paid or voluntary capacity are not experts at such recognition. It therefore expects them to undertake appropriate training and to discuss any concern they may have about the welfare of a child, young person or vulnerable adult immediately with the Designated Safeguarding Officer or other Level 3 trained staff member.

Indications that a child, young person or vulnerable adult is being abused include:

- unexplained or suspicious injuries such as bruising, cuts or burns, particularly if situated on a part of the body not normally prone to such injuries
- an injury for which the explanation seems inconsistent
- the child or vulnerable adult describes what appears to be an abusive act involving him/her
- someone else – a child or adult expresses concern about the welfare of another child or vulnerable adult
- unexplained changes in behaviour – e.g. becoming very quiet, withdrawn or displaying sudden outbursts of temper
- inappropriate sexual awareness
- engages in sexually explicit behaviour in games
- is distrustful of adults, particularly those with whom a close relationship will normally be expected
- has difficulty in making friends
- is prevented from socializing with other children
- displays variations in eating patterns including overeating or loss of appetite
- loses weight for no apparent reason
- becomes increasingly dirty or unkempt

It must be recognised that the above list is not exhaustive and the presence of one or more of the indicators is not proof that abuse is actually taking place. It is not the responsibility of those working for BF Adventure to decide that child or vulnerable adult abuse is occurring, but it is their responsibility to act on any concerns.

11. Recognised types of abuse

11.1 Physical abuse

Physical abuse may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating, or otherwise causing physical harm to a child and vulnerable adult. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces illness in a child and vulnerable adult.

In an outdoor education situation, physical abuse might occur when the nature and intensity of activity disregard the capacity of the child's immature and growing body or a vulnerable adult's level of ability and support needs.

11.2 Sexual abuse

Sexual abuse involves forcing or enticing a child to take part in sexual activities, including prostitution, whether or not the child is aware of it happening. The activities may involve physical contact, including penetrative (e.g. rape, anal or oral sex) or non-penetrative acts. They may include non-contact activities, such as involving child in looking at, or in the production of, pornographic material or watching sexual activities, or encouraging children to behave in sexually inappropriate ways.

11.3 Child sexual exploitation

'Child sexual exploitation is a form of child abuse. It occurs where anyone under the age of 18 is persuaded, coerced or forced into sexual activity in exchange for, amongst other things, money, drugs/alcohol, gifts, affection or status. Consent is irrelevant, even where a child may believe they are voluntarily engaging in sexual activity with the person who is exploiting them. Child sexual exploitation does not always involve physical contact and may occur online.'
(proposed government definition Feb 2016)

The manipulation or 'grooming' process involves befriending children, gaining their trust, and often feeding them drugs and alcohol, sometimes over a long period of time, before the abuse begins. The abusive relationship between victim and perpetrator involves an imbalance of power which limits the victim's options.

Grooming and sexual exploitation can be very difficult to identify. Warning signs can easily be mistaken for 'normal' teenage behaviour and/or development. However, parents, carers, school teachers and practitioners are advised to be alert to the following signs and symptoms:

- inappropriate sexual or sexualised behaviour
- repeat sexually transmitted infections; in girls repeat pregnancy, abortions, miscarriage
- having unaffordable new things (clothes, mobile) or expensive habits (alcohol, drugs)
- going to hotels or other unusual locations to meet friends
- getting in/out of different cars driven by unknown adults
- going missing from home or care
- having older boyfriends or girlfriends
- associating with other young people involved in sexual exploitation
- truancy, exclusion, disengagement with school, opting out of education altogether
- unexplained changes in behaviour or personality (chaotic, aggressive, sexual)
- drug or alcohol misuse
- getting involved in crime
- injuries from physical assault, physical restraint, sexual assault

Staff and volunteers should be aware of the indicators of signs of online exploitation or online risk taking behaviours, see section below, and liaise with the Designated Safeguarding Officer where there are concerns.

11.4 Emotional abuse

Emotional abuse is the persistent emotional maltreatment of a child such as to cause severe and adverse effects on the child's emotional development. It may involve conveying to the child that they are worthless or unloved, inadequate or valued only insofar as they meet the needs of another person. It may feature age inappropriate expectations being imposed on the child. These may include interactions that are beyond the child's developmental capability, as well as over protection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill-treatment of another. It may involve serious bullying causing a child to frequently to feel frightened or in danger, or the exploitation or corruption of a child. Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

11.5 Neglect

Neglect is the persistent failure to meet a child's basic physical and / or psychological needs, likely to result in the serious impairment of the child's health and development. Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, and as they grow to adulthood, neglect may involve a parent or carer failing to provide adequate food and clothing, shelter including exclusion from home or abandonment, failing to protect a child from physical and emotional harm or danger, failure to ensure adequate supervision including the use of inadequate care-takers, or the failure to ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

Neglect in an outdoor education situation could include a teacher or coach not ensuring children were safe, or exposing them to undue cold.

