



20 years of BF Adventure!

This month we will be celebrating our 20th anniversary. The past two decades have been very exciting for us and we have seen thousands of people come through our gates and leave with a better outlook for their futures.

Constantly moving forward and offering the latest activity programmes, BF Adventure has developed into an established yet innovative charity with a fresh approach to helping the community in Cornwall.

None of this would be possible without the fantastic support from our trustees, corporate partners, friends and staff (including our dedicated volunteers).



BF Adventure Birthday Challenge

As part of our 20th anniversary we will be holding the BF Adventure Birthday challenge on 10th September from 9.30am - 2pm.

During the challenge Cornish companies will be competing in various exciting disciplines like Canoeing, Climbing, Abseiling and Archery but will also learn a bit more about us and our charity work. No prior experience of these activities is necessary. Places are going quickly. So don't wait and register your team of 4 today. We only ask a small registration fee of £15 per person.

Nankersey Male Choir fundraising for BF Adventure

On **September 27th** the Nankersey Choir and guest soloist Mrs Angela Thomas will be holding a concert at St. Michael's Church, Helston to raise funds for BF Adventure. **Start is 7.30pm. Tickets are £5** at the door. We would be very grateful for any donation of small items that we could sell at the table-top sales on the day.



Enjoy our free expert guided Nature Walks!

Wildlife and Landscape Photography

Saturday, 26th September 9.30 – 15.30

Leader: David Chapman

Collect seeds to grow your own trees

Sunday, 25th October "Seed gathering Sunday" 2 – 4.30

Leader: Martin Rule

The walks are very popular and places are limited so please book your place in advance!

First Hothouse programme

Last month we successfully started our new Hothouse project; a short programme aimed at 14 - 19 year old teenagers who are at risk of disengaging from education and training. Participants took part in confidence boosting and team building activities such as climbing, coasteering and night photography. Tasks like planning shopping and doing their own cooking helped youngsters to

improve important life skills. Everyone, including the instructors, had a fabulous time and we look forward to welcome more Hothouse groups in the future.



BF Adventure & "Carefree"

Our partnership with "Carefree" has been going from strength to strength. Read what Carefree founder, Mari Eggins, said about our work with her:

"This is our 5th year at BF Adventure and helping young people in care learn to be part of a group, manage risks for themselves and help one another in the bargain.

BF Adventure is the perfect place to run our Summer Programmes - they absolutely work in partnership with us, the staff are wonderful, the environment is beautiful and peaceful and there are lots of exciting challenges which give young people the

resilience they need to manage their lives. Thank you BF Adventure for all you do for us and here's to many more years of partnership working. "

New programmes

Family learning day - This is aimed at unemployed adults (19+) and their relatives to improve communication with each other and try new challenges as a family. Whilst having a fun day out, participants also get a chance meet other agencies and organisations that can offer support.

InVolve is another short self esteem and confidence building programme to try new activities and to build confidence in working in a group.

If you would like to know more or are interested in one of our programmes, contact us on 01326 340912 or send an email to Debbie@bfadventure.org.

A warm welcome to our new trustees: Captain Graeme Mackay from Culdrose and Amanda Barlow from the Budock Veian Hotel. We look forward to working with you.

We are delighted that Bishop Timothy Thornton, David Wood and Carol Lay have agreed to become Trustees and will be voted in at the next meeting in September.

And a big 'Thank You' to our corporate partners for their ongoing support:



A special thanks also goes to:

- John Hoelen from the Cornwall Chamber for his support
- A&P Falmouth for joining us as a new corporate partner!
- Bolitho School for having us on their stand at Culdrose Air day
- Celine Smith (from Falmouth College of Arts) for taking some amazing photos for us.

We look forward to welcoming you to BF Adventure again in the near future. If you would like to know more about

our activities and programmes or need more information, please ring 01326 340 912. Or visit our website: www.bfadventure.org



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