



Dear all,

As we are preparing for Christmas, a very exciting 2009 is coming to an end! This year we celebrated our 20th anniversary, changed our name and slipped into a brand new uniform. We have also started offering a whole new range of adrenaline pumping programmes and have welcomed a record number of visitors to our Goodygrane Activity Centre. A big thank you to everyone that helped to make it happen.

Have a Merry Christmas and a Happy New Year!

P.S. Keep your eyes open for our new website to go live in the first days of 2010!

Winter special on team building and school activity days

Take advantage of our great winter special and try out some of our exciting outdoor activities. Until March 1st we now offer Team building days at £35 per person and school multi activity at £25 per person! Each programme can be tailor-made to your needs and will help you to develop skills such as confidence, team work and problem solving. In addition you will enjoy the stunning view on a beautiful winters day and a hot beverage to keep you warm in between activities.



For more information or to book phone Debbie on 01326 340912 or send an email to debbie@bfadventure.org.

Become a BF Adventure friend

Every year more than **3000 young people from disadvantaged and disaffected backgrounds** pass through our gates and join our programmes. Many of these young people come from chaotic backgrounds. For some of the young people **BF Adventure is the only source of education or appropriate social contact they have** as they refuse all other provision offered.

From as little as £3 per month you can become a BF Adventure friend. Your contribution will help us to replace urgently needed equipment, buy breakfast for our youngsters or arrange transport for people that wouldn't be able to come here otherwise.



As a thank you for your support, you will receive a BF Adventure Shopper bag, regular updates and special discounts on activities and events. If you would like to know more, please get in touch on britta@bfadventure.org or phone us on 01326 340912.

Freestyle with us

In January we will be starting a new Freestyle group. **The 6 weeks (or 12 weeks) programme is aimed at young people that are**

14 - 19 years old and are NEET (not in education, employment or training) or at risk of disengaging.

Through the medium of outdoor activities participants will develop important life skills such as **confidence, trust and cooperation**. The students will also work towards personal targets and key skills and can **gain achievement awards** throughout the course.

The programme is fully funded. If you have a group of students that would benefit from this course you can contact us on 01326 340912.



The challenge

On a sunny day in September, 13 Cornish companies took part in our BF Adventure Birthday challenge, flying across the quarry on the zip wire, abseiling from cliffs and trying to win one of the fantastic prizes donated by the Budock Vean Hotel, St Michaels Hotel and Delta Force Paintball.

After the challenge team members were treated to a BBQ arranged by Barclays Bank and learned more about the charity's work, supporting young people that are NEET (not in education, employment or training).

Our Entry to Employment group helped to organise the event and handed out certificates to the lucky winners.



Good news from Trevarno Gardens

One of the participants of the BF Adventure challenge was Trevarno Gardens, who have since joined us as a corporate partner. We are very grateful for all the fantastic support Richard Cox and his team are giving us and are looking forward to a great partnership.

A big 'Thank You' to our corporate partners for their ongoing support:



TREVARNO



We look forward to welcoming you to BF Adventure again in the near future. If you would like to know more about our activities and programmes or need more information, please ring 01326 340 912.

Or visit our website: www.bfadventure.org



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