11.6 Domestic abuse

Domestic abuse is an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in the majority of cases by a partner or ex-partner, but also by a family member or carer. Both men and women can be either perpetrators or victims. In the vast majority of cases it is experienced by women and is perpetrated by men. Domestic abuse can occur within relationships between younger people.

Domestic abuse can include, but is not limited to, the following:

- Coercive Control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)
- Psychological and/or emotional abuse
- Physical or sexual abuse
- Financial or economic abuse
- Harassment and stalking
- Online or digital abuse

Although every situation is unique, there are common factors that link the experience of an abusive relationship. Acknowledging these factors is an important step in preventing and stopping the abuse. This list can help recognise if you, or someone you know, are in an abusive relationship.

They include:

- Destructive criticism and verbal abuse: shouting; mocking; accusing; name calling; verbally threatening
- Pressure tactics: sulking; threatening to withhold money, disconnecting the phone and internet, taking away or destroying a person's mobile, tablet or laptop, taking the car away, taking the children away; threatening to report to the police, social services or the mental health team unless comply with demands; threatening or attempting self-harm and suicide; withholding or pressuring to use drugs or other substances; lying to friends and family; telling the person that they have no choice in any decisions
- Disrespect: persistently putting down in front of other people; not listening or responding when talking; interrupting telephone calls; taking money from purse without asking; refusing to help with childcare or housework
- Breaking trust: lying; withholding information; being jealous; having other relationships; breaking promises and shared agreement
- Isolation: monitoring or blocking phone calls, e-mails and social media accounts, telling the person where they can and cannot go; preventing from seeing friends and relatives; shutting you in the house

- Harassment: following; checking up; not allowing any privacy (for example, opening mail, going through laptop, tablet or mobile), repeatedly checking to see who has phoned; embarrassing the person in public; accompanying them everywhere they go
- Threats: making angry gestures; using physical size to intimidate; shouting down; destroying possessions; breaking things; punching walls; wielding a knife or a gun; threatening to kill or harm the person and the children; threatening to kill or harm family pets; threats of suicide
- Sexual violence: using force, threats or intimidation to make the person perform sexual acts; having sex with the person when they don't want it; forcing the person to look at pornographic material; constant pressure and harassment into having sex when they don't want to, forcing them to have sex with other people; any degrading treatment related to sexuality or to whether the person is lesbian, bisexual or heterosexual
- Physical violence: punching; slapping; hitting; biting; pinching; kicking; pulling hair out; pushing; shoving; burning; strangling, pinning down, holding by the neck, restraining
- Denial: saying the abuse doesn't happen; saying the person caused the abuse; saying they can't control their anger; being publicly gentle and patient; crying and begging for forgiveness; saying it will never happen again.

11.7 Impact on children and young people

Living in a home where domestic abuse happens can have a serious impact on a child or young person's mental and physical well-being. It can lead to them displaying a range of behaviours – perhaps challenging, violent behaviours, but equally the child could be withdrawn and quiet, develop eating disorders, misuse substances, display attachment seeking behaviours.

A child witnessing domestic abuse is child abuse. BF Adventure staff are committed to listening to children and their unspoken behaviours and to work in partnership with the child and other services to help stop the abuse and to keep the child safe and secure.

If a child talks to us about domestic abuse BF Staff will:

- Listen carefully to what they're saying
- Let them know they've done the right thing by telling you
- Tell them it's not their fault
- Say you'll take them seriously
- Don't confront the alleged abuser
- Explain what you'll do next
- Report what the child has told you as soon as possible

Appendix 2

Digital youth work guidelines and consent form

We are offering some support online to young people unable to attend sessions at our site. The proposed platform for this is Zoom which can be downloaded as an app or can be streamed through internet browsers by following a link sent via email. Young people aged under 16 will need a parent/ carer to set up the app. Young people aged 16+ may set up their own account with parental consent.

Agreement by young people attending online sessions:

- I have access to a private space with no other people in the background to take part in an online session
- I have access to Wi-Fi and a laptop or mobile phone with a camera and microphone which I can use
- I understand how to turn my microphone and camera on and off
- I understand that I will be the only one in my household present in the meetings and agree not to film any other household members during sessions
- I agree not to film or photograph the sessions
- I agree not to share the Zoom link sent with anyone else


I understand boundaries on behaviour, appropriate clothing and drug/ alcohol use are the same for Zoom groups as for face-to-face sessions

Parent / Carer Name		Contact Telephone:	
I consent that the young person named below understands and agrees to the guidance for using Zoom and may take part in online sessions:			
Signed:		Date:	
Young Person Name:		Young Person's Telephone Number:	
Email Address which will be used for Zoom account:			
I understand and agree to the guidance for using Zoom, and to attending online sessions:			
Young person signature:		Date:	
Is there any other information we should be aware of?			

Appendix 3 Photographic, transport and media consent

Young Person Consent Form

Young Person Name:



Photographic Consent

1. I consent to images of the young person named above being captured and used in publicity, including on the BF Website, social media and/or newsletters. YES NO

2. I consent to images of the young person named above being captured and used for accreditation evidence, their own use and reflection. YES NO

Transport Consent

1. I consent for the person named above to travel in BF Adventure vehicles. YES NO

Medical Consent

1. I consent that in the unlikely event of an accident, BF Staff are able to contact medical services and/or transport the young person named above to seek suitable medical attention. YES NO

2. I confirm that I will advise BF Adventure Staff of any medicines that the young person named above may need to take, and send said medicines onto site in a named bag ready for BF Adventure staff to lock in a medicine cabinet. YES NO

By signing below I confirm:

I have the necessary legal right to provide consent for the named participant to take part in activities at BF Adventure.

I am aware that BF Adventure will need to securely store relevant personal information for the young person named above (in line with UK-GDPR.)

I consent for BF Adventure to share relevant information with other agencies/professionals as appropriate. (Wherever possible and appropriate this will be discussed with the young person beforehand.)

I fully understand that BF Adventure delivers adventurous activities, such as climbing and water sports that involve a higher degree of risk. All activities are delivered within strict operating procedures, with ongoing training and management to allow for a safe, enjoyable experience. As such, all activities will have relevant safety briefs which we expect to be listened to and followed by everyone in order to maintain safe standards.

Parent / Guardian Signature:

Print Name:

Email address: **Date:**

12. Safeguarding Adults Policy

Key Purpose and Overview

This policy applies to all staff, including senior managers and the board of trustees, paid staff, volunteers, placement students and anyone working on behalf of BF Adventure.

The purpose of this policy is to demonstrate the commitment of BF Adventure to safeguarding adults and to ensure that everyone involved in BF Adventure is aware of:

- The legislation, policy and procedures for safeguarding adults.
- Their role and responsibility for safeguarding adults.
- What to do or who to speak to if they have a concern relating to the welfare or wellbeing of an adult within the organisation.

BF Adventure is committed to Safeguarding Adults in line with national legislation and relevant national and local guidelines.

We will safeguard adults by ensuring that our activities are delivered in a way which keeps all adults safe.

BF Adventure is committed to creating a culture of zero-tolerance of harm to adults which necessitates: the recognition of adults who may be at risk and the circumstances which may increase risk; knowing how adult abuse, exploitation or neglect manifests itself; and being willing to report safeguarding concerns.

This extends to recognising and reporting harm experienced anywhere, including within our activities, within other organised community or voluntary activities, in the community, in the person's own home and in any care setting.

BF Adventure is committed to best safeguarding practice and to uphold the rights of all adults to live a life free from harm from abuse, exploitation and neglect.

BF Adventure believes everyone has the right to live free from abuse or neglect regardless of age, ability or disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status.

BF Adventure is committed to creating and maintaining a safe and positive environment and an open, listening culture where people feel able to share concerns without fear of retribution.

BF Adventure acknowledges that safeguarding is everybody's responsibility and is committed to prevent abuse and neglect through safeguarding the welfare of all adults involved.

BF Adventure recognises that health, well-being, ability, disability and need for care and support can affect a person's resilience. We recognise that some people experience barriers, for example, to communication in raising concerns or seeking help. We recognise that these factors can vary at different points in people's lives.

BF Adventure recognises that there is a legal framework within which sports need to work to safeguard adults who have needs for care and support and for protecting those who are unable to take action to protect themselves and will act in accordance with the relevant safeguarding adult legislation and with local statutory safeguarding procedures.

Actions taken by BF Adventure will be consistent with the principles of adult safeguarding ensuring that any action taken is prompt, proportionate and that it includes and respects the voice of the adult concerned.

1.2 Legal Framework

This policy acknowledges BF Adventure's duty of care to safeguard and promote the welfare of adults and its commitment to ensuring that organisational safeguarding practice reflects statutory responsibilities, best practice and government guidance, namely:

Safeguarding Adults in all home nations is compliant with United Nations directives on the rights of disabled people and commitments to the rights of older people. It is covered by:

- The Human Rights Act 1998
- The Data Protection Act 2018
- General Data Protection Regulations 2018

The practices and procedures within this policy are based on the relevant legislation and government guidance.

- England - The Care Act 2014
Care and Support Statutory Guidance (especially chapter 14) 2014

Many other pieces of UK and home nation legislation also affect adult safeguarding. These include legislation about different forms of abuse and those that govern information sharing. For example, legislation dealing with:

- Murder/attempted murder
- Physical Assault
- Sexual Offences
- Domestic Abuse/Coercive control
- Forced Marriage
- Female Genital Mutilation
- Theft and Fraud

- Modern slavery and Human exploitation
- Hate crime
- Harassment
- Listing and Barring of those unsuitable to work with adults with care and support needs

Each home nation also has legislation about the circumstances in which decisions can be made on behalf of an adult who is unable to make decisions for themselves:

- England and Wales - Mental Capacity Act 2005
- Scotland - Adults with Incapacity Act 2000
- Mental Capacity (Northern Ireland) 2016
- There are specific offences applying to the mistreatment of and sexual offences against adults who do not have Mental Capacity and specific offences where mistreatment is carried out by a person who is employed as a carer: e.g. wilful neglect and wilful mistreatment.

1.3 Definition of adult at risk

The Safeguarding Adults legislation creates specific responsibilities on Local Authorities, Health, and the Police to provide additional protection from abuse and neglect to Adults at Risk.

When a Local Authority has reason to believe there is an adult at risk, they have a responsibility to find out more about the situation and decide what actions need to be taken to support the adult.

The actions that need to be taken might be by the Local Authority (usually social services) and/or by other agencies, for example the Police and Health. An organisation may need to take action as part of safeguarding an adult, for example, to use the disciplinary procedures in relation to a member of staff or member who has been reported to be harming a participant. The Local Authority role includes having multi-agency procedures which coordinate the actions taken by different organisations.

An adult at risk is defined as any person aged 18 years and over who is, or may be, in need of community care services by reason of mental health issues, learning or physical disability, sensory impairment, age or illness and who is, or may be, unable to take care of him/herself or unable to protect him/herself against significant harm or serious exploitation.



Since the publication of **ADSS Best Practice Document: 'Safeguarding Adults' (2005)**, the range of people considered to be vulnerable has been widened to include, people encountering domestic violence, substance misusers and asylum seekers.

1.4 Equality Statement

BF Adventure recognises that the welfare and interests of the child is paramount in all circumstances, as enshrined in the Children Act 1989.

BF Adventure recognises that regardless of age, racial heritage, religious belief, disability, sexual orientation, identity or socio-economic background, all staff, volunteers, visitors, trustees and service users have a right to equal protection from all types of harm or abuse.

BF Adventure is committed to anti-discriminatory practice and recognises that some adults are additionally vulnerable because of the impact of previous experiences, their level of dependency, communication needs or other issues.

1.5 Commitment to Service Users

In order to implement this policy BF Adventure will ensure that:

- Everyone involved with BF Adventure is aware of the safeguarding adult procedures and knows what to do and who to contact if they have a concern relating to the welfare or wellbeing of an adult.
- Any concern that an adult is not safe is taken seriously, responded to promptly, and followed up in line with BF Adventure's Safeguarding Adults Policy and Procedures.
- The well-being of those at risk of harm will be put first and the adult actively supported to communicate their views and the outcomes they want to achieve. Those views and wishes will be respected and supported unless there are overriding reasons not to (see the Safeguarding Adults Procedures).
- Any actions taken will respect the rights and dignity of all those involved and be proportionate to the risk of harm.
- Confidential, detailed and accurate records of all safeguarding concerns are maintained and securely stored in line with our Data Protection Policy and Procedures BF Adventure.
- BF Adventure will cooperate with the Police and the relevant Local Authorities in taking action to safeguard an adult.
- All Board members, staff, officials and volunteers understand their role and responsibility for safeguarding adults and have completed and are up to date with safeguarding adult training and learning opportunities appropriate for their role.
- BF Adventure uses safe recruitment practices and continually assesses the suitability of volunteers and staff to prevent the employment/deployment of unsuitable individuals in this organisation and within the sporting community.
- BF Adventure shares information about anyone found to be a risk to adults with the appropriate bodies. For example: Disclosure and Barring Service, Services, Police, Local Authority/Social Services.
- When planning activities and events BF Adventure includes an assessment of, and risk to, the safety of all adults from abuse and neglect and designates a person who will be in attendance as a safeguarding lead for that event.
- Actions taken under this policy are reviewed by the Board and senior management team on an annual basis.

- This policy, related policies (see below) and the Safeguarding Adults Procedures are reviewed no less than on a two yearly basis and whenever there are changes in relevant legislation and/or government guidance as required by the Local Safeguarding Board, or as a result of any other significant change or event.

1.6 Implementation

BF Adventure is committed to developing and maintaining its capability to implement this policy and procedures.

In order to do so the following will be in place:

- A clear line of accountability within the organisation for the safety and welfare of all adults.
- Access to relevant legal and professional advice.
- Regular management reports to the Board detailing how risks to adult safeguarding are being addressed and how any reports have been addressed.
- Safeguarding adult procedures that deal effectively with any concerns of abuse or neglect, including those caused through poor practice.
- A Safeguarding Lead/ Welfare Officer
- Policies and procedures that address the following areas and which are consistent with this Safeguarding Adults policy.
 - ✓ Safeguarding Children
 - ✓ Bullying and harassment
 - ✓ Social Media
 - ✓ Equality, diversity and inclusion
 - ✓ Safe activities risk assessments
 - ✓ Code of Conducts and a process for breach of these - Staff, Coaches, Officials, Volunteers, Participants/Members, Carers/Personal Assistants, Fans
 - ✓ Discipline and grievance
 - ✓ Concerns, Complaints and Compliments
 - ✓ Whistleblowing
 - ✓ Safe recruitment and selection (staff and volunteers)
 - ✓ Contract compliance
 - ✓ Information policy, data protection and information sharing

1.6 Role of the Designated Safeguarding Officer

The core responsibilities of this role include:

- Oversight and management of the BF Adventure Safeguarding Policy and Procedures including ensuring compliance against new legislation, best practice guidance, risk assessment of current policy in light of incidents
- Undertaking yearly Level 3 Safeguarding training
- Organising and monitoring the training of the whole team to a level of safeguarding knowledge appropriate to their job role
- Acting as a first point of contact for any report or suspicion of abuse within the organisation, including where there may be concerns about another professional
- Providing advice to members of the team who have concerns over the safety of a child or adult at risk
- Managing reporting, referrals and sharing of information with other agencies, including the MARU and the LADO
- Reporting to the Disclosure and Barring Service if a member of staff has been sacked because they harmed someone, might have harmed someone, or were planning to sack them for either of these reasons but they resigned first
- Supervision and support to the Deputy Safeguarding Officers

1.7 Contact Details

Designated Safeguarding Officer / Single Point of Contact

Name: El Warren
Tel: 01326 340912
Email: el.warren@bfadventure.org

Deputy Safeguarding Officers

Name: Paul Cox
Email: paul.cox@bfadventure.org

Name: Rachael Stephens
Email: rachael.stephens@bfadventure.org

Name: Tony Baker
Email: tony.baker@bfadventure.org

Trustee with Responsibility for Safeguarding

Name: David Wingham

Email: david.wingham@bfadventure.org

1.8 Policy and Review

The policy will be reviewed annually, or in the following circumstances:

- changes in legislation and/or government guidance
- as required by the Local Safeguarding Children Board
- as a result of an assessment of risk, determining action, associated with any other significant change or event

Signed: 

Name/Position: Charity Business Manager

Updated: 17/01/2024

Review date: Feb 2025

1. Supporting Information

1.1. Types of abuse

An adult may confide to a member of staff, volunteer or another participant that they are experiencing abuse inside or outside of the organisation's setting. Similarly, others may suspect that this is the case.

There are many signs and indicators that may suggest someone is being abused or neglected. There may be other explanations, but they should not be ignored.

The Care and Support Statutory Guidance identifies ten types of abuse:

- Physical abuse
- Domestic abuse
- Sexual abuse
- Psychological or emotional abuse
- Financial or material abuse
- Modern slavery
- Discriminatory abuse
- Institutional abuse
- Neglect or acts of omission
- Self-neglect

Types of physical abuse:

- Assault, hitting, slapping, punching, kicking, hair-pulling, biting, pushing
- Rough handling
- Scalding and burning
- Physical punishments
- Inappropriate or unlawful use of restraint
- Making someone purposefully uncomfortable (e.g. opening a window and removing blankets)
- Involuntary isolation or confinement
- Misuse of medication (e.g. over-sedation)
- Forcible feeding or withholding food
- Unauthorised restraint, restricting movement (e.g. tying someone to a chair)

Types of domestic violence or abuse:

- psychological
- physical
- sexual
- financial
- emotional.

Types of sexual abuse:

- Rape, attempted rape or sexual assault
- Inappropriate touch anywhere
- Non- consensual masturbation of either or both persons

- Non- consensual sexual penetration or attempted penetration of the vagina, anus or mouth
- Any sexual activity that the person lacks the capacity to consent to
- Inappropriate looking, sexual teasing or innuendo or sexual harassment
- Sexual photography or forced use of pornography or witnessing of sexual acts
- Indecent exposure

Types of psychological or emotional abuse:

- Enforced social isolation – preventing someone accessing services, educational and social opportunities and seeing friends
- Removing mobility or communication aids or intentionally leaving someone unattended when they need assistance
- Preventing someone from meeting their religious and cultural needs
- Preventing the expression of choice and opinion
- Failure to respect privacy
- Preventing stimulation, meaningful occupation or activities
- Intimidation, coercion, harassment, use of threats, humiliation, bullying, swearing or verbal abuse
- Addressing a person in a patronising or infantilising way
- Threats of harm or abandonment
- Cyber bullying

Types of financial or material abuse:

- Theft of money or possessions
- Fraud, scamming
- Preventing a person from accessing their own money, benefits or assets
- Employees taking a loan from a person using the service
- Undue pressure, duress, threat or undue influence put on the person in connection with loans, wills, property, inheritance or financial transactions
- Arranging less care than is needed to save money to maximise inheritance
- Denying assistance to manage/monitor financial affairs
- Denying assistance to access benefits
- Misuse of personal allowance in a care home
- Misuse of benefits or direct payments in a family home
- Someone moving into a person's home and living rent free without agreement or under duress
- False representation, using another person's bank account, cards or documents
- Exploitation of a person's money or assets, e.g. unauthorised use of a car
- Misuse of a power of attorney, deputy, appointeeship or other legal authority
- Rogue trading – e.g. unnecessary or overpriced property repairs and failure to carry out agreed repairs or poor workmanship

Types of discriminatory abuse

- Unequal treatment based on age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex or sexual orientation (known as '[protected characteristics' under the Equality Act 2010](#))
- Verbal abuse, derogatory remarks or inappropriate use of language related to a protected characteristic
- Denying access to communication aids, not allowing access to an interpreter, signer or lip-reader

- Harassment or deliberate exclusion on the grounds of a protected characteristic
- Denying basic rights to healthcare, education, employment and criminal justice relating to a protected characteristic
- Substandard service provision relating to a protected characteristic

Types of organisational or institutional abuse

- Discouraging visits or the involvement of relatives or friends
- Run-down or overcrowded establishment
- Authoritarian management or rigid regimes
- Lack of leadership and supervision
- Insufficient staff or high turnover resulting in poor quality care
- Abusive and disrespectful attitudes towards people using the service
- Inappropriate use of restraints
- Lack of respect for dignity and privacy
- Failure to manage residents with abusive behaviour
- Not providing adequate food and drink, or assistance with eating
- Not offering choice or promoting independence
- Misuse of medication
- Failure to provide care with dentures, spectacles or hearing aids
- Not taking account of individuals' cultural, religious or ethnic needs
- Failure to respond to abuse appropriately
- Interference with personal correspondence or communication
- Failure to respond to complaints

Types of neglect and acts of omission

- Failure to provide or allow access to food, shelter, clothing, heating, stimulation and activity, personal or medical care
- Providing care in a way that the person dislikes
- Failure to administer medication as prescribed
- Refusal of access to visitors
- Not taking account of individuals' cultural, religious or ethnic needs
- Not taking account of educational, social and recreational needs
- Ignoring or isolating the person
- Preventing the person from making their own decisions
- Preventing access to glasses, hearing aids, dentures, etc.
- Failure to ensure privacy and dignity

Types of self-neglect

- Lack of self-care to an extent that it threatens personal health and safety
- Neglecting to care for one's personal hygiene, health or surroundings
- Inability to avoid self-harm
- Failure to seek help or access services to meet health and social care needs
- Inability or unwillingness to manage one's personal affairs

1.2. Person Centred Safeguarding

The legislation also recognises that adults make choices that may mean that one part of our well-being suffers at the expense of another – for example we move away from friends and family to take a better job. Similarly, adults can choose to risk their personal

<https://bfadventure.sharepoint.com/sites/teamportal/Shared/Documents/Policies/Proceduresandcertification/PolycysupportingdocumentsandArchive/policyhandbook/2023PolicyhandbookV2.docx> Page **4** of **144**

safety; for example, to provide care to a partner with dementia who becomes abusive when they are disorientated and anxious.

None of us can make these choices for another adult. If we are supporting someone to make choices about their own safety we need to understand 'What matters' to them and what outcomes they want to achieve from any actions agencies take to help them to protect themselves.

The concept of 'Person Centred Safeguarding'/'Making Safeguarding Personal' means engaging the person in a conversation about how best to respond to their situation in a way that enhances their involvement, choice and control, as well as improving their quality of life, well-being and safety. Organisations work to support adults to achieve the outcomes they want for themselves. The adult's views, wishes, feelings and beliefs must be taken into account when decisions are made about how to support them to be safe. There may be many different ways to prevent further harm. Working with the person will mean that actions taken help them to find the solution that is right for them. Treating people with respect, enhancing their dignity and supporting their ability to make decisions also helps promote people's sense of self-worth and supports recovery from abuse.

If someone has difficulty making their views and wishes known, then they can be supported or represented by an advocate. This might be a safe family member or friend of their choice or a professional advocate (usually from a third sector organisation)

<p>England (Care Act 2014)</p> <p>The Act's principles are:</p> <ul style="list-style-type: none"> ● Empowerment - People being supported and encouraged to make their own decisions and informed consent. ● Prevention – It is better to take action before harm occurs. ● Proportionality – The least intrusive response appropriate to the risk presented. ● Protection – Support and representation for those in greatest need. ● Partnership – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse ● Accountability – Accountability and transparency in delivering safeguarding.
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1.3. Mental Capacity and Decision Making

We make many decisions every day, often without realising. UK Law assumes that all people over the age of 16 have the ability to make their own decisions, unless it has been proved that they can't. It also gives us the right to make any decision that we need to make and gives us the right to make our own decisions even if others consider them to be unwise.

We make so many decisions that it is easy to take this ability for granted. The Law says that to make a decision we need to:

- Understand information
- Remember it for long enough
- Think about the information
- Communicate our decision

A person's ability to do this may be affected by things such as learning disability, dementia, mental health needs, acquired brain injury and physical ill health.

Most adults have the ability to make their own decisions given the right support however, some adults with care and support needs have the experience of other people making decisions about them and for them.

Some people can only make simple decisions like which colour T-shirt to wear or can only make decisions if a lot of time is spent supporting them to understand the options. If someone has a disability that means they need support to understand or make a decision this must be provided. A small number of people cannot make any decisions. Being unable to make a decision is called "lacking mental capacity".

Mental capacity refers to the ability to make a decision at the time that decision is needed. A person's mental capacity can change. If it is safe/possible to wait until they are able to be involved in decision making or to make the decision themselves.

For example:

- A person with epilepsy may not be able to make a decision following a seizure.
- Someone who is anxious may not be able to make a decision at that point.
- A person may not be able to respond as quickly if they have just taken some medication that causes fatigue.

Mental Capacity is important for safeguarding for several reasons.

Not being allowed to make decisions one is capable of making is abuse. For example, a disabled adult may want to take part in an activity but their parent who is their carer won't allow them to and will not provide the support they would need. Conversely the adult may not seem to be benefiting from an activity other people are insisting they do.

Another situation is where an adult is being abused and they are scared of the consequences of going against the views of the person abusing them. It is recognised in the law as coercion and a person can be seen not to have mental capacity because they cannot make 'free and informed decisions'.

Mental Capacity must also be considered when we believe abuse or neglect might be taking place. It is important to make sure an 'adult at risk' has choices in the actions taken to safeguard them, including whether or not they want other people informed about what has happened, however, in some situations the adult may not have the mental capacity to understand the choice or to tell you their views.

Each home nation has legislation that describes when and how we can make decisions for people who are unable to make decisions for themselves. The principles are the same.

- We can only make decisions for other people if they cannot do that for themselves at the time the decision is needed.
- If the decision can wait, wait – e.g. to get help to help the person make their decision or until they can make it themselves.
- If we have to make a decision for someone else then we must make the decision in their best interests (for their benefit) and take into account what we know about their preferences and wishes.
- If the action we are taking to keep people safe will restrict them then we must think of the way to do that which restricts to their freedom and rights as little as possible.

Many potential difficulties with making decisions can be overcome with preparation. A <https://bfadventure.sharepoint.com/sites/teamportal/Shared/Documents/Policies/Proceduresandcertification/Policy supporting documents and Archive/policy handbook/2023 Policy handbookV2.docx> Page **6** of **144**

person needing support to help them make decisions whilst taking part in a sports organisation will ordinarily be accompanied by someone e.g. a family member or formal carer whose role includes supporting them to make decisions.

It is good practice to get as much information about the person as possible. Some people with care and support needs will have a 'One page profile' or a 'This is me' document that describes important things about them. Some of those things will be about how to support the person, their routines, food and drink choices etc. but will also include things they like and don't like doing. It's also important to have an agreement with the person who has enrolled the adult in the sports activity about how different types of decisions will be made on a day to day basis.

If a person who has a lot of difficulty making their own decisions is thought to be being abused or neglected you will need to refer the situation to the Local Authority, and this should result in health or social care professionals making an assessment of mental capacity and/or getting the person the support they need to make decisions.

There may be times when a sporting organisation needs to make decisions on behalf of an individual in an emergency. Decisions taken in order to safeguard an adult who cannot make the decision for themselves could include:

- Sharing information about safeguarding concerns with people that can help protect them.
- Stopping them being in contact with the person causing harm.

1.4. Recording and Information Sharing

All organisations must comply with the Data Protection Act (DPA) and the General Data Protection Regulations (GDPR).

Information about concerns of abuse includes personal data. It is therefore important to be clear as to the grounds for processing and sharing information about concerns of abuse.

Processing information includes record keeping. Records relating to safeguarding concerns must be accurate and relevant. They must be stored confidentially with access only to those with a need to know.

Sharing information, with the right people, is central to good practice in safeguarding adults. However, information sharing must only ever be with those with a 'need to know'.

This does **NOT** automatically include the persons spouse, partner, adult, child, unpaid or paid carer. Information should only be shared with family and friends and/or carers with the consent of the adult or if the adult does not have capacity to make that decision and family/ friends/ carers need to know in order to help keep the person safe.

The purpose of Data Protection legislation is not to prevent information sharing but to ensure personal information is only shared appropriately. Data protection legislation allows information sharing within an organisation. For example:

- Anyone who has a concern about harm can make a report to an appropriate person within the same organisation
- Case management meetings can take place to agree to co-ordinate actions by the organisation

There are also many situations in which it is perfectly legal to share information about adult safeguarding concerns outside the organisation. Importantly personal information can be shared with the consent of the adult concerned. However, the adult may not always want information to be shared. This may be because they fear repercussions from the person causing harm or are scared that they will lose control of their situation to statutory bodies or because they feel stupid or embarrassed. Their wishes should be respected unless there are over-riding reasons for sharing information.

The circumstances when we need to share information without the adult's consent include those where:

- it is not safe to contact the adult to gain their consent – i.e. it might put them or the person making contact at further risk.
- you believe they or someone else is at risk, including children.
- you believe the adult is being coerced or is under duress.
- it is necessary to contact the police to prevent a crime, or to report that a serious crime has been committed.
- the adult does not have mental capacity to consent to information being shared about them.
- the person causing harm has care and support needs.
- the concerns are about an adult at risk living in Wales or Northern Ireland (where there is a duty to report to the Local Authority).

When information is shared without the consent of the adult this must be explained to them, when it is safe to do so, and any further actions should still fully include them.

If you are in doubt as to whether to share information seek advice e.g. seek legal advice and/or contact the Local Authority and explain the situation without giving personal details about the person at risk or the person causing harm.

Any decision to share or not to share information with an external person or organisation must be recorded together with the reasons to share or not share information.

1.5. Multi-Agency Working

Safeguarding adults' legislation gives the lead role for adult safeguarding to the Local Authority. However, it is recognised that safeguarding can involve a wide range of organisations.

BF Adventure may need to cooperate with the Local Authority and the Police including to:

- Provide more information about the concern raised.
- Provide a safe venue for the adult to meet with other professionals e.g. Police/Social Workers/Advocates.
- Attend safeguarding meetings.
- Coordinate internal investigations (e.g. complaints, disciplinary) with investigations by the police or other agencies.
- Share information about the outcomes of internal investigations.
- Provide a safe environment for the adult to continue their sporting activity/ their role in the organisation.